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www.bluemountainsreview.ca

Vol 10 Issue 47 DECEMBER 4TH, 2024







Thank you to all the supporters and contributors to The Blue Mountains Review for the past 10 years. In February 2015 we started with a monthly 4-page edition and mailed 2500 copies. We were considered a Community Newspaper by Canada Post and now print 5000 copies and continue to mail them once a month.

(except this one due to the Canada Post strike.) When Covid arrived we thought the print edition would end and we started a weekly online edition. However, thanks to local support, the print edition carried on and has increased in size to an average of 20 pages. We also email an online version weekly and What's Happening to those who signup online through our website. www.bluemountainsreview.ca Thank you from The Review Crew.



#### Craigleith Heritage Depot Branch is Open!

We're excited to announce the reopening of our Museum & Archive doors after a month-long closure. We invite you to explore our collections, exhibitions, and research facilities. Thurs. & Fri. 12-5pm; Sat.10am-4pm;Sun.12-4pm;Mon-Wed Closed; 113 Lakeshore Road East

## Andrea Matrosovs 2025 Grey County Warden

Town of The Blue Mountains Mayor Andrea Matrosovs will lead Grey County Council in 2025. Warden Matrosovs was acclaimed by County Council at the annual inaugural meeting on December 3.



In her inaugural address, Warden Matrosovs spoke of the power of Grey County municipalities working together and speaking with a unified voice.

"I am passionate about our shared goals and priorities of the County. We will continue to work toward building communities for the future," she stated before mentioning several significant Grey County initiatives including the construction of Rockwood Terrace, a new Paramedic Services base in Durham, and the Grey County Housing Action Plan.

Warden Matrosovs also spoke about the opportunities for Grey County to impact the lives of residents of all ages through programs like long-term care and early learning and childcare. "Since beginning on Council in The Blue Mountains, my mantra has been to create a community for all ages and stages of life. We have the opportunity at the county level to make a difference in lives of all ages and stages," she said.

Warden Matrosovs is serving her first term on Grey County Council. She was elected Mayor of the Town of The Blue Mountains in 2022 where she has previously served as a municipal councillor since 2018. She is the first Warden from the Town of The Blue Mountains in more than a decade and the third Woman to be elected Warden following in the path of Lois Urstadt in 1982 and Arlene Wright in 2010-2011.

Outside of her municipal work, Warden Matrosovs worked as a teacher, first at the high school and later college levels. She is a member of the Royal Canadian Legion Branch 281 in Clarksburg and enjoys getting involved in local environmental sustainability projects. Warden Matrosovs enjoys spending time with her four-generation family which includes her mother, husband, son and future daughterin-law, daughter and son-in law, and two grandchildren.

The role of a County Warden is to lead a County Council and represent the County at official events. The warden presides over council meetings, ensuring that business is conducted efficiently and effectively. Grey County's Warden serves as a member of the Western Ontario Warden's Caucus, the Bruce Grey Public Health Unit and other boards. The Grey County Warden is elected each December by members of Grey County Council. Warden Matrosovs was nominated for the position by Councillors Dobreen and Eccles.



New on-line calendar for What's Happening in The Blue Mountains supported by The Blue Mountains Review **www.visitblue.ca** 

#### **Beaver Valley Arena Public Skating**

Sat & Sun: 12pm - 2pm Excluding: Dec. 14, Dec. 28, Jan.11, Jan. 18, Feb. 2, Mar. 1-2 Ages 18+: \$3 p/p; Under 18: Free

#### Adult Skating

Mon & Wed: 10am - 12pm; Thurs: 1pm - 3pm Excluding: Dec. 25-26, Jan. 1, Feb. 17 \$3 p/p; Must be 18+ years of age

#### **Stick & Puck**

Mon & Wed: 12pm - 1pm Excluding: Dec. 25, Jan. 1, Feb. 5, Feb. 17 \$3 p/p. Must be 18 years+ of age. All skaters must wear a certified hockey helmet.

#### Parent & Tots

Thurs: 11am - 12pm, Free. Excluding: Dec. 26, Jan.2, Mar. 13

#### **Holiday Skating Schedule**

Sat. Dec. 21: 12 - 2 p.m. Sun. Dec. 22: 12 - 2 p.m. Mon. Dec. 23: 1 - 2 p.m. Sun. Dec. 29: 12 - 2 p.m. Mon. Dec. 30: 1 - 3 p.m. Tues. Dec. 31: 1 - 3 p.m. Thurs. Jan. 2: 11 a.m. - 1 p.m. Sat. Jan. 4: 12 - 2 p.m. Sun. Jan. 5: 12 - 2 p.m.

#### **BID EUCHRE**

Wednesday & Thursday, 12:50-3:30pm; \$2 per day, Small Hall, Beaver Valley Community Centre Lessons Available - Bev 705-507-0563 or Dorothy 519-599-5044

#### **DROP-IN BRIDGE**

Monday 1-3pm; \$2 p/p St. George's Anglican Church, Clarksburg



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MONTHLY NEWSLETTER This edition is mailed to residents in The Blue Mountains the first week of each month

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LETTERS TO THE EDITOR: We ask that letters be no longer than 250 words, and adhere to standards of fairness, accuracy, legality and civility. Beyond that, we select letters on the basis of timeliness, relevance and diversity and reserve the right to not publish.

**ARTICLES** are from media releases or those that are submitted acknowledge the author.

Publisher Linda Wykes, printed by Riverside Press. Your events, stories and photos of interest to our community can be emailed to info@visitblue.ca for inclusion in the newsletter by each Friday. Advertising rates available on the website or call 519-599-3345

## Celebration

The Town of the Blue Mountains congratulates Fire Chief Conn for 35 Years of Service and to Deputy Fire Chief Smith for 25 Years of Service.

## **Gateway & Wayfinding Project**

The Town of The Blue Mountains is announcing the launch of its Gateway & Wayfinding Project. The project will refresh the existing Gateway & Wayfinding Signage throughout the municipality by designing a uniform sign program. Gateway & Wayfinding signage includes: Gateway Signs

- •
- **Community Entrance Signs** Village/Hamlet Identification Signs •
- Park Signs
- Trail Signs
- Community Events / Service Club Recognition Signs

The project is currently in the research and engagement phase that will develop the design of the signs. The fabrication and installation of the signs will take place at a later date.

The Town will engage residents, community groups, business associations and not-forprofit organizations throughout the process to receive guidance and suggestions regarding the design of the signs. A public design concept meeting will be hosted virtually on **Thursday**, January 9, 2025, from 5:00 p.m. to 6:00 p.m. Those interested can register for the meeting online. Additionally, a questionnaire is available to the public to provide feedback regarding the project.

To learn more about the gateway & wayfinding project, complete the guestionnaire, or to subscribe for email updates, please visit: www.thebluemountains.ca/gateway-wayfinding.

Allan Gibbons, Acting Manager of Communications & Economic Development (519) 599-3131 ext. 266

## Lobbyist Registry - The Blue Mountains

The Lobbyist Registry came into effect on November 12, 2024 through the approval of the Lobbyist Registry By-law. The registry fosters accountability and transparency by publicly listing details of lobbying activities directed towards Town Council and staff by individuals or organizations. The registry includes the names of lobbyists, their affiliations, lobbying objectives, and the Town officials lobbied. Lobbyists must register within ten days following any interaction with a public official.

Through the approval of the Lobbyist Registry, Council approved a phased-in education period with enforcement and penalties coming into effect on Monday, May 12, 2025. The education period allows for public, staff and Council training and familiarization with the new process.

