

SOE Retreat

April 3, 2023



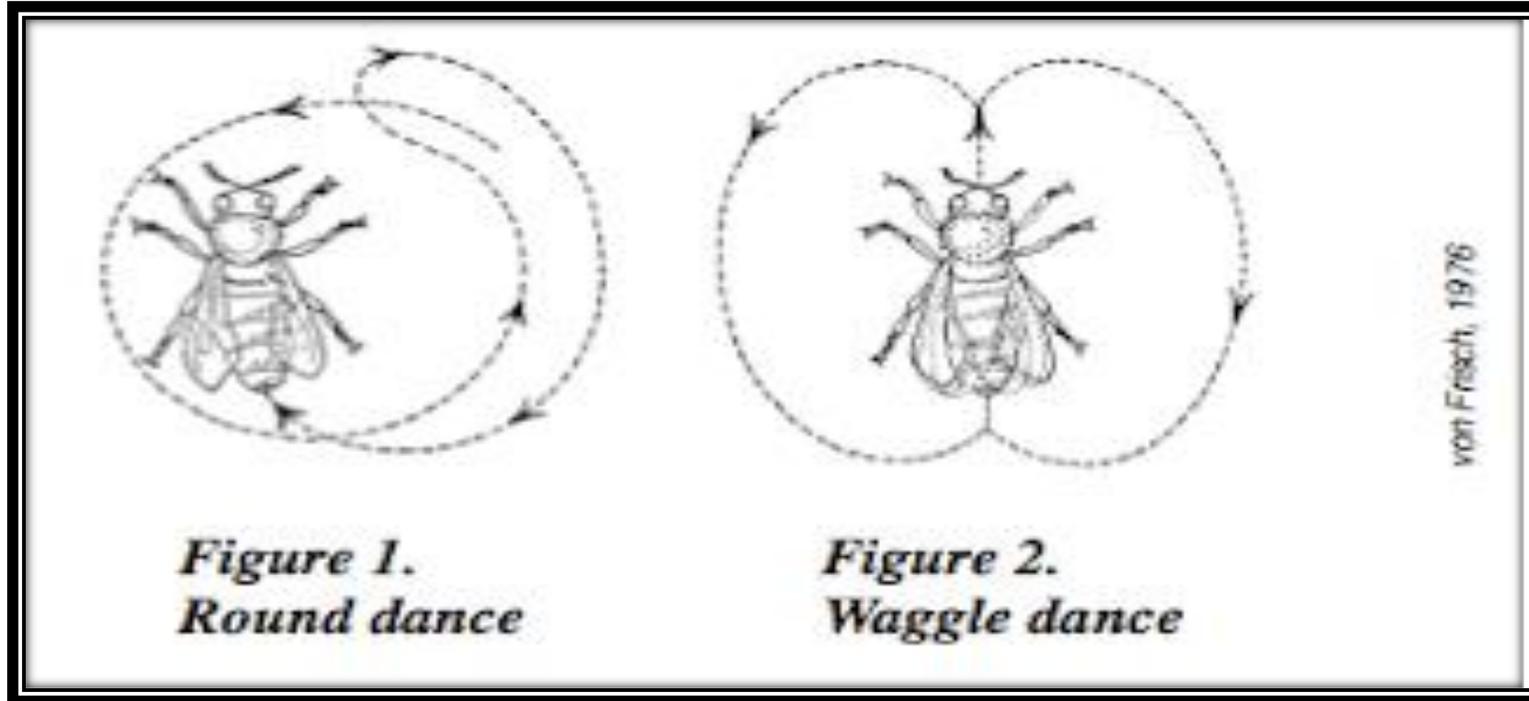
In honor of the bees



We listen to the story...



... she begins to dance



... straight to abundance



... positive and negative electrical charges



...swarm



Queen...



