Question 1

An attack player fouls inside their attacking circle and a free hit is awarded to the defense. The defender chooses to take the free hit quickly from inside the circle. The defender undercuts the ball and an opponent standing on the dotted circle line must take evasive action to avoid being hit high on the body. The umpire deems the play dangerous. The restart of play should be:

- A. A free hit to the attack team at the dotted circle line
- B. A free hit to the attack just outside the hard circle line
- C. A penalty corner to the attack team
- D. Play on as the distance it too far for danger

Question 2.

During a Bulls's attacking penalty corner, Shelley's injection travels 6m outside the circle. Roser traps & plays the ball to Brittany inside the circle who hits it top right corner into the goal. The umpire's decision is:

- A. Award the goal Yahoo!!
- B. Retake the penalty corner Seriously?
- C. Free hit to defenders What the?

Question 3

A defending player inside their defending 23-meter/25-yard area but outside the circle intentionally kicks the ball away after the award of a free hit to the attack. The umpire should:

- A. Award a free hit to the attack and verbally warn the defender
- B. Award a free hit to the attack and card the defender
- C. Award a penalty corner to the attack only.
- D. Award a penalty corner to the attack and card the defender

Question 4.

Speedy Sue moves before the penalty stroke is played but saves the shot, the umpire's decision is to:

- A. Award a goal
- B. Award another penalty stroke
- C. Send Sue behind the half way & replace with Ella as a kicking fullback for another penalty corner

Question 5

The attack team is awarded a free hit just outside the 23-meter/25-yard area. The attacker hits the ball toward the circle. The ball is deflected by a defender just outside the circle and raises to about knee height. Inside the circle a defender gets hit on the knee with the ball and it travels to an attacker who immediately and legally puts the ball in the goal. The umpire should:

- A. Award a free hit to the attack outside the circle where the first deflection happened
- B. Award a Penalty Corner because of the defender's use of the body inside the circle
- C. Award the goal
- D. Award a free hit to the defense from where the original free hit was taken

Question 6

A bully may not be played ...

- A. Within 15m from backline & 5m of circle
- B. Within 10m from backline
- C. Within 5m from backline
- D. Within any team since she's mean
- E. At all since it is no longer in the rule book

Question 7. White knocks the ball across the sideline in the air but just before it lands on the blue outer turf, the red player hits the ball back into the field...



The umpire should....

A. Give a free hit to Red for lifted ball by White

B. Play on

C. Hit in from sideline to Red

Question 8.

How many metres from the goal is the penalty stroke spot?

- A. 7 m
- B. 6.457m
- C. 7 yards
- D. 5m for juniors & 7m for seniors & 3m for Masters

Question 9.

Substitutions - Which of the following is false?

- A. Substitution of a player is permitted only after that player has left the field
- B. After completing a suspension, a player is permitted to be substituted without first returning to the field
- C. Substitution is permitted between the awarding and taking of a penalty stroke
- **D.** Time is not stopped for substitution of a Goalkeeper.

Question 10.

What is the correct decision at a penalty stroke when the ball, before crossing the goal line, lodges in the goalkeeper's pads?

- (A) The stroke will be taken again.
- (B) No goal. Restart the game with a hit to defenders.
- (C) Goal.

Question 11.

At a free hit a player from team A deliberately hits the ball onto the foot of a retreating opponent who is four metres away. Does the umpire:

- (A) Award the free hit again to team A.
- (B) Award a free hit to team A where the ball hit the foot.
- (C) Award a free hit to team B.

Question 12.

- A goalkeeper rushes out to meet a lone attacker outside the circle. Outside the circle by a metre the goalkeeper kicks the ball away from the attacker. The umpire should award:
 - (A) A penalty corner and a card.
 - (B) A penalty corner.
 - (C) A penalty stroke.

Question 13.

Umpires should refrain from enforcing a penalty:

- (A) When the player in possession had time to avoid the breach.
- (B) When the awarding of the penalty would allow the offending team an advantage
- (C) When, as a result of the breach, the ball goes out of the field of play.

Question 14.

Some ridiculously fast 17yo attacker from Uni is roaring upfield. Erin tries to take her out but misses, hurting her shoulder with the air swing. At the 23m, the Uni chick hits the ball at the goal. Macca who has anticipated the need for cover defence as usual, lunges with beautiful precision, traps the ball and fires it towards the sideline. (NB: Not up the middle of the field.) Unfortunately, Ursula Unco Umpire who is in the circle, but not in the correct umpiring position (refer to last week's lesson), fails to dodge the ball. It glances off her shiny new Salomons & over the backline.

Ursula should give:

- A. An apology & a Free hit to Macca at top of circle
- B. Sideline Hit-in to Uni from where Macca was aiming
- C. Penalty corner for the "foot" in the circle
- D. Free hit to the Uni chick from the 23m line
- E. Penalty stroke to Uni since Macca obviously aimed at Ursula
- F. An Academy Award to Erin for the fall

Question 15.

Team A is awarded a free hit between the twenty threes. As a defender places the ball another defender runs up and takes a self-pass and dribbles the ball away. The umpire should:

- (A) Allow play to continue.
- (B) Award team B a free hit.
- (C) Require the free hit to be retaken by team A.

Question 16. Demonstrate the Umpire's Signal for:

- A. Start the game
- B. Obstruction
- C. 3rd person Obstruction
- D. Long corner
- E. Time Out
- F. Dangerous Play
- G. No goal
- H. 5 min suspension for you with the big mouth