



BULLS Senior Umpiring Development Program

Rule of the Week & Umpire's signals	Sportsmanship	Safety	Learning experiences
BULLS PROGRAM CONTENT			
<i>Rules around the taking of penalties</i>	<i>Appealing</i>	<i>Fitness & intensity</i>	<i>FIH rule book research</i>
<i>Communication & resilience</i>	<i>The Captain</i>	<i>Warmup/Stretching</i>	<i>Clubhouse sessions</i>
<i>Manufactured breaches: deliberate vs accidental</i>	<i>Time wasting</i>	<i>Fast flow drills</i>	<i>Guest speakers - umpire trainers</i>
<i>Cards & suspensions</i>	<i>Arrogance</i>	<i>Awareness of others</i>	<i>Foundation Support online Accreditation</i>
<i>Shielding the ball</i>	<i>Team support</i>	<i>Overtraining</i>	<i>Tech bench duty - learning to score</i>
<i>Overheads</i>	<i>Inclusion of GK</i>	<i>Hydration & fuel</i>	<i>Umpiring junior games with mentor</i>
<i>Shoot-outs</i>	<i>Influences on rep selection</i>		<i>Senior umpire game observation & Game mentor debriefs</i>
<i>Advantage; Time & space</i>	<i>Setting an example</i>		<i>Attend Assoc workshop BHA/BWHA</i>
<i>Game management; tempo; consistency; bias</i>	<i>Spectator conduct</i>		<i>Prac sessions with an umpire - rule clarification</i>

BULLS Snr & Mentors Umpiring Development Program

Rule of the Week & Umpire's signals	Sportsmanship	Safety
Senior umpire talks/discussion forums	Mentoring	Personal fitness
Association workshops	Accredited umpire observation - high level	Creating a safe and enjoyable environment for all
Teaching juniors: prac & theory	Club game allocations	Managing conflict
FIH rules test	Nominate for SChamps	Concussion
Online Accreditation course	Assoc assessment	BULLS 
Fitness sessions	Debrief with coaches	