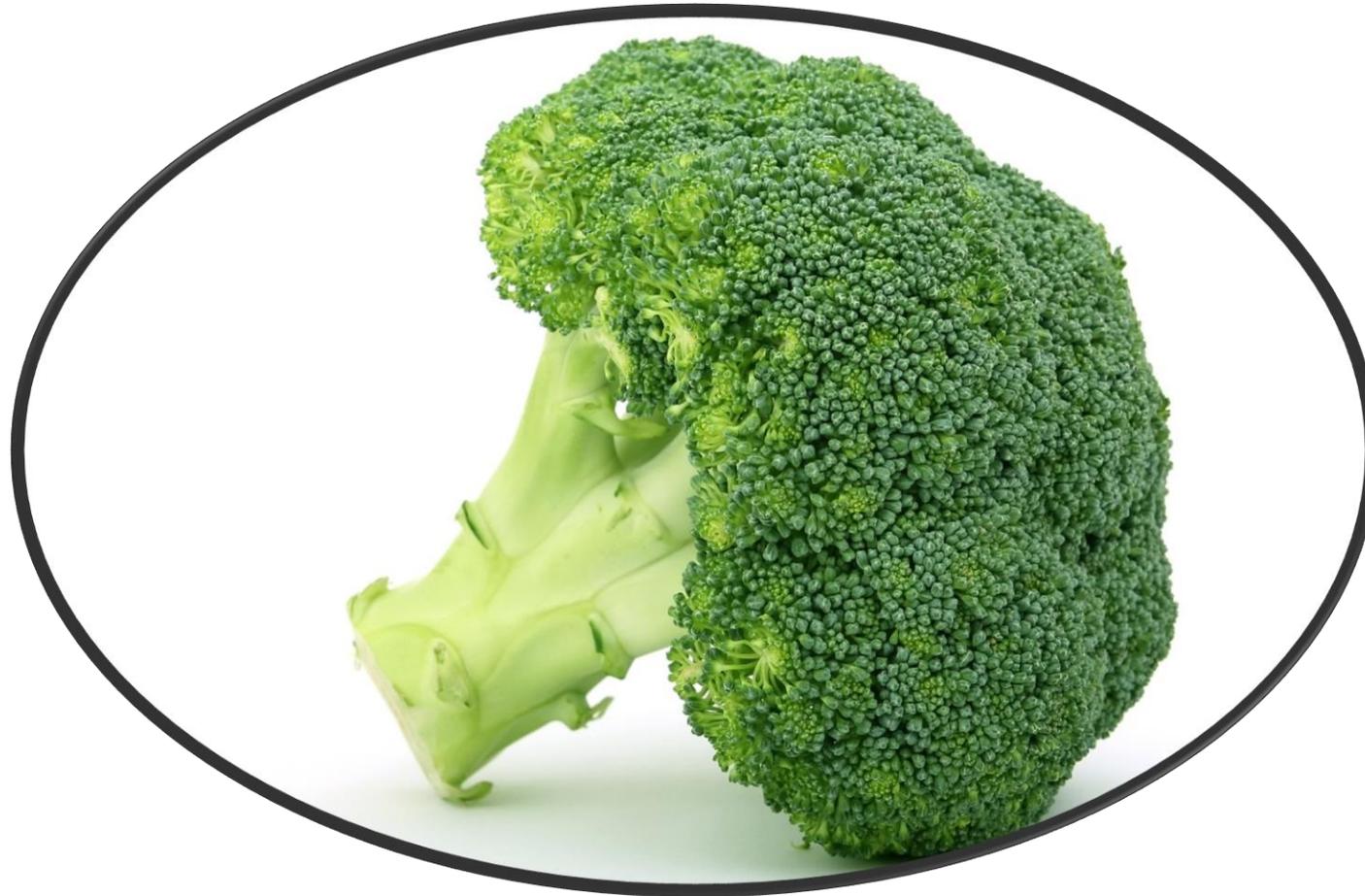
Pay Attention & Notice:
Nature's Unifying Patterns



Life builds from the bottom up

- ✓ Single cell to multicellular
- ✓ Human body: alveoli in our lungs, capillaries, nerve cells
 - ✓ Fractals (cauliflower, broccoli)
 - ✓ Process of evolution

Can you think of other examples?



Life needs an inside and an outside...