If you are not sure if you are a lobbyist, you can use the Lobbyist Registry flow chart to answer yes/no questions to determine if you should register your activities found on the town website. www.thebluemountains.ca/lobbyist-registry

#### MATT'S MILLENIAL SUPPORT **COMPANION SERVICES**

Need help with errands and stuff? I have several years experience supporting seniors to live in their own homes; I drive and can help with errands, & appointments; help with pet care; I am handy and can

help with outdoor/simple "handy man" work

Call Matt at 416-459-0178 or email matthew-r@live.com

#### **REQUEST FOR SPACE FOR A TINY HOME**

I am searching for land to rent that would be able to hook up water and sewer to a tiny home for myself. If you would be able to help this person please email the Review at info@bluemountainsreview.ca

## IN GRATITUDE

I would like to thank those that nominated me for the 4th Annual Kindess Award presented by the Thornbury-Clarksburg Rotary Club. I have worked with so many great people in my life I could easily name about 50 that could qualify and it has been an honour to know all of them. All the best in 2025 and keep up the good work of Rotary. Joan Gaudet

#### p.s. from Joan's daughter

We will be celebrating Mom's 90th birthday at The Corner Cafe, Thornbury on Sunday December 15th between 1p.m. & 3 p.m. If you have an opportunity to pop in to wish my amazing Mom a Happy 90th and to share a story or two it would make her day! There will be finger food, coffee and 90 cupcakes to celebrate Mom's special day. Among family and friends, she will be sure to have the most spectacular birthday ever!

## **Official Plan Review**

The Town would like to inform those interested in the Official Plan Review that a new Staff Report, which will be going to Committee of the Whole on December 10, 2024, has been posted. www.thebluemountains.ca

## **Homefield Communities Proposal**

496857 Grey Road 2

Land Lease Community Highlights: • Rowhouse Development - Four (4) townhouse unit types – 376 units • A central neighbourhood park, retained Natural Heritage areas, a linear park and a stormwater management pond are proposed as buffers from the Georgian Trail. • Two (2) parking spots provided on



each lot, plus an additional 55 visitor parking spaces.

• Snow storage areas strategically located throughout the site.

- Divided site access to meet Fire Department requirements.
- Four (4) parkettes have been included

• Roads, parkettes, and stormwater management (SWM) facility will be part of Common Element Condominium (CEC)

• Two (2) environmental protection blocks totaling 29ha (78% of the site area).

• Density of 38.6 units per net developable hectare

## **Seniors Matters**

The **Canadian Dental Care Plan** (CDCP) for seniors and children, has expanded. It will now include:

- more services than were covered in the first phase of the program

- opened up the process for dental care providers to submit claims. As of November 1st, the plan accepts requests for services that require preauthorization. That includes services such as the initial placement of partial dentures, or crowns, as well as requests for services patients have a particularly high need or complex condition. These will be assessed by the CDCP, based on the dentists' recommendations.

The CDCP will also accept paper claim submissions from dental care providers. Dental care providers have been able to submit claims electronically since May 2024. Providers who only work with paper claims will now also submit claims for their services.

To date, more than 1 million Canadians have received care under the CDCP and more than 2.7 million Canadians have been approved to be part of the plan.

Starting in December, **BVO's Seniors Centre Without Walls** phone program opens for the winter season. Phone BVO's Seniors office at 519 599 2577, ext. 6 or e mail scwwphone@bvo.ca to get your copy of the December calendar of events.

Join us at L. E. Shore Library, Dec 17th, 1 - 2:30pm for **Falls Prevention** with Kaela Sales, as she discusses fall prevention for seniors. We will focus on reducing fall risks through physical health, home safety, and lifestyle changes as well as providing practical tips to help seniors maintain independence and safety.

Have you experienced any type of **Fraud**? Are you interested in sharing your experience to help to develop ways of protecting people from scams? A new study being conducted across Canada, led by researchers at Western University and the Ontario Provincial Police, is looking for volunteers, adults aged 65+ who have been victimized. This is being conducted by Dr. Joshua Wyman of Western and Lyndsay Woolridge of the OPP.

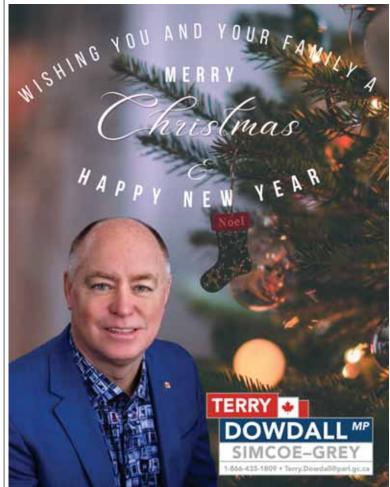
The study is to learn about the harm experienced by seniors. It will help determine the best ways to meet the support needs of older adults. Each volunteer will have one 60- 75 minute interview. It can be on the phone or through your computer, whichever you prefer. (Each person will receive a \$30 Amazon e gift card for participating.) Contact BVO's Seniors Centre Without Walls: seniors@bvo.ca or 519 599 2577, ext. 6.





#### FOR YOUR SUPPORT AND FOR HELPING US CONTINUE MAKING GOOD THINGS HAPPEN IN 2024!

f 间 國 @beavervalleyoutreach 🌐 bvo.ca 519 599 2577



# l n Memoriam



#### ROY ALBERT DAWN

March 22, 1945 – November 19, 2024 It is with heavy hearts that the family of Roy Dawn announces his peaceful passing

on November 19, 2024 at the age of 79 at the Collingwood General & Marine Hospital.

Born in Collingwood Township on March 22, 1945, Roy was the son of the late Lawrence and Laura (nee Armstrong) Dawn.

Roy will be dearly missed by his beloved wife of 57 years, Bonnie (nee Ottewell) Dawn.

Roy was the loving and caring father of Stacey (Kevin), Robin (Dave) and Jeff (Tammy), and was predeceased by an infant son, Dennis.

He was the understanding and fun-loving Poppa of Coralyn (Beau), Delaney, Payton, Miranda, Tyler, Renayla and Keegan.

Roy will be dearly missed by his sisters Audrey (late Lorne) and Wilma (John) and was predeceased by brothers Ivan, Alan and Barry (late Linda) and by sisters Shirley (Sam Roberts) and Doreen (Laurie Wickens).

He will be remembered fondly by his many brother and sister inlaws, nieces, nephews and their families.

Roy married his soulmate and love of his life, Bonnie, in 1967. They lived in Collingwood for a few years and then settled in Rob Roy in 1970 to raise a family of their own.

Roy entered the workforce at the age of 16. He worked in the construction industry for the first few years and then completed a welding course in 1965. He loved working with big equipment and machinery, motors and torches. He continued to work as a welder, within the construction industry, over the next 50 years, at the Collingwood Shipyards and Walker Aggregate.

Out of obligation, Roy was a hard-working and dedicated employee. Out of passion, Roy was a family man!

Family meant everything to Roy. He was so proud of his wife, his kids and his grandkids. He was always there to help out or talk to any family member that needed him.

In his spare time ...

Roy had a passion for cars, trucks and motors, whether it was driving them, looking at them or fixing them. He has a particular soft spot for 1956 Crown Victorias.

Roy loved camping, getting fresh air and enjoying the simple life. Bonnie would have the trailer packed for Friday afternoons and the family would head away for the weekend.

Roy adored dogs. He always formed a close bond with his large breed four legged friends.

Roy was an avid walker and therefore dogs adored him as well! He probably walked as many miles along the roads of Rob Roy as many people put on a vehicle.

In his later years, with declining mobility, Roy was gifted a deck by his grandkids. He would sit outside for hours and to enjoy the fresh air and sunshine, listening to the wind chimes and watching the traffic and birds.

Roy enjoyed an incredible life and will forever be remembered by those he touched. He inspired those around him with his quiet humility, genuine care and welcoming demeanour. He entertained others with his enthusiasm, openness to who he was and his quirky sense of humour.

A private family service was conducted at the Ferguson Funeral Home, followed by a service of committal and interment at Thornbury-Clarksburg Union Cemetery.

A Celebratation of Roy's Life was held on Saturday, November 23.

