



2026 WINTER CLASS SCHEDULE

PRESCHOOL & RECREATION

January 2, 2026 - March 21, 2026

New Classes Added!



TUESDAY

9:00-9:45 AM: GYM TOTS (3-4)
9:00-10:00 AM: GYM DANDIES (4-5)
10:15-11:00 AM: ME & MY SHADOW (18MO-3)
10:15-11:00 AM: GYM TOTS (3-4)
11:15-12:00 PM: GYM TOTS (3-4)
12:15-1:15 PM: HOMESCHOOL FITNESS (6+)
5:45-6:45 PM: GYM DANDIES (4-5)
5:45-6:45 PM: RECREATION (1 Hr.) (6+)
6:45-8:15 PM: ADVANCED REC (1.5 Hrs.) (8+)



WEDNESDAY

9:00-10:00 AM: GYM DANDIES (4-5)
9:00-9:45 AM: GYM TOTS (3-4)
10:15-11:00 AM: GYM TOTS (3-4)
11:15-12:00 PM: ME & MY SHADOW (18mo-3)
11:15-12:00 PM: GYM TOTS (3-4)

THURSDAY

4:00-5:00 PM: RECREATION (1 HR) (6+)
4:00-5:00 PM: GYM DANDIES (4-5)
5:00-6:00 PM: GYM DANDIES (4-5)
6:00-7:00 PM: RECREATION (1 Hr.) (6+)
7:00-8:00 PM: BEGINNER TUMBLING (6+)
7:00-8:30 PM: RECREATION (1.5 Hrs.) (7+)
7:00-8:30 PM: ADVANCED REC (1.5 Hrs.) (8+)
8:00-9:00 PM: ADVANCED TUMBLING (8+)

FRIDAY

9:00-9:45 AM: ME & MY SHADOW (18MO-3)
10:00-11:00 AM: GYM DANDIES (4-5)
11:15-12:00 PM: GYM TOTS (3-4)
12:15-1:15 PM: HOMESCHOOL FITNESS (6+)

SATURDAY

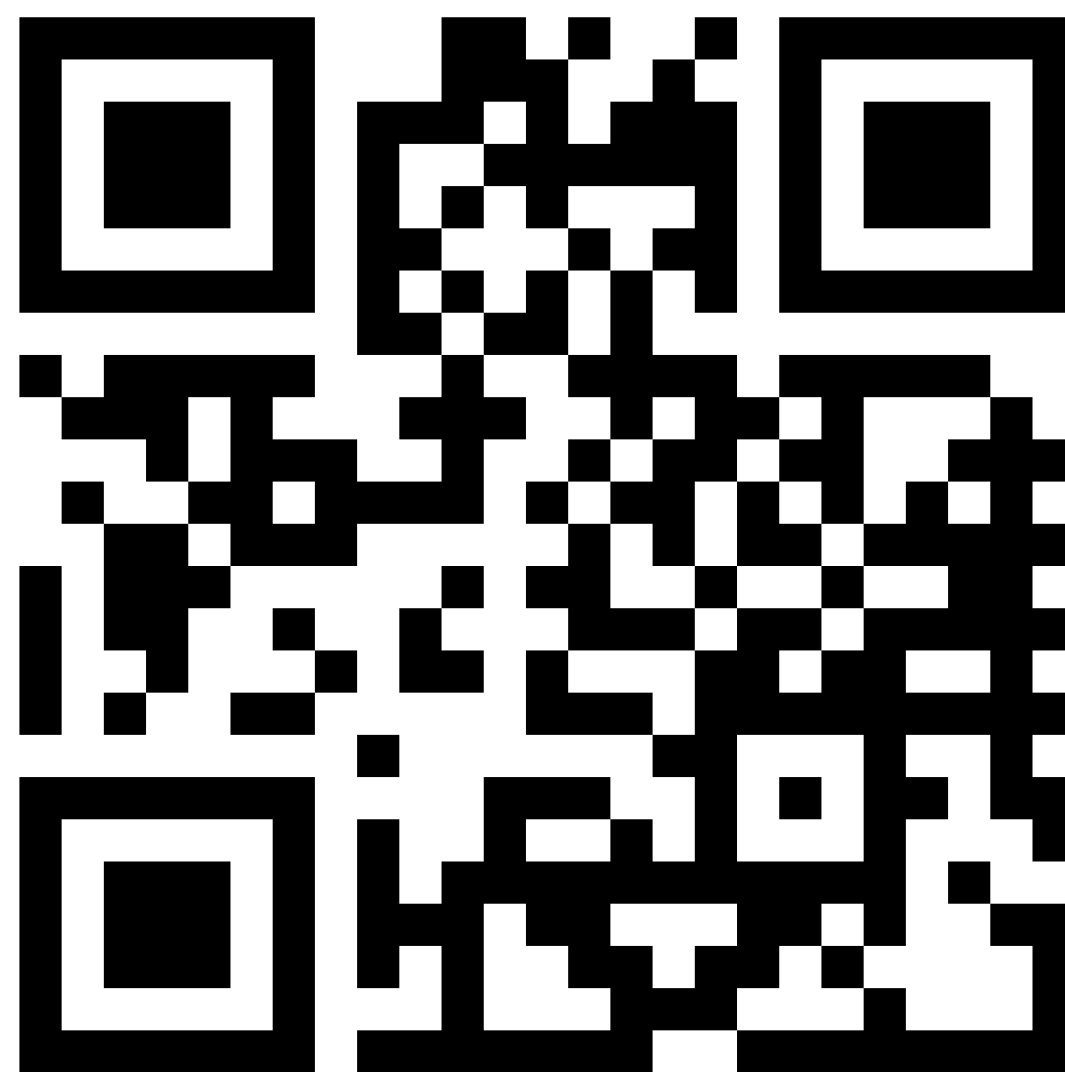
8:00-8:45 AM: ME & MY SHADOW (18MO-3)
8:00-8:45 AM: GYM TOTS (3-4)
9:00-9:45 AM: ME & MY SHADOW (18MO-3)
9:00-9:45 AM: GYM TOTS (3-4)
10:00-11:00 AM: GYM DANDIES (4-5)
10:00-11:00 AM: RECREATION (1 Hr.) (6+)
11:15-12:15 PM: RECREATION (1 Hr.) (6+)
11:15-12:45 PM: RECREATION (1.5 Hrs.) (7+)
11:15-12:45 PM: ADVANCED REC (1.5 Hrs.) (8+)