- ✓ Musk oxen when threatened gather in a circle: heads and horns to the outside and tails to the inside – sheltering the young and the weak within the circle.
- ✓ Cell membranes, skin, eyelid, eardrum, bark, ozone – protection, container, holder

Life needs an inside and an outside



How can we learn from Nature to protect the most fragile in our communities and create conditions conducive to life for them?



Life uses a few themes and generates many variations...

- ✓ When cells divide, they do it in concentric circles (tree trunks)
 - ✓ Spirals (shells)
 - ✓ Radials (flowers)
- ✓ Branches (rivers, human lungs)

Life uses a few themes and generates many variations...



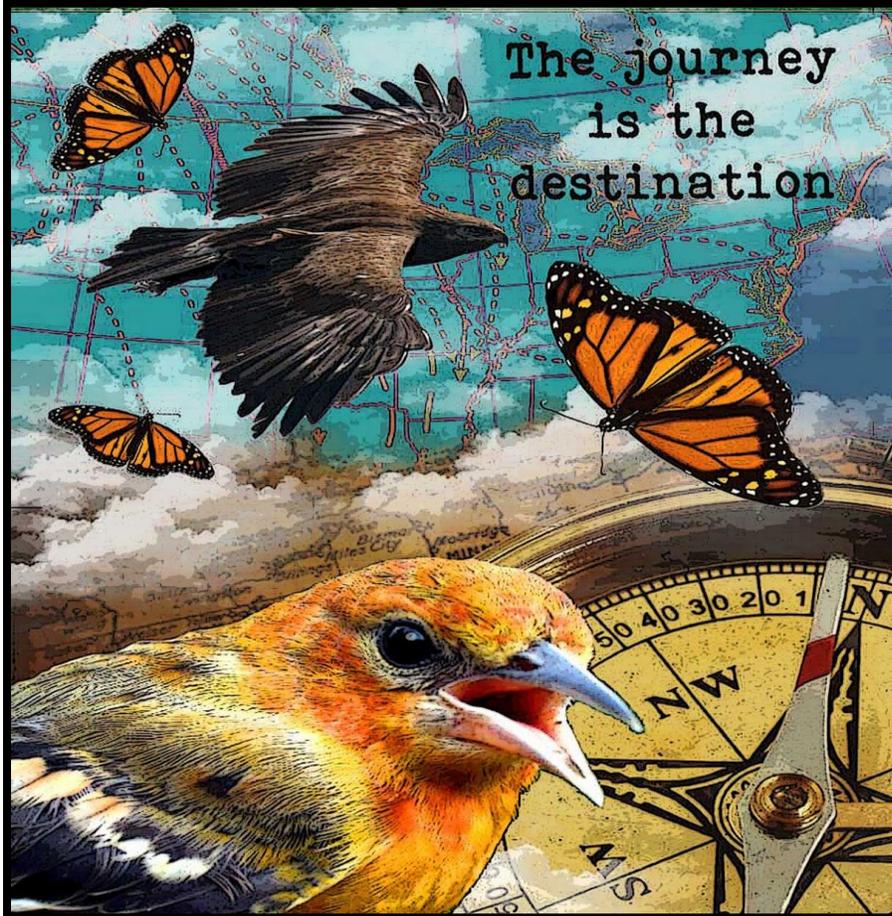
What are the predominant themes
in your life now?



Life organizes with information as well as reshuffles information...

- ✓ DNA stores information in its genes
- ✓ Remember the white fox? It used to be brown!
- ✓ Migration, ducks and geese, humans.

