Question 1

An attack player fouls inside their attacking circle and a free hit is awarded to the defense. The defender chooses to take the free hit quickly from inside the circle. The defender undercuts the ball and an opponent standing on the dotted circle line must take evasive action to avoid being hit high on the body. The umpire deems the play dangerous. The restart of play should be:

- A. A free hit to the attack team at the dotted circle line
- B. A free hit to the attack just outside the hard circle line
- C. A penalty corner to the attack team
- D. Play on as the distance it too far for danger

ANSWER: C: A penalty corner to the attack team... Rule 9.8 - Players must not play the ball dangerously or in a way which leads to dangerous play. A ball is also considered dangerous when it causes legitimate evasive action by opponents. The penalty is awarded where the action causing the danger took place...Since the action causing the danger was inside the circle, thus the award of a penalty corner.

Question 2.

During a Bulls's attacking penalty corner, Shelley's injection travels 6m outside the circle. Roser traps & plays the ball to Brittany inside the circle who then hits it top right hand corner into the goal. The umpire's decision is:

- A. Award the goal Woohoo!!
- B. Retake the penalty corner Seriously?
- C. Free hit to defenders What the?

Question 3

A defending player inside their defending 23-meter/25-yard area but outside the circle intentionally kicks the ball away after the award of a free hit to the attack. The umpire should:

- A. Award a free hit to the attack and verbally warn the defender
- B. Award a free hit to the attack and card the defender
- C. Award a penalty corner to the attack only.
- D. Award a penalty corner to the attack and card the defender

ANSWER: D: Award a penalty corner to the attack and card the defender...12.3.c - A penalty corner is awarded: for an intentional offense by a defender outside the circle but within the 23 meters area they are defending...Since the foul is intentional, thus the PC as the technical foul as per the rules. The card is for the misconduct of complete disregard for the rules and fair play. In this instance remember it is intentional, not by accident.

Question 4.

Speedy Sue moves when the umpire blows her whistle but before the penalty stroke is played. She saves the shot. The umpire's decision is to:

- A. Award a goal
- B. Award another penalty stroke
- C. Send the Sue behind the half way & replace with Ella as a kicking fullback for another penalty corner

Question 5

The attack team is awarded a free hit just outside the 23-meter/25-yard area. The attacker hits the ball toward the circle. The ball is deflected by a defender just outside the circle and raises to about knee height. Inside the circle a defender gets hit on the knee with the ball and it travels to an attacker who immediately and legally puts the ball in the goal. The umpire should:

- A. Award a free hit to the attack outside the circle where the first deflection happened
- B. Award a Penalty Corner because of the defender's use of the body inside the circle
- C. Award the goal
- D. Award a free hit to the defense from where the original free hit was taken

ANSWER: C: Award the goal...Rule 12.1 - Advantage: a penalty is awarded only when a player or team has been disadvantaged by an opponent breaking the Rules... Since the original deflection was from a defender and then the ball hits one of their teammates in the leg, there is no danger or disadvantage to the attack as the ball then goes to an area where the attack can shoot on goal legally. If the ball had stayed in the playing space of the defender hit by the ball and they retained possession, then a PC would be awarded as the defense gained an advantage from the ball hitting the leg. This instance is the proper application of the advantage rule.

Question 6

A bully may **not** be played...

- A. within 15m from backline & 5m of circle
- B. Within 10m from backline
- C. Within 5m from backline
- D. Within any team since she's mean
- E. At all because it is no longer used in hockey

Question 7. White knocks the ball in the air across the sideline but just before it lands on the blue outer turf, the red player hits the ball back into the field...



The umpire should....

- A. Give a free hit to Red for lifted ball by White
- B. Play on
- C. Hit in from sideline to Red

Question 8.

How many metres from the goal is the penalty stroke spot?

- A. 7 m
- B. 6.457m
- C. 7 yards
- D. 5m in juniors & 7m in seniors

Question 9.

Substitutions - Which of the following is false?

- A. Substitution of a player is permitted only after that player has left the field
- B. After completing a suspension, a player is permitted to be substituted without first returning to the field
- C. Substitution is permitted between the awarding and taking of a penalty stroke
- **D.** Time is not stopped for substitution of a Goalkeeper.

Question 10.

What is the correct decision at a penalty stroke when the ball, before crossing the goal line, lodges in the goalkeeper's pads?

- (A) The stroke will be taken again.
- (B) No goal. Restart the game with a hit to defenders.
- (C) Goal.

B. No goal

Question 11.

At a free hit a player from team A deliberately hits the ball onto the foot of a retreating opponent who is four metres away. Does the umpire:

- (A) Award the free hit again to team A.
- (B) Award a free hit to team A where the ball hit the foot.
- (C) Award a free hit to team B.

B. Free hit again to Team A

Question 12.

- A goalkeeper rushes out to meet a lone attacker outside the circle. Outside the circle by a metre the goalkeeper kicks the ball away from the attacker. The umpire should award:
 - (A) A penalty corner and a card.
 - (B) A penalty corner.
 - (C) A penalty stroke.

A. Penalty corner & card

Question 13.

Umpires should refrain from enforcing a penalty:

- (A) When the player in possession had time to avoid the breach.
- (B) When the awarding of the penalty would allow the offending team an advantage
- (C) When, as a result of the breach, the ball goes out of the field of play.

B. Don't reward offenders with an advantage by a chance to reset

Question 14.

Some ridiculously fast 17yo attacker from Uni is roaring upfield. Erin tries to take her out but misses, hurting her shoulder with the air swing. At the 23m, the Uni chick hits the ball at the goal. Macca who has anticipated the need for cover defence as usual, lunges with beautiful precision, traps the ball and fires it towards the sideline. (NB: Not up the middle of the field). Unfortunately, Ursula Unco Umpire who is in the circle but not in the correct umpiring position (refer to last week's lesson), fails to dodge the ball. It glances off her shiny new Salomons & over the backline.

Ursula should give:

- A. An apology & then a Free hit to Macca at top of circle
- B. Sideline Hit-in to Uni from where Macca was aiming
- C. Penalty corner for the "Foot" in the circle
- D. Free hit to the Uni chick from 23m
- E. Penalty stroke to Uni since Macca obviously aimed at Ursula
- F. An Academy Award to Erin for the fall

Question 15.

Team A is awarded a free hit between the twenty threes. As a defender places the ball another defender runs up and takes a self-pass and dribbles the ball away. The umpire should:

- (A) Allow play to continue.
- (B) Award team B a free hit.
- (C) Require the free hit to be retaken by team A.

B. free hit to team B

Question 16. Show the Umpire's Signal for:

- A. Start the game
- B. Obstruction
- C. 3rd person Obstruction
- D. Long corner
- E. Time Out
- F. Dangerous Play
- G. No goal
- H. 5 min suspension for you with the big mouth