As your expression of sympathy, donations to the Feversham Kinsmen (cheques only please) or the Canadian Pulmonary Fibrosis Foundation would be appreciated and may be made through the Ferguson Funeral Home, 48 Boucher St. E., Meaford, ON N4L 1B9 to whom arrangements have been entrusted. www.fergusonfuneralhomes.ca



#### ANN SMITH (CAROL ANN SMITH) (NEE EDWARDS)

June 16, 1939 – November 11, 2024

It is with great sadness that we announce the passing of Ann Smith, beloved wife, mother, grandmother, great grandmother, sister and friend. Ann left us peacefully on November 11, 2024, at the age of 85. Born in South Porcupine, ON, to William and

Isobel Edwards. She grew up with a deep love for family, and her legacy of care, kindness, and dedication will continue to resonate for generations to come.

On June 22, 1962, Ann married her high school sweetheart, Peter Ronald Smith. Ann and Peter were best friends for almost 69 years. Together, they shared 62 wonderful years of marriage, building a life full of love, laughter, and adventure.

Ann is survived by her loving husband Peter, her four daughters – Lisa, Kirsti (Julius Horvath), Julie (Graeme Eastmure), and Michelle (Craig Dickie) and her grandchildren, whom she adored with all her heart: Tim (Hannah), Melanie, Brian, Katelyn, Christopher, Allyson (Keegan), Megan, and Leah, and her great-granddaughter, Emerson. She was the matriarch of our family, a constant source of love and support.

Ann will be missed by her siblings Susan Marshall (Victor) and William (Billy) Edwards (Debby) and many other cherished family and dear friends.

Ann's passion for family was matched only by her dedication to helping others. After earning her education in Physical and Occupational Therapy at the University of Toronto, Ann worked at Sick Kids, Women's College, and North York General Hospitals, where she was a trusted caregiver to many. Later, she joined Peter at Smith's Pharmacy, helping to grow the business into a well-known institution. Ann and Peter were respected pioneers in the industry, focusing on compounding and natural health. Her deep passion, knowledge and genuine care for others made an impact on everyone she assisted and was always at the forefront of her life's work.

Ann and Peter's life together was rich with shared experiences. They raised their family in Toronto, before moving to Thornbury 18 years ago. Summers, on Georgian Bay (12 Mile Bay) watching the sunset from the boat with the wind in her hair and exploring the islands with a picnic lunch. Winters, skiing at Alpine Ski Club, vacationing in Zihuatanejo, Mexico and exploring the world. She made friends wherever she went and often became involved in their communities. Ann ensured that time spent together was always filled with warmth.

In retirement, Ann and Peter built their beautiful dream home on the shore of Georgian Bay near Thornbury, a testament to their years of planning and love for family. The home has become a gathering place for all. Whether she was playing on the beach with the grandchildren, playing in the snow, cooking our favourite family recipes, gardening or decorating the biggest Christmas tree she could find, it was always filled with laughter.

Ann's love for her family was boundless, and her nurturing spirit will live on in the hearts of those who knew her. She was the embodiment of devotion-always putting the needs of others before her own, ensuring the health and happiness of those around her. Her life was a testament to the power of love, and her unwavering commitment to her family and her community has left an indelible mark on all who knew her. Despite facing the challenges of Alzheimer's in her later years, Ann remained an example of strength and grace, bravely smiling to the end.

A celebration of Ann's life will be held at a later date. With the same love and care that Ann gave so freely, we extend our deepest thanks to the Meaford Long Term Care Home for the exceptional care they provided and all who have supported our family during this time.

"A mother's love is a legacy that never ends."

We will miss you, Ann, but will carry you with us always. To sign Ann's Book of Condolences, please visit www.affordablecremation.ca



#### JOAN MARIE TIMMINS (NEE FOLINSBEE)

Joan passed away peacefully at the age of 98 on Monday November 4th, 2024 surrounded by loved ones in Meaford.

Predeceased by parents Alice Creswicke and Maurice Folinsbee, and brothers John Folinsbee (Joan) and David Folinsbee (Jean). Loving mother of Stephen, Julie, Gretchen (Marc Lacourciere), Rebecca (Craig Redman), and the late David Timmins, proud grandmother of Matthew

and Margo Redman, Luc, Julie and Jean Marc Lacourciere, Kevin and Daniel Rohn, and Jeffrey Timmins and kind aunt to wonderful nieces and nephews. Beloved daughter, sister, cousin, niece, wife, mother, aunt, friend, teacher, artist: Joan played many roles in her life but the role of artist threaded throughout.

Joan had a happy childhood growing up in Toronto during depression years with many stories of adventures there and at the family cottage in Shanty Bay near Barrie, Ontario. There were cousins to play with and nature to appreciate but a childhood illness caused her to be bedridden for some time, and forbidden to read. The only thing she could do in her dimly lit room was draw and that is when she first discovered her love of art.

Joan went to school in Toronto attending St. Clements and Oakwood Collegiate. She graduated high school just as World War Two was coming to an end but did her duty by signing up to be a WREN for the final months. In Vancouver, she tested chronometers on Navy boats. After the war ended, she attended the Ontario College of Art where she trained as a painter. Joan had various beaus and there were memorable stories of good times like dancing at the Palais Royale. Another story was when she took a fateful ski trip to the Laurentians. While there, she met her future husband, James (Jim) Timmins, from Montreal.

During their five year engagement, Joan continued art school and spent summers working at Jasper Park Lodge. When Joan graduated, she worked as a fashion illustrator in New York City before marrying Jim. She became busy raising children in Thornhill but always found time to paint and draw. There were happy times in Collingwood enjoying weekends skiing with friends and family.

Unfortunately not all was happy, and the marriage ended. Joan pursued a teaching certificate and worked at Collingwood Collegiate in the early seventies. She returned to school attending York University's Fine Art program and received her degree.

In her next stage, Joan pursued dreams of a painting career. She lived in an idyllic rural location in Thornhill which provided inspiration for her work. She showed at the Nancy Poole Gallery in Yorkville during the 70's and 80's. Her large watercolour landscapes were beautiful and unique. She worked in all mediums. Her work received recognition and is found in collections across Canada. Joan also taught from her studio.

In the nineties, Joan moved to downtown Toronto where she continued to paint and hobnob with artists such as the Central Connection art group. In the 2000's, she moved to Thornbury connecting with the artist community there including the L.E. Shore Library Art Committee. Joan was a thinker and writer. She self-published a number of books of essays.

Unfortunately, declining vision finally had the best of Joan. She stopped making art in her last two years. She kept engaged with American politics, listening to podcasts and stories on her cassette player and Kindle. Joan lived in her own home right until the end with the help of family especially her grandson Matthew who lived with her.

Joan's final days were made as comfortable as possible surrounded by family and with amazing care from the staff at the Meaford Hospital. Joan left this earthly sphere content in the knowledge that she lived her life fully, loved and was loved, and pursued her artistic dreams to the end.

A celebration of Joan's life will be held in the Spring of 2025.

#### ROSEMARY MARGARET DONLEY (NEE DIXON)

Rosemary passed away peacefully with her loving husband Glenn at her side. She will be deeply missed by her three daughters, Patti (Dan), Maryann (Stephen), Geri (Mark) and her sister Catherine Amodeo. She also leaves behind her many grandchildren and great grandchildren.



Born and raised in Toronto, Rosemary attended business school at Loretto

Brunswick College, this led her to a job with Royal Bank. Rosemary had many years at home, raising their girls, until she and Glenn began their family business, where Rosemary ran the office and showroom.

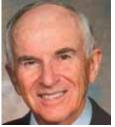
Rosemary had an infectious laugh and personality that lit up every room she walked into. Glenn and Rosemary just celebrated their 61st wedding anniversary in 2024.

After a short struggle with cancer, she went to Campbell House in Collingwood where she passed away peacefully with Glenn at her side. A service was held on Friday November 8th at St Mary's Catholic Church in Collingwood. Donations in Rosemarys name can be made to Campbell House Hospice in Collingwood.