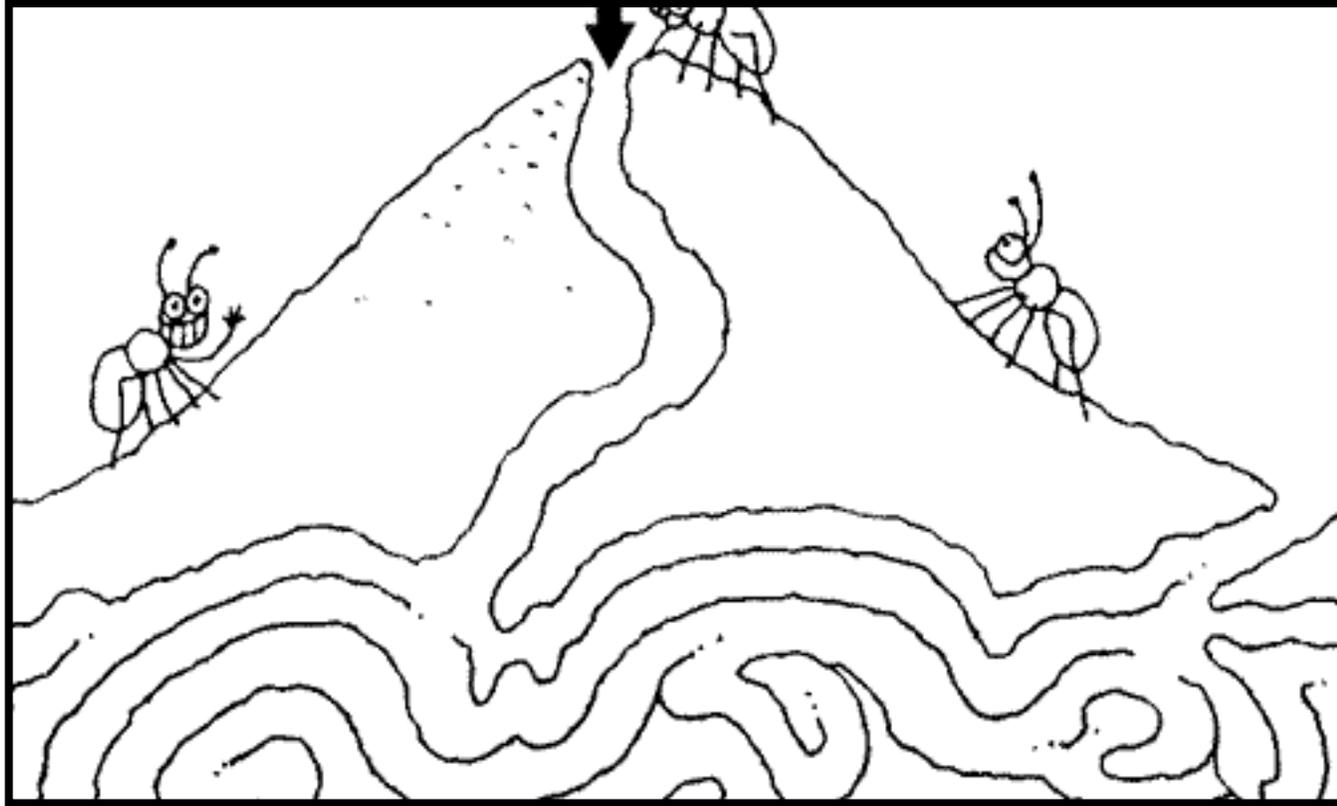
How do you organize or reshuffle information? This may relate to how you attend to change in your life.



How do I keep this retreat going?



Encouraged to spend time observing...
sketching (i-Site)



It is about team work... respect...
reverence... awe... vision...

It is about re-connecting... allowing Nature to be our **mentor**,
model and **teacher** to further enrich our spiritual journey...
as well as our communities/organizations





*What if we would allow Nature...
to guide us as mentor, model and measure?*

Conclusion

I find Nature: fascinating and overwhelming; complex and elegantly simple; luring and disturbing.

Earth

It's all alive

It's all intelligent

It's all connected

It's all relatives

We are part of this web of Life and Biomimicry and the process can help us move forward on our journey to wholeness. May we trust the process that has been evolving for 3.8 billion years. **Life creates conditions...**