SUNDAY

9:00-9:45 AM: ME & MY SHADOW (18MO-3)
9:00-9:45 AM: GYM TOTS (3-4)
10:00-11:00 AM: GYM DANDIES (4-5)
10:00-11:00 AM: RECREATION (1 Hr.) (6+)
11:00-12:00 PM: RECREATION (1 Hr.) (7+)
11:00-12:00 PM: BEG/INT TUMBLING (6+)

12:15-1:15 PM: OPEN GYM!!
1:30-3:00 PM: BIRTHDAY PARTY SLOT

WEBSITE





2026 WINTER CLASS SCHEDULE

PRESCHOOL & RECREATION



January 2, 2026 - March 21, 2026

New Classes Added!

Me & My Shadow

(18mo-3yrs)

Tuesday	10:15-11:00 AM
Wednesday	11:15-12:00 PM
Friday	9:00-9:45 AM
Saturday	8:00-8:45 AM
Saturday	9:00-9:45 AM
Sunday	9:00-9:45 AM

Gym Tots

(3-4yrs)

Tuesday	9:00-9:45 AM
Tuesday	10:15-11:00 AM
Tuesday	11:15-12:00 PM
Wednesday	9:00-9:45 AM
Wednesday	10:15-11:00 AM
Wednesday	11:15-12:00 PM
Friday	11:15-12:00 PM
Saturday	8:00-8:45 AM
Saturday	9:00-9:45 AM
Sunday	9:00-9:45 AM

GYM DANDIES

(4-5yrs)

Tuesday	9:00-10:00 am
Tuesday	5:45-6:45pm
Wednesday	9:00-10:00am
Thursday	4:00-5:00 pm
Thursday	5:00-6:00pm
Friday	10:00-11:00am
Saturday	10:00-11:00am
Sunday	10:00-11:00am

Recreation (1Hr)

(6 or 7+yrs)

Tuesday	5:45-6:45 PM
Thursday	4:00-5:00 PM
Thursday	6:00-7:00 PM
Saturday	10:00-11:00 AM
Saturday	11:15-12:00 PM
Sunday	10:00-11:00 AM
Sunday (7+)	11:00-12:00 PM



Recreation (1.5Hrs)

(7+yrs)

Thursday	7:00-8:30 PM
Saturday	11:15-12:45 PM

Adv. Recreation (1.5Hrs)

(8+yrs)

Tuesday	6:45-8:15 PM
Thursday	7:00-8:30 PM
Saturday	11:15-12:45 PM

Tumbling (1Hr)

Beginner, Intermediate, Advanced (6+yrs)

Thursday (Beg.)	7:00-8:00 PM
Thursday (Adv.)	8:00-9:00 PM
Sunday (Beg./Int.)	11:00-12:00 PM

Homeschool Fitness (1Hr)

(6+yrs)

Tuesday	12:15-1:15 PM
Friday	12:15-1:15 PM