#### **DOUGLAS JAMES... JIM O'BRIEN**

Jim passed away at home on November 25 after an illness that was complicated by pneumonia. He was 91 years young.

Jim was born on September 19,1933 in Toronto, son of the late Lincoln and Lorena (née Cole). He married his High School sweetheart, Wilma Joan Milley, in 1956 and graduated from University of Toronto's Faculty of Dentistry in



1957. They then moved to the village of Madoc, where Jim started his first dental practice. Two years later they relocated to Etobicoke, where his practice flourished. Jim was a gentle, community-minded, servant-hearted soul. His aim in life was "to do something useful, to get busy on something worthwhile." His life was dedicated to being of service to his community.

As a dentist, he aimed to relieve suffering, pain, and misery. As a Rotarian and Kiwanis President, his aim was to serve his community through volunteering. As someone with a zest for life, Jim with his wife Wilma were founders of the Beaver Valley Probus Club, with at the time over 400 members enriching their minds, bodies, and souls. He was also an active member of Grace United Church in Thornbury,.

A gifted and award-winning woodcarver, Jim taught and encouraged other artists in his home studio overlooking the fields and orchards of Clarksburg. His remarkable talent can be seen in a carved rendition of Leonardo da Vinci's 'The Last Supper' behind the altar of All Saints Anglican Church in Collingwood.

After Wilma's passing in 2013, Jim was surprised to find joy again a few years later with a recently widowed Dianne Nixon. They enjoyed their time together in Thornbury before making many new friends in their new home at Balmoral Seniors' Residence in Collingwood when they moved there in 2021.

Jim is predeceased by his parents Lincoln and Lorena (née Cole); first wife Wilma; brothers-in-law David Milley and Bob Milley and sisters-in-law Renata Milley and Anne Milley.

From Jim's first marriage, Jim is survived by children Laura (David), Daniel, Bill, Dave (Kelly); grandchildren Emily (Ben), Calvin (Natalie), Ella and Kayley; great-grandchildren Malcolm and Charlotte. He is also survived by brothers-in-law Fred Milley (Dorothy) and Ken Milley (Judy) and many loving nieces and nephews and their families. From Jim's second marriage he is survived by his wife Dianne, her daughter Tracy, and Dianne's granddaughters Janine and Anne.

He will be dearly missed by all. Service of Remembrance and Thanksgiving, Friday December 13, 2024 at 2 p.m., Grace United Church, 140 Bruce St. S. Thornbury. In lieu of flowers, Jim's family request you make a donation to the charity of your choice.

#### **ROBERT EDWARD 'BOB SR.' LECLAIR**

Bob LeClair Sr. of Clarksburg passed away peacefully in his sleep on Sunday, November 10, 2024 while he was up north at Pine Needle Hunt Camp with his family doing what he loved at the age of 93. Born in Toronto on July 28, 1931, a son of the late Gladys Graham and Felix T. LeClair. Bob was predeceased by his beloved wife, Grace Lillian LeClair (nee Manger) on March 22, 2023.

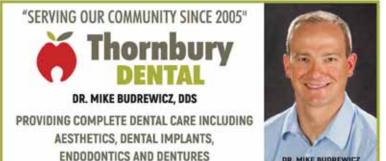


He was the proud father of Robert LeClair Jr. (Susan Rawn), Grace LeClair Jr., Debra LeClair, George LeClair (Patricia Calder), and Darlene Oliver. Bob will be missed by 17 grandchildren, 31 great grandchildren and 8 great great grandchildren. He was predeceased by 2 grandsons, Jason LeClair and Benjamin Oliver, and granddaughter 'Baby Lanktree'. Bob is survived by his brothers George LeClair and Gordon LeClair, and his sister Christine LeClair. He was predeceased by his brothers Raymond E. LeClair and Felix LeClair.

Bob was a machinist by trade, and was well respected as the family mechanic and welder. He enjoyed hunting with family and friends and researching ancestry roots. Bob was a Volunteer Fire Fighter with Clarksburg, a Lifetime member of the Thornbury Beaver Valley Lions Club, member of the Great Lakes Metis and the Mud Town Metis, and a member of the Blue Ridge Sportsman Club.

Cremation has taken place and a service celebrating Bob Sr. took place at the Ferguson Funeral Home in Meaford on Saturday November 30, 2024.

As your expression of sympathy, donations to the Alzheimer Society or a charity of your choice would be appreciated and may be made through the Ferguson Funeral Home, 48 Boucher St. E., Meaford, ON N4L 1B9 to whom arrangements have been entrusted. www.fergusonfuneralhomes.ca



DR. MIKE BUDREWICZ

519-599-9962 - 115 KING ST. E., THORNBURY - THORNBURYDENTAL CA

On October 30, 2024, we Beaver Valley Outreach celebrated the retirement of Jean-Marc Page from his volunteering duties at BVO.

Jean-Marc has been an integral part of our organization, dedicating countless hours to coordinating the Bottles for BVO program.

His tireless efforts

and unwavering commitment have left a lasting impact on both BVO and the community we serve. Jean-Marc truly embodies the spirit of community service and is a cherished BVO champion.

We extend our heartfelt gratitude for his remarkable contributions and wish him joy, fulfillment, and good health as he embarks on this next chapter of his life.

For any inquiries about the Bottles for BVO program, please contact Janice at volunteer@bvo.ca

#### **Benefits Of Reading** by Alice Otrysko

Someone just stated to me that they are bored! If you are bored, read a book!

I'm the kind of person that has to have a book on the go all the time. There is always a book on my night stand as I like to read in bed, most usually very early in the morning when I wake up and can't go back to sleep. Reading does help you get back to sleep. I also have a nonfiction book in the living room which I like to read to learn something new. Presently that book is "No Greater Ally" by Kenneth K. Koskodan and my "for pleasure" book is "Suspects" by Lesley Pearse.

Reading can improve your mental health. If you are reading for enjoyment, then you are distracted and your stress level is reduced. Once you are "lost" in the book, you forget about your problems for a while. (There are also books on overcoming stress if you need further help).

Reading can help lower you blood pressure and your heart rate. It can also help prevent cognitive decline and depression.



One thing I have found is by reading my vocabulary has increased. If you read, you will be able to communicate better verbally as well as in written form. You develop a deeper form of communication if you read and you can connect with others as well at a higher level.

In school, books are used for learning but the school library also holds books for entertainment. Instead of boredom, a book can stimulate and increase your desire to do things or to be with others. I'm not a "book club" kind of reader but many people love to share their book experience with others on a regular basis. It's a good thing.

I try to keep a small library of books on my shelf but there really isn't much room so I either give books away or donate them to the hospital or charity shops.

The library is one of my favourite places to spend time. Our library in Thornbury is lovely and has a good selection as well as magazines you can peruse and not have to buy. It's a wonderful place to visit if you can. Joining the library is a simple process and provides you with access to not only books but events, art displays and internet. There is something very comforting in spending time in a library.

I encourage everyone to read a book now. If you wish to know which book, ask a friend who reads, ask the librarian or ask a book store owner for recommendations. Choose a book with content that will interest you and if you don't like the book, get another one.

After a summer of exhibiting at local fairs, Charlotte Woodhouse's 4H season finished off with qualifying to show at the Royal Winter Fair with her calf "Ritzy". Only 8 4H dairy members from Grey County are selected to compete at the Canadian 4H TD Classic held in Toronto.

4H members across Canada compete in this prestigious show. Charlotte

placed 12th out of over 140 competitors in the intermediate show manship class and finished top ten out of over 50 in the conformation class.

Charlotte was also awarded the Justin Parish memorial bursary which is presented to a member showing at the TD classic for the first time who shows enthusiasm and dedication for the industry.

Charlotte would like to thank her sponsors Cobble Beach, and Carol Bond for their generous donation which made it possible to exhibit at this high-level show.