*LESSON FROM NATURE:
A NEW PARADIGM for
LEADERSHIP & SPIRITUALITY*

*We don't need **A FEW** leaders
We need **THOUSANDS** of them*

Resources

Biomimicry 3.8: <http://biomimicry.net/>

Ask Nature: <http://www.asknature.org/>

Life's Principles Leadership Cards Biomimicry.3.8

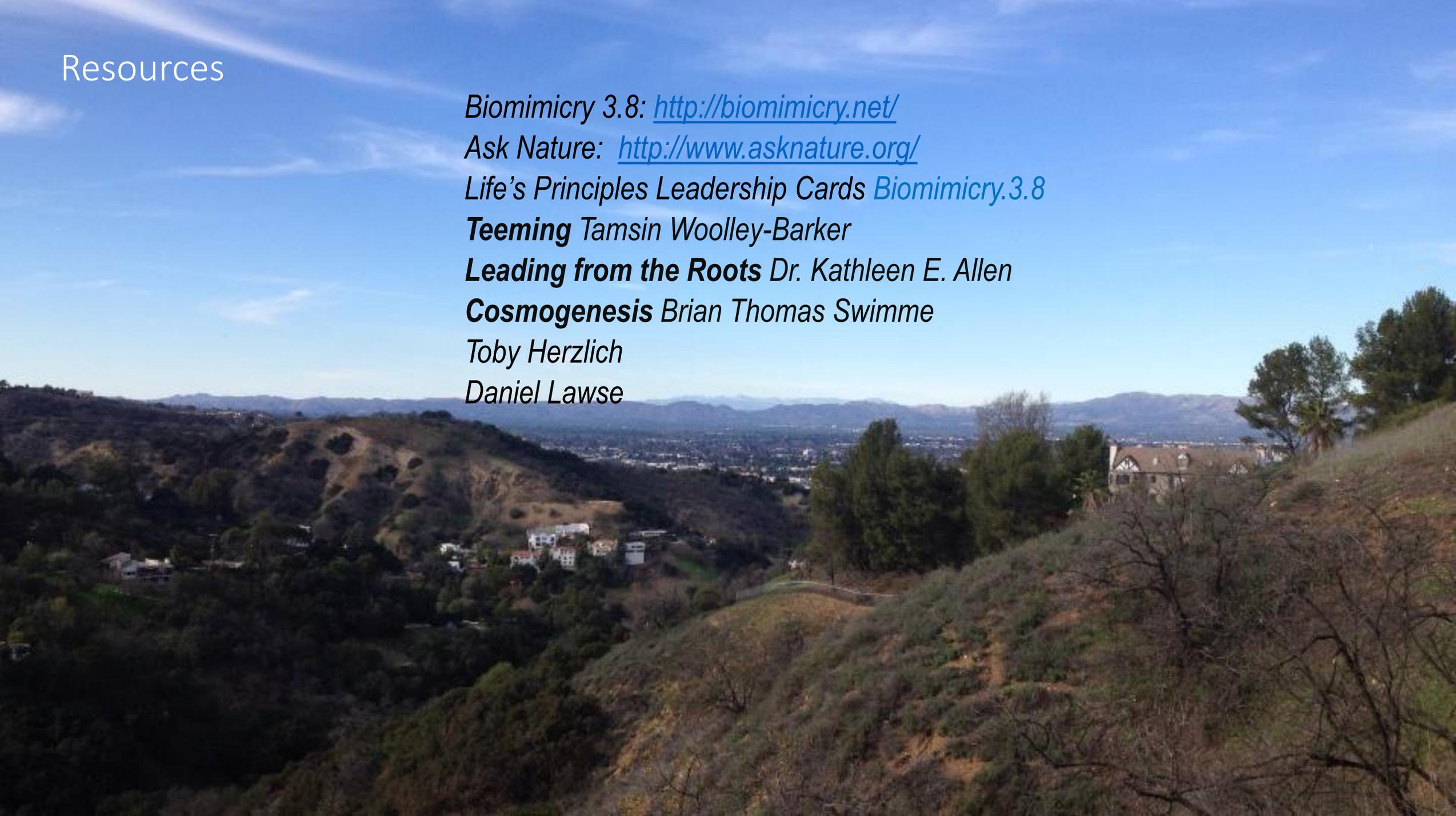
Teeming Tamsin Woolley-Barker

Leading from the Roots Dr. Kathleen E. Allen

Cosmogogenesis Brian Thomas Swimme

Toby Herzlich

Daniel Lawse



The Wolves in Yellowstone

<https://www.youtube.com/watch?v=ysa5OBhXz-Q>