

FALL SESSION

class schedule

AUGUST 28-DECEMBER 21



TUMMY TUMBLERS (6MO-17MO)

Adult + Child Participation

Tuesday: 9:00-9:45AM

NEW

TUMMY TUMBLERS- SIBLING PLAYTIME

**Optional offer. Supervised playtime in the gym for siblings ages 2-5 of currently enrolled Tummy Tumblers only.*

Tuesday: 9:00-9:45AM (during TT class)

- Cost: \$15 per class or \$50/mo - paid in office before class.
- Drop in: No online registration required

ME & MY SHADOW (18MO-3YRS)

Adult + Child Participation

Tuesday: 10:00-10:45AM

Wednesday: 9:00-9:45AM

Friday: 9:00-9:45AM

Friday: 10:15-11:00AM

Saturday: 8:00-8:45AM

Saturday: 9:00-9:45AM

Sunday: 8:00-8:45AM

Sunday: 9:00-9:45AM

GYM TOTS (3-4YRS)

Independent Participation

Tuesday: 10:00-10:45AM

Tuesday: 11:00-11:45AM

Wednesday: 10:00-10:45AM

Thursday: 3:00-3:45PM

Friday: 10:15-11:00AM

Friday: 11:15-12:00PM

Saturday: 8:00-8:45AM

Saturday: 9:00-9:45AM

Sunday: 8:00-8:45

Sunday: 9:00-9:45am

GYM DANDIES (4-5YRS)

Tuesday: 11:00-12:00PM

Tuesday: 5:45-6:45PM

Thursday: 4:00-5:00PM

Thursday: 5:00-6:00PM

Friday: 9:00-10:00AM

Friday: 11:15-12:15PM

Saturday: 10:00-11:00AM

Sunday: 9:00-10:00AM

Sunday: 10:00-11:00AM

RECREATION (6YRS+)

① 1 HR RECREATION (6yrs+) 60 mins

Tuesday: 5:45-6:45PM

Thursday: 4:00-5:00PM

Thursday: 5:00-6:00PM

Thursday: 6:00-7:00PM

Saturday: 10:00-11:00AM

Saturday: 11:15-12:00PM

Sunday: 10:00-11:00AM

Sunday: 11:00-12:00PM

② 1.5 HR RECRATION (7yrs+) 90 mins

Thursday: 6:00-7:30PM

Saturday: 11:15-12:45PM

③ ADVANCED RECREATION (8yrs+). 90 mins*Coach Invite Only

Tuesday: 6:45-8:15PM

Thursday: 6:00-7:30PM

Thursday: 7:00-8:30PM

Saturday: 11:15-12:45PM

TUMBLING (6YRS+)

BEGINNER - ADVANCED

Thursday: 7:00-8:00PM

Sunday: 11:00-12:00PM



HOMESCHOOL FITNESS (6YRS+)

Wednesday: 11:00-12:00PM

* PE credit for Homeschooled Students