#### A Year of Gratitude: Another busy year for Tree Trust TBM



This was an exciting year for Tree Trust TBM in so many ways and we have so many community members to thank. Some of the key 2024 accomplishments were:

• Two free Tree Talks were held to provide expert treecare education and advice to interested community members. Thank you to our speakers, Tobias Effinger, Braedon Witt and Barbara Zimmerman.

• Tree Inventory training continued over the summer, providing new volunteers with valuable hands-on experience in conducting tree inventories, assessing tree health and applying measurement techniques.

Thank you to all of the volunteers who participated in this program.

- A new, more suitable, sheltered site for the Native Tree Nursery was prepared. We hope to have all of the existing nursery trees as well as additional saplings planted this spring. Thank you Gerbe for helping us to prepare the new site.
- More trees were planted on the Georgian Trail, with support from a donation by the Georgian Trail Cyle and Ski Trail Association.
- More trees were planted at Nipissing Ridge Park, supported by a grant from the TD Friends of the Environment Foundation.
- A very special 100-year-old Sycamore near the Clendenan Dam received professional conservation care performed by Arboreal Tree Care.

None of this great work would have been possible without our growing group of donors and network of volunteers. Maybe you participated in one of these community events or projects. If you did – THANK YOU for participating and contributing to preserving and expanding our tree canopy! Your participation made a real difference. Trust would like to extend a special shout-out to volunteers who made summer-long commitments to water recently planted trees. Thank you Don, James, Denise, Sharon and Sarah! And thank you to TBM staff for all your support.

This year Tree Trust TBM was fortunate to have a part-time staff person, on loan from Tree Trust Headquarters in Elora, with some additional support thanks to a grant from the TBM Environmental Sustainability Fund. Some of you may have met Braedon Witt in 2023 when he was a student intern helping TBM launch a Tree Inventory program. This year, with his Masters of Urban Forest Conservation completed, Braedon joined Tree Trust and worked part-time here in TBM. He was able to support the continuation of ongoing projects while also helping to launch several new projects for Tree Trust TBM. Thank you Braedon for your many important contributions!

We would also like to thank Arboreal Tree Care. Their dedicated arborists donate time to monitor all of the Tree Trust park plantings (Delphi Point Park, Hillcrest Park, Heritage Park, Nipissing Ridge Park and 10th Line and High Bluff Lane). They report that all of these plantings are doing well thanks to the ongoing efforts of Tree Trust volunteers.

Finally, we would like to acknowledge other volunteer organizations in our Town that are doing critically important work to expand our tree canopy and support our local ecosystems. Pollinate TBM planted trees and a beautiful pollinator garden at the Beaver Valley Community School. Jaden, Richard and a dedicated group of CANN tree-planters started a mini forest at the corner of Alice Street West and Beaver Street South. We are all part of a strong and growing movement addressing our tree canopy in TBM!

Tree Trust TBM has already started planning for 2025, when we will be celebrating our fifth year! If you would like to support our ongoing efforts by volunteering, please contact tbm@treetrust.ca.

Donations are also vital to continuing our tree-care and tree-planting projects in TBM. To make a donation, go to www.treetrust.ca



## Merry Christmas

The past year has had its long lonely hours but thanks to the love and support of family and friends it has been a good year. Each family member has faced challenges. Kay's Calgary house was severely damaged by hail (4th time) and Keith suffered a shoulder injury and surgery.

I was privileged to have Cole work with me at the Horticultural Conference in Niagara Falls. Athena and Hunter now live with Keith and Carol. It is a busy household in Clarksburg. Nelson is practicing his culinary skills and Kahl is in school. Anna, Caleb, Ryker and Kayne have a busy life and live at the foot of the mountain. Ila has a nice apartment in Owen Sound and Cole has a nice place in Meaford.

Carol has been my main stay in the store and I appreciate her making my lunch each day.

The highlight of my wonderful trip west was the first Big hug from 5 year old Emma. A real treat to spend 2 weeks with Kay, Tara, Lucas, Emma, Stephanie and Serenity, visiting old friends and the chapel we helped build in Vernon, B.C. (it has been added to four times)

Our hand pruners from Japan have been our biggest success of all in the store.

Some of you have been puzzled why Patricia and I drove all the way to the Temple in Salt Lake City, Utah to be married in 1968. Well, it was the closest temple where we could be married and sealed for time and all eternity as we only had about 17 temples in the world. Now, we have 200 dedicated.

Please accept this as your personal invitation from me to visit the Toronto Temple Open House at 10060 Bramalea Rd. Brampton, February 13th to March 8th, 2025 (excluding Sundays). After the dedication on March 23rd it will only be open to qualified Members of



the Church of Jesus Christ of Latter Day Saints. Come and feel of the warmth and spirit of the Sacred House of the Lord.



Thanks again for your kindness and support. Respectfully, James



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## AS 2024 DRAWS TO A CLOSE, CONSIDER THESE YEAR-END TAX TIPS.

When it comes to **Investment Expenses**, while TFSA fees aren't tax-deductible, consider paying them from your non-registered account to preserve TFSA contribution room. Investment expenses for non-registered accounts may be tax-deductible, potentially lowering your taxable income.

**Maximize Registered Account Contributions** by contributing to your Registered Disability Savings Plan (RDSP) before December 31, 2024, to take advantage of potential grants and bonds. For First Home Savings Accounts (FHSAs) and Registered Education Savings Plans (RESPs), ensure contributions are made by yearend to benefit from government matching in the current year.

**Open an FHSA,** even if you're not ready to contribute, as opening an account before year-end allows you to start accruing contribution room for future years.

Consider **Tax-Loss Harvesting** by selling investments that have declined in value to realize capital losses, which can offset capital gains and reduce your tax liability.

Make **Charitable Donations** by December 31 to claim the tax credit on your 2024 return, remembering that donations over \$200 qualify for a higher federal tax credit rate.

If you're planning to use the **Home Buyers' Plan**, consider delaying withdrawals until after year-end to give yourself more time for repayment.

For **Child Care Expenses**, if applicable, consider paying your adult child for qualifying child care services they provided for your minor children that allowed you to earn employment or business income.

**Review Income and Expenses**, especially if you're self-employed or commission based. Consider deferring income or accelerating expenses based on your expected tax bracket for this year and next.

Please give me a call for personalized advice on your finances and the tips above. Taking action now can help you start the new year on solid financial footing and potentially reduce your tax burden.

Fraser Willson, CFP, CIM | Senior Wealth Advisor | CIBC Wood Gundy | Collingwood | <u>Fraser.Willson@cibc.com</u> | (647) 588-4344

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## **Brian Saunderson Acclaimed**

The Ontario PC Party announced that Brian Saunderson has been acclaimed as the party's candidate for Simcoe-Grey in the next provincial general election.

## **Seniors Community Grant Program**

Applications are now being accepted for the 2025-26 Ontario Seniors Community Grant Program which supports local community groups and not-for-profit organizations to deliver programs and learning opportunities for Ontarians aged 55+.

Every year, the Ontario government provides hundreds of Seniors Community Grants ranging from \$1,000 to \$25,000 for projects that help older adults live independently, ensure their safety and security, connect them to their community, and help them achieve greater financial security and social connections.

The 2025-26 Seniors Community Grants Program will focus on the following three key priority areas:

- Providing opportunities for older adults to stay active and connected in their communities, such as weekly physical activities and social engagements.
- Developing technology and digital solutions to support seniors' social engagement and access to programs and services.
- Increasing access to information and supports for health prevention and promotion.

Organizations can apply online through Transfer Payment Ontario until January 16, 2025.

#### Don't Leave Your Legacy to Chance

Estate planning is crucial to ensure that your assets are distributed according to your wishes after your passing. The primary objectives are to preserve and enhance the value of your estate, minimize tax obligations, avoid delays, and ensure your assets reach your intended beneficiaries—all while maintaining family harmony.

Without a well-structured estate plan, your assets may not be allocated as you desire, leading to costly disputes, delays, and conflicts among family members. Inadequate tax planning can result in a significant portion of your estate going to the CRA instead of benefiting your loved ones. In some cases, properties you intended to keep in the family might need to be sold to cover tax liabilities. Additionally, if you become incapacitated, important decisions regarding your healthcare and property may be made without considering your preferences.

