

Question1

The ball can be:

- A. Any colour if agreed by both teams
- B. White or yellow only
- C. White only

Question 2. The umpire's decision would be....



- A. Play on – no breach
- B. **Free hit to blue – red stick obstruction**
- C. Free hit to red - blue stick obstruction

Question 3.

For a goal to be scored..

- A. Any part of the ball must touch the goal line
- B. The whole ball must cross the whole line**
- C. The goal keeper must be standing in front of the goal

### Question 4.

White knocks the ball across the sideline in the air but just before it lands on the blue outer turf, the red player hits the ball back into the field...



The umpire should....

- A. Give a free hit to White for dangerous play by Red
- B. Play on
- C. Give a Hit in from sideline to Red

## Question 5.

Which is false? Goalkeepers must...

- A. .. hold their stick in their hand
- B.** ... not hold their stick in their left hand.
- C. ... not lie on the ball.
- D. ...play the ball with their stick when outside the circle they are defending.

Question 6.

Captains shall:

- (A) Toss to choose which end to attack or have possession of the ball.
- (B) Toss to choose which end to defend and have possession of the ball.
- (C) Toss to choose to have possession of the ball at the start of both halves.

**A. Attack or possession**

Question 7.

A team may start the game with ten players:

- (A) Provided one player is nominated as a goalkeeper.
- (B) Provided their opponents only have ten players.
- (C) Without nominating a goalkeeper.

**C. Without nominating a GK**



Question 8.

What is the correct decision at a penalty stroke when the ball, before crossing the goal line, lodges in the goalkeeper's pads?

- (A) The stroke will be taken again.
- (B) No goal. Restart the game with a hit to defenders.
- (C) Goal.

**B. No goal – defenders hit**

## Question 9.

At a free hit a player from team A deliberately hits the ball onto the foot of a retreating opponent who is four metres away. Does the umpire:

- (A) Award the free hit again to team A.
- (B) Award a free hit to team A where the ball hit the foot.
- (C) Award a free hit to team B.

**B. Free hit to team A where it hit the foot**

## Question 10.

- A goalkeeper rushes out to meet a lone attacker outside the circle. Outside the circle by a metre the goalkeeper kicks the ball away from the attacker. The umpire should award:
- (A) A penalty corner and a card.
  - (B) A penalty corner.
  - (C) A penalty stroke.

**A. Penalty corner & card**

## Question 11

A first hit at goal at a penalty corner strikes a standing goalkeeper in the chest. The umpire:

- (A) Should allow play to continue.
- (B) Should award a penalty stroke.
- (C) Should award the defence a free hit.

**C. Defender's free hit**

Question 12.

Following a goal properly scored at a penalty corner, umpire B from halfway advises umpire A that six defenders had been behind the back line. Umpire A should:

- (A) Allow the goal to stand.
- (B) Replay the penalty corner.
- (C) Award a penalty stroke.

**A. Allow goal to stand**

## Question 13

The umpire awards a penalty...

- A. For as many rule breaches as she sees
- B. More often to the team that needs some help
- C. Only when a player or team has been disadvantaged**
- D. Anywhere on the field if the other umpire doesn't see it

Question 14.

Demonstrate signals for:

- A. 3<sup>rd</sup> person obstruction – what is it?
- B. Foot
- C. Penalty corner
- D. Long corner
- E. Penalty Stroke
- F. 5m