

FALL SESSION

class schedule

AUGUST 28–DECEMBER 21

TUMMY TUMBLERS (6MO–17MO)

Adult + Child Participation

Tuesday: 9:00–9:45AM

NEW

TUMMY TUMBLERS– **SIBLING PLAYTIME**

**Optional offer. Supervised playtime in the gym for siblings ages 2–5 of currently enrolled Tummy Tumblers only.*

Tuesday: 9:00–9:45AM (during TT class)

- Cost: \$15 per class or \$50/mo – paid in office before class.
- Drop in: No online registration required

ME & MY SHADOW (18MO–3YRS)

Adult + Child Participation

Tuesday: 10:00–10:45AM

Wednesday: 9:00–9:45AM

Friday: 9:00–9:45AM

Friday: 10:15–11:00AM

Saturday: 8:00–8:45AM

Saturday: 9:00–9:45AM

Sunday: 8:00–8:45AM

Sunday: 9:00–9:45AM

GYM TOTS (3–4YRS)

Independent Participation

Tuesday: 10:00–10:45AM

Tuesday: 11:00–11:45AM

Wednesday: 10:00–10:45AM

Thursday: 3:00–3:45PM

Friday: 10:15–11:00AM

Friday: 11:15–12:00PM

Saturday: 8:00–8:45AM

Saturday: 9:00–9:45AM

Sunday: 8:00–8:45

Sunday: 9:00–9:45am

GYM DANDIES (4–5YRS)

Tuesday: 11:00–12:00PM

Tuesday: 5:45–6:45PM

Thursday: 4:00–5:00PM

Thursday: 5:00–6:00PM

Friday: 9:00–10:00AM

Friday: 11:15–12:15PM

Saturday: 10:00–11:00AM

Sunday: 9:00–10:00AM

Sunday: 10:00–11:00AM

RECREATION (6YRS+)

1 HR RECREATION (6yrs+) 60 mins

Tuesday: 5:45–6:45PM

Thursday: 4:00–5:00PM

Thursday: 5:00–6:00PM

Thursday: 6:00–7:00PM

Saturday: 10:00–11:00AM

Saturday: 11:15–12:00PM

Sunday: 10:00–11:00AM

1.5 HR RECRATION (7yrs+) 90 mins

Thursday: 6:00–7:30PM

Saturday: 11:15–12:45PM

ADVANCED RECREATION (8yrs+) 90 mins*Coach Invite Only

Tuesday: 6:45–8:15PM

Thursday: 6:00–7:30PM

Thursday: 7:00–8:30PM

Saturday: 11:15–12:45PM

TUMBLING (6YRS+)

BEGINNER – ADVANCED

Thursday: 7:00–8:00PM

Sunday: 11:00–12:00PM

HOMESCHOOL FITNESS (6YRS+)

PE for Homeschooled Students

Wednesday: 11:00–12:00PM