Effective record-keeping is also essential. Without organized records, your executor may spend an inordinate amount of time locating important documents, which could result in missed assets, costly delays, family disputes, and late filing penalties. Having organized and accessible records reduces stress, saves time, and ensures that your estate is settled efficiently per your wishes. Take control of your legacy today by planning and organizing your records. This proactive approach will provide peace of mind for you and your loved ones when it matters most.

Feel free to call me at (226) 665-0764 to create your personalized estate plan or email me at Elliot.Sinukoff@ig.ca to receive my Retirement & Estate Planning newsletter.

Elliot Sinukoff, B.A., B. Comm, PRP, CEPA Senior Financial Consultant, IG Wealth Management Investors Group Securities Inc.

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# My team and I can help you with:

CONGRATULATORY CERTIFICATES

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ASSISTANCE WITH PROVINCIAL PROGRAMS: ODSP, OW, WSIB, OSAP and more

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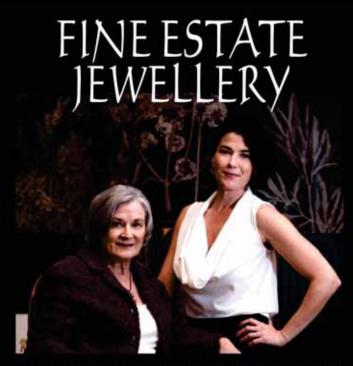
**Connect With Me:** ☑ Brian.Saunderson@pc.ola.org ⊕ www.briansaundersonmpp.ca Stayner ON LOM 1S0 (705) 428-2134

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Together, let's make every day, a better day, in Simcoe-Grey!



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#### Notice of Public Information Centre Bay Street East Reconstruction

Date of this Notice: November 26, 2024



The Town of The Blue Mountains is holding a virtual Public Information Centre to provide an update on the Bay Street East Reconstruction project. The project includes the installation of a new outfall pipe on Grey Street from the Thornbury Wastewater Treatment Plant (TWWTP) to Georgian Bay, as well as a secondary sanitary forcemain from the Mill Street Pumping Station to the TWWTP to service growth in the west portion of the municipality. The Town's Asset Management Plan also indicates that the watermain on Bay Street is in poor to very poor condition, and sanitary sewer flow monitoring has identified a significant amount of inflow and infiltration in the area. Considering the extent of work required, the Town is proceeding with a full road reconstruction to ensure that the underground and aboveground infrastructure is updated and adequate for the next 50-75 years.

Council has approved the route for the forcemain to follow Bay Street East from Mill Street to Grey Street, and then proceed south on Grey Street to the TWWTP. Council has directed staff to complete the preliminary design of Bay Street utilizing a one-way street cross section with an alignment which minimizes the impact to the existing streetscape, while not compromising safety or the needed infrastructure. Staff have also been directed to incorporate bike-safe stormwater grates/basins within the asphalt and/or semi-mountable curb, and to exclude sidewalks, multi-use trail, and drainage ditches. Grey Street will be restored to the Town's standard local urban 20m right-of-way with no parking permitted. This road cross-section includes 7.5 metre asphalt width and 2.7 metre multi-use trail.

#### How Do I Get More Information?

A dedicated project web page is available on the Town's website at: www.thebluemountains.ca/BayStreetEast

#### **Contact Information**

If you have any questions regarding the project, please contact one of the people listed below.

#### WT Infrastructure Solutions Inc.

Jamie Witherspoon, P.Eng. Consulting Engineer 1-833-984-6372 ext. 101 jamie.witherspoon@wtinfrastructure.ca 17-370 Stone Road West, Box 25002, Guelph, ON N1G 4T4

#### **Town of The Blue Mountains**

Mike Humphries, C.E.T. Senior Infrastructure Capital Project Coordinator (519) 599-3131 ext. 277 sricpc@thebluemountains.ca 32 Mill Street, P.O. Box 310, Thornbury, ON NOH 2P0

#### Project Timeline

**Design and Engineering:** Completed Q2 2025 (est.) **Construction:** Beginning Q2 2025 (est.) **Completion:** Q4 2026 (est.)

#### **Public Consultation**

A virtual Public Information Centre (PIC) is being held to present the 60% design. All those interested in the project are invited to attend. The PIC will include a presentation from the Consulting Engineer, followed by a question and answer session.

#### Date: Tuesday, December 17, 2024 Time: 5:00 p.m. to 7:00 p.m. Platform: Microsoft Teams

Registration for the PIC is mandatory to receive a the meeting link. Please visit the project web page to register for the meeting.

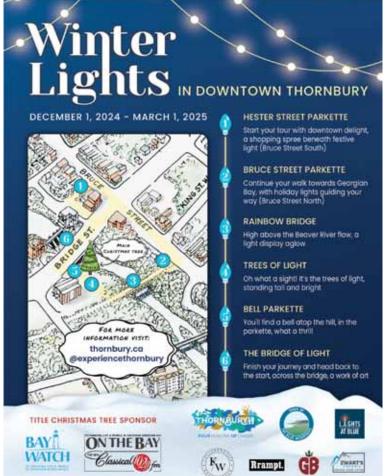
Under the authority of the *Municipal Act, 2001* and in accordance with Ontario's *Municipal Freedom of Information and Protection of Privacy Act* (MFIPPA), The Corporation of The Blue Mountains wishes to inform the public that all information including opinions, presentations, reports and documentation provided for or at a Public Meeting, Public Consultation, or other Public Process are considered part of the public record. This information may be posted on the Town's website and/or made available to the public upon request.

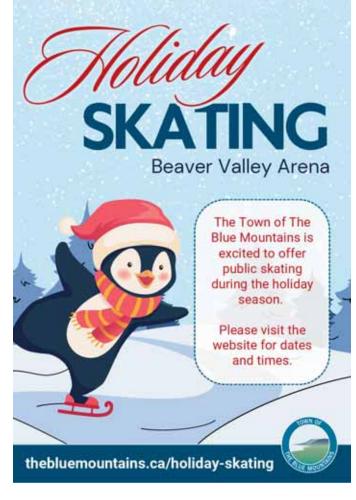


## **TOWN NEWS & NOTICES**

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## **Overnight Winter Parking Restrictions**

Overnight parking is prohibited on all Town streets from 2:00 a.m. to 7:00 a.m. These restrictions are in effect between November 1, 2024, to April 1, 2025.



## 3rd Annual Kindness Gala

Clarksburg Rotary Club is thrilled to share the success of its 3rd Annual Kindness Gala, which took place on Saturday November 9th, at The Georgian Peaks Club. We are excited to announce that the event, along with directed donations, raised over \$17,000! The funds raised will be directed towards the Moreau Park ... "Kindness at Play" redevelopment project. The evening was filled with fun, laughter and many examples of kindness throughout our community. A heartfelt thank you is extended to the numerous sponsors, supporters, and attendees who generously played a pivotal role in making the event a tremendous success. www.tcrotary.ca





## Thank you to all of our sponsors and supporters!

**Emcee** Tyler Boyle

Flowers By Bradford Greenhouses

**Coat Check Volunteers** Fede Rainero (Exchange Ava Kearns Olivia Eagles

**Friends in Kindness** Steve & Helene Schofield Bob & Cathy Welling

#### **Kindness Gala Supporters**

Conway Family George Matamoros Gerry & Diana McGregor John Meadows Karen Willison Lisa Yaromich Masaba Mike Foy Richard Bowden Rick & Roberta Offord Rob Robson & Jill Kitchen Schenk Physio Tigs **Music** Switchbeat

#### Prize Sponsors

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### 2024 Kindness Award Winner

We are thrilled to introduce you to the 2024 Kindness Award winner. You may not know her name, but on your travels around Thornbury you most certainly know who she is. The women who in all kinds of weather, rides her scooter with a beaming smile of her face, always on a mission to her next act of Kindness.

