

GYMFEST WEEK

JUNE 14-20 2026

“GLOW IN MOTION”



WHAT IS GYMFEST?

GymFest is an exciting end-of-session week of showcases celebrating athletes of all ages from every class and team!

Up to 2 family members per athlete are invited into the gym to enjoy a fun performance featuring the skills and progress athletes have worked hard on throughout the Spring Session.

SHOWCASE SCHEDULE

Please review the GymFest schedule carefully for your athlete's performance day and time!

RECOMMENDED SHOWCASE ATTIRE

GymFest leotard, GymFest T-shirt or black T-shirt with black shorts is recommended for a uniform look during the showcases but not required! Hair pulled back. No jewelry.

GYMFEST SHOWCASE SCHEDULE: June 14-20 2026

IMPORTANT: Please review your scheduled class carefully as some GymFest showcases (marked with *) are scheduled on different days and times!

Me & My Shadow Classes: (18mo-3yrs)

REGULAR CLASS DAY & TIME

Tuesday 10:15-11:00 AM
Wednesday 11:15-12:00 PM
Friday 9:00-9:45 AM
Saturday 8:00-8:45 AM
Saturday 9:00-9:45 AM
Sunday 9:00-9:45 AM

GYMFEST PERFORMANCE DAY & TIME

Tuesday 6/16 10:15-11:00 AM
Wednesday 6/17 11:15-12:00 PM
Friday 6/19 9:00-9:45 AM
Saturday 6/20 8:00-8:45 AM
Saturday 6/20 9:00-9:45 AM
Sunday 6/14 9:00-9:45 AM

Gym Tots Classes: (3-4yrs)

REGULAR CLASS DAY & TIME

Tuesday 9:00-9:45 AM
Tuesday 10:15-11:00 AM
Tuesday 11:15-12:00 PM
Wednesday 10:15-11:00 AM
Wednesday 11:15-12:00 PM
Friday 11:15-12:00 PM
Saturday 8:00-8:45 AM
Saturday 9:00-9:45 AM
Sunday 9:00-9:45 AM

GYMFEST PERFORMANCE DAY & TIME

Tuesday 6/16 9:00-9:45 AM
Tuesday 6/16 10:15-11:00 AM
Tuesday 6/16 11:15-12:00 PM
Wednesday 6/17 10:15-11:00 AM
Wednesday 6/17 11:15-12:00 PM
Friday 6/19 11:15-12:00 PM
Saturday 6/20 8:00-8:45 AM
Saturday 6/20 9:00-9:45 AM
Sunday 6/14 9:00-9:45 AM

Gym Dandies Classes: (4-5yrs)

REGULAR CLASS DAY & TIME

Tuesday 9:00-10:00 AM
Tuesday 5:45-6:45 PM
Wednesday 9:00-10:00 AM
Thursday 4:00-5:00 PM
Thursday 5:00-6:00 PM
Friday 10:00-11:00 AM
Saturday 10:00-11:00 AM
Sunday 10:00-11:00 AM

GYMFEST PERFORMANCE DAY & TIME

Tuesday 6/16 9:00-10:00 AM
*Tuesday 6/16 5:30-6:30 PM
Wednesday 6/17 9:00-10:00 AM
Thursday 6/18 4:00-5:00 PM
*Thursday 6/18 5:15-6:15 PM
Friday 6/19 10:00-11:00 AM
Saturday 6/20 10:00-11:00 AM
Sunday 6/14 10:00-11:00 AM

GYMFEST SHOWCASE SCHEDULE: June 14-20 2026

IMPORTANT: Please review your scheduled class carefully as some GymFest showcases (marked with *) are scheduled on different days and times!

(1Hr) Recreation Classes: (6+yrs)

REGULAR CLASS DAY & TIME

Tuesday 5:45-6:45 PM

Thursday 4:00-5:00 PM

Thursday 6:00-7:00 PM

Saturday 10:00-11:00 AM

Saturday 11:15-12:00 PM

Sunday 10:00-11:00 AM

Sunday 11:00-12:00 PM

GYMFEST PERFORMANCE DAY & TIME

*Tuesday 6/16 5:30-6:30 PM

Thursday 6/18 4:00-5:00 PM

*Thursday 6/18 6:30-7:30 PM

Saturday 6/20 10:00-11:00 AM

Saturday 6/20 11:15-12:00 PM

Sunday 6/14 10:00-11:00 AM

*Sunday 6/14 11:15-12:15 PM

(1.5Hrs) Recreation Classes (7+yrs)

REGULAR CLASS DAY & TIME

Thursday 7:00-8:30 PM

Saturday 11:15-12:45 PM

GYMFEST PERFORMANCE DAY & TIME

*Saturday 6/20 12:30-1:30 PM

Saturday 6/20 11:15-12:15 PM

Advanced Recreation Classes (1.5Hrs) (8+yrs)

REGULAR CLASS DAY & TIME

Tuesday 6:45-8:15 PM

Thursday 7:00-8:30 PM

Saturday 11:15-12:45 PM

GYMFEST PERFORMANCE DAY & TIME

*Saturday 6/20 12:30-1:30 PM

*Saturday 6/20 12:30-1:30 PM

Saturday 6/20 11:15-12:15 PM

Tumbling (Beginner-Advanced) (6+yrs)

REGULAR CLASS DAY & TIME

Thursday 7:00-8:00 PM

Sunday 11:00-12:00 PM

GYMFEST PERFORMANCE DAY & TIME

*Sunday 6/14 12:30-1:30 PM

*Sunday 6/14 12:30-1:30 PM

Homeschool Fitness (6+yrs)

REGULAR CLASS DAY & TIME

Tuesday 12:15-1:15 PM

GYMFEST PERFORMANCE DAY & TIME

Tuesday 6/16 12:15-1:15 PM

GIRLS & BOYS TEAM

GYMFEST SHOWCASE SCHEDULE

IMPORTANT: Please review your practice scheduled carefully as some GymFest showcases (marked with *) are scheduled on different days and times!

Girls Dev Pre-Team

REGULAR PRACTICE DAY & TIME

Tu/Fri 3:45-5:45 PM

GYMFEST DAY & TIME

***Tuesday 6/16 4:00-5:00 PM**

Girls Xcel Bronze & Silver Team

REGULAR PRACTICE DAY & TIME

Tu/Fri 3:45-5:45 PM

GYMFEST DAY & TIME

***Tuesday 6/16 4:00-5:00 PM**

Boys Beginner Team

REGULAR PRACTICE DAY & TIME

Tu/Fri 3:45-5:45 PM

GYMFEST DAY & TIME

***Tuesday 6/16 4:00-5:00 PM**

Boys Mini Mites Team

REGULAR PRACTICE DAY & TIME

Tu- 5:45-6:45 PM / Th 5:00-6:00 PM

GYMFEST DAY & TIME

***Tuesday 6/16 5:30-6:30 PM**