Kindness is a type of behavior marked by acts of generosity, consideration, caring, friendly, rendering assistance, or concern for others, without expecting praise or reward in return.

Joan Gaudet is that woman, and our 4<sup>th</sup> Annual Thornbury Clarksburg Rotary Kindness Award Winner. You now know her name! (*Photo Rotarian Lib Kennedy* (*right*) presenting award to Joan.)

18 years ago Joan arrived in Thornbury from Milton, where as a 10 year old she started her giving spirit by volunteering in Midland at the YMCA and later by driving for the Red Cross. Now in her 90<sup>th</sup> year the list of organizations Joan has lent her hand in helping is long. Her primary motivator is not recognition but daily opportunities to mingle and connect with fellow humans. She has offered her time and support to many local organizations in the past year: Music in the Park, Living with Parkinsons, Events for Life, Church events, Legion, Lions Club, Tree Trust, Library and the Marsh Street Centre to name a few. And on the side she collects eyeglasses to recycle.

At the Beaver Valley Outreach where Joan has volunteered for over a decade, she is known for her smile and welcoming spirit. While supporting their busy operation, she makes people feel at ease, chatting with the many clients who enter the door. She is a storyteller and loves to put a smile on people's face. It is here where she also learns of the personal needs of those in the community.

In order to be kind, you have to have an intrinsic love of the human spirit and the stories behind the people you meet. The difference with Joan is that she opens her heart to people she doesn't know. She sees a need and takes it upon herself to offer support in the most personal ways. When she learns that different people needed a place to stay, she opens her home for them. She has done this on numerous occasions. When people are sick she volunteers to care for their pets. She cooks and delivers meals. She has a list of those she calls each day to make sure they are OK. If you own a dog in this Town you know Joan, she will most likely have offered a dog treat. She loves animals and has helped with fundraising to support a local horse refuge centre.

Joan lives a long life of generosity, consideration and care for others, and seeks and renders assistance to those in need. **Help the Thornbury-Clarksburg Rotary Club in congratulating Joan for her MANY acts of kindness!** 

# Hello again, Town of The Blue Mountains, it's your friends at Events for Life!

We are back to tell you more about the Youth Climate Action Fund, from the Town of Blue Mountains and Grey County. Can you believe it is already the end of November?! We sure can't. Our time learning about Climate Action and our environmental impact have been flying by!

November has been recycling and compost month at EFL. We started the month looking at composting. We chose 3 different ways to compost and compared the differences between each. We tested a LOMI composter, which is an electric composter that produces beautiful fertilizer in just 1 day!

We also made a Vermicompost, which uses worms to break down organic waste and produce fertilizer and compost tea. The third composter is the BIGGEST, quite literally, we are using it at the EFL arena café...did you know that all the



EFL café cups, utensils and plates are compostable/recyclable? Now you do! This composter is an aerobic composter that uses aeration to break down organics and helps reduce greenhouse gas emissions!

In our photos you can see Samantha holding some of our fertilizer from the Lomi, the big green Aerobic composter, and an action shot of our recycling games!



There was so much learning this month! We learned what goes in the blue bin, gray bin and what is garbage. FYI, the Town of Blue Mountains accepts all types of plastic...GO ToBM!

On the Recycling front we had 2 amazing presenters from Climate Action Now Network – TBM come and show us how to recycle, the best part, they made it so FUN by turning recycling into a fun relay to test our skills. Thank you, Anna-Marie and Barry! What's next? We are looking at

sustainable living in December. We want to

know how to make the way we live more environmentally friendly. We may look at refilling, maybe thrifting, maybe even learning how to fix a thing or two. We can't WAIT to see what is in store! Also, remember way back in September when we got all those seed for a wildflower garden? Well, they are all dried and we will be putting them outside for the winter to germinate until spring. We wish our little seed good luck and look forward to planting them in the spring.

Get involved! Each month we are challenging youth to a climate action act. We send these out the first of the month via our social media accounts. There are 6, \$50 gift cards up for grabs to the lucky winners. So, if you or someone you know is between the age of 15-25 and want to help make change check out our Facebook @Events for Life OR our Instagram @eflthornbury.

As always, we would like to thank the Youth Climate Action Fund, Town of The Blue Mountains and Grey County for giving us this

amazing opportunity. We are having so much fun learning and sharing our experiences!

Next month will be our last newsletter so you don't want to miss it!! Until then, have fun composting and recycling!

Your friends at EFL.



## Holiday Card Program

The Meaford Hospital Foundation is excited to announce the launch of its first **Holiday Card Program**, which invited the community to celebrate the season while supporting the hospital. A panel of judges from Brightshores Meaford Hospital carefully reviewed



each submission and selected four outstanding pieces that will be featured in this year's holiday card collection. The selected artworks reflect the creativity and spirit of the season, embodying the essence of community and hope. Participating artists are Judy Shield with "Birch and Cardinal", Mary McTaggart with "Love on a Frosty Morning", Robert Pointer with "Winter Light" and Lyn Townsend with "Winter in Meaford".

We are excited to introduce TipTap as a new and innovative way for our community to engage with the Meaford Hospital Foundation," said Vince Rogers, Executive Director. "This platform not only simplifies the donation process but also fosters a culture of giving that strengthens our healthcare services for everyone in the region."

The **TipTap** platform aligns with the Foundation's commitment to improving patient care and investing in state-of-the-art medical equipment. Each tap brings us closer to our goal of ensuring that Meaford Hospital remains a vital resource for our community. Participating locations include the Hospital Lobby Gift Shop and Godard's Your Independent Grocer.

The Meaford Hospital Foundation is dedicated to supporting Brightshores Meaford Hospital.

Through fundraising initiatives and community engagement, the Foundation works to enhance patient care and ensure access to essential medical services. <u>mhfoundation.ca</u>







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# The Value of Working with a Health & Wellness Coach

Navigating the journey to better health and wellness can be challenging, especially with so much conflicting advice available. As a health and wellness coach, I'm here to help simplify and support this process for you, focusing on what truly matters to you.

My approach is holistic, drawing on my training in health and nutrition counseling, cognitive-behavioral therapy, and yoga

philosophy. This means we'll work together to address not only physical health but also mental, emotional, and spiritual well-being, so you can feel balanced and fulfilled in all aspects of life. The tools and techniques I share are evidence-informed, practical, and tailored to fit seamlessly into your daily routine.

Having faced burnout and anxiety myself, I understand how challenging it can be to find balance in a busy world. My coaching style is grounded in empathy and humor, aiming to make your journey not only effective but also encouraging and enjoyable.

Wellness isn't just about avoiding illness; it's about feeling energized, connected, purposeful, and resilient. If you're compelled to explore what health and wellness mean for you personally, I'd be honored to support you on this path.

Melissa Courvoisier, RHC, RHNC, MEd., B.A., RYT-200

info@mindfullynourish.com mindfullynourish.com



## MINDFULLY NOURISH Holistic Wellness Coaching

As a registered health and nutrition counselor with a background in cognitive behavioural therapy, I'm here to help you improve physical health, mental well-being, and socialemotional connectedness. Together, we'll create a personalized program to support your goals. Let's start this path to a healthier, happier you!

Melissa Courvoisier RHC, RHNC, MEd., B.A., RYT 200

> INFO@MINDFULLYNOURISH.COM MINDFULLYNOURISH.COM





I was amazed by an article in the Review a while ago about food shopping. It was well written and interesting, about a mature couple who hate food shopping and the system they created to get it done fast.

Having shopped for a family of four teenagers, then two decades for just my husband and me, I too found it a deadly drag. I was never able to turn it into a prepared list, two person team work, speed event. Food shopping had always been my job alone.

Then suddenly I was living alone

and entering into serious old age. I celebrated my 80th birthday in October. I consider myself fortunate to be alive and free standing. I'm OK with being alone. A writer has to be. And I refuse to be lonely for long. I love life and enjoy people. Well. .. most of them. So, when loneliness strikes, I combat it, get out of my home in the countryside and go into my local town, Thornbury.

For instance, this past Halloween, I began to feel lonely in the afternoon. When I lived in Toronto, over 20 years ago, I always got into my Dracula outfit, made the entrance to our house spooky and handed out candy to a parade of kids. Now, no kids come up the long driveway to our house. I would have a dull, lonely Halloween. To heck with that! I got out my pink wig of Klondike dancehall girl curls and ringlets, donned it with my jeans and corduroy jacket, then headed into town to do my food shopping.

What a lark I had! You always encounter people you know in the supermarket. Those I don't know, I could get a smile out of. Though some seemed to wonder if I were someone who wore that wig all the time. Cori, the charming florist laughed out loud, hugged me and took my picture. Then there was the intriguing cashier whose hair has playful pink and blue streaks all the time. Sometimes, she has a demeanour that could say, "Don't mess with me." Today, she had a wig that excelled mine. And tiny stars on her face with delightful makeup. As I started to unload my cart at her station, I said to her, "You win! Best outfit by far."

She broke into a big smile. I felt I had discovered a friend.

I also dropped in at the bank where Holly always dresses for an occasion. Her cohorts were also in costume. "Holly, you look terrible," I said. "Worst hair, ever!"

She laughed and smiled with satisfaction. "I know."

After a bit more fun at the cheese shop, card shop, my hair salon and bookstore, I drove home to take my itchy wig off and have a happy Halloween with my dog.



"Fall Classic Tournament" of the Georgian Shores Minor Hockey Association. was held Nov. 8-10. The tournament had 24 teams across three age groups (U11, U13, U15) and ran from Friday at 11am to Sunday at 5pm in both Thornbury and Meaford Arenas. Above Clearview won against South Bruce 7 - 2 in the U15 category Photo by Robert Burcher

## The Master Gardener's Corner

Things to do in your garden each month taken from the Ontario Master Gardener Calendar by John Hethrington, Master Gardener, Emeritus, Past President, Master Gardeners of Ontario. For more information, or your copy of the 11" x 17" calendar of the full year's tips for a \$2 contribution to Master Gardeners, call 519-599-5846.

#### December 2024:

- After the wonderfully mild "Late Summer" days in November, here are a few things you still can do in your garden this December. As you know, there is no end to garden chores.
- Cut down tall perennials and ornamental grasses bent over by high winds & snow, but leave a few with seeds for the birds and pollinators.
- Loosely wrap evergreens and especially rhododendrons with burlap. It is better to use 3 tomato stakes and make a triangle of burlap, as high as the plant and 6" to 8" away from it. This will break the drying wind and shield it from the winter sun.
- Protect young trees and shrubs from rodents with spiral plastic wraps or chicken wire. I know wraps look ugly, but the white reflects the sun to minimize sun scalding.
- If not done already, hill up the soil and/or place compost around your hybrid tea roses and other tender plants and shrubs.
- I place loose straw over my potentially tender Phenomenal and Czech lavender to create an igloo of protection.
- Bring in, drain and store all hoses and water related equipment. Blow out in-ground garden water lines before they freeze. Maybe call a plumber.
- Wash all your garden tools. Wipe the metal parts with a cloth soaked in 3-in-1oil. If you really want to be fancy, wipe wooden handles with boiled linseed oil.
- Make sure you have stocked up on firewood for your fire place this winter.
- Inside, check to see that your house humidifier is maintaining the humidity at over 40% to benefit both house plants and your family.
- Put lots of garden tools and garden books on your Christmas gift list.
- · Start making to-do lists for your garden for next year. It never ends!
- Order seed catalogues and start dreaming about SPRING 2024! Merry Christmas from your South Georgian Bay Master Gardener, Emeritus!

#### I'm Looking Into My Past, and I Need Help

Hi, I'm John Webster Hethrington who provides the above Master Gardener Tips each month. I'm 88 now, but spent the WW2 years on my grandfather's farm on the 10th Line, just south of Grey Rd 40 while my father served in an Army Hospital in England. My mother, Edith Webster Hethrington, talked me and my sisters, Anne and Ruth, onto the high school bus that pasted our farm and served the Thornbury elementary/high school. It was where the Community Centre is now.

First of all, I'm looking for what happened to the Kaake Brothers who lived on Clark Sreet. 2 doors east of the bank on the corner in Clarksburg. They farmed our 62 acres for us and allowed me to help them in the fields and barn.

Also, there were 2 young ladies in grade one at the Thornbury Public School. Marjory Penrose, who I kissed in the coatroom behind the blackboard, - the scandal of the Valley!

Plus, Maria Harbottle, who I had a crush on. We were forced to walk home when we missed the bus. We had gone down to the harbour and back to see a Navy ship. My mother was very, very mad because she was wasting precious gasoline coupons driving around looking for us. When she found us on the 10th, well south of Clarksburg, she then had to drive Maria to her home way down the valley. I was in the dog house for a month.

While it's over 80 years ago, I'd I ike to find out what happened to these interesting people.

Call 519-599-5846.

## **Rotary Dinner of the Month Draw Back**

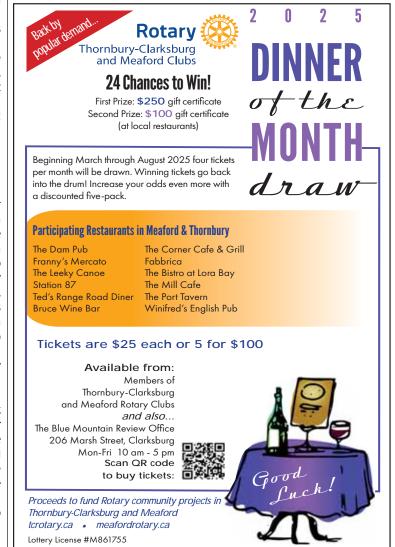
The Rotary Clubs of Thornbury-Clarksburg and Meaford have teamed up once again to offer the **Dinner of the Month Draw**! Tickets are only \$25 or 5 for \$100, and offer the buyer 24 chances to win a \$250 or \$100 gift card to many of the area's restaurants. "Last year's draw was very successful, with 24 local residents able to enjoy a fabulous dinner out (see below), and of course the funds raised go back into helping the community," said Dean Rutty, Committee Chair for the Draw.

Ticket sales are open now, in time to make great gifts or stocking stuffers for Christmas. They can be purchased by scanning the QR code in the ad below or at the Review office, 206 Marsh St, Clarksburg. "Only 900 tickets are available, so best to act quickly as we expect to sell out," said Dean. There will be two draws per month, one at each Rotary club, beginning in March 2025 and running through August. Draw dates, times and winners can be found at tcrotary.ca or meafordrotary.ca.

Proceeds from the draw will help the Rotary clubs to continue to provide support for many community projects in Thornbury-Clarksburg and Meaford, such as Hope Haven and Events for Life, Beaver Valley Community School, Meaford Rotary Thrift Shop and Meaford Rotary House to name just a few.

#### Draw winners 2024:

March: Kevin Knight, Paul Wherle, Greg Ayrheart, Robert Taylor April: Rob Uhrig, Neil Campbell, Jean McCauley, Keri Saley May: Rob Uhrig, Dave Storey, Wally Mackenzie, Helene Scofield June: Barb Weedon, Melanie Johns, Al Livingstone, Heike Reck July: George Smith, Lynne Lundberg, Amanda Ruthven, Pat James August: Patti Norris-O'Shea, Jackie Stewart, Sharon Thornton, Betty Slade







## **Guiding Enrollment Night**

Wednesday November 13th was our enrollment night. The girls chose a "campfire theme" and decorated accordingly. The actual ceremony was the "building" of the campfire. Girls from last year started by laying rocks in a circle while repeating the 7 Guide Laws.

New girls added "tinder". Each girl brought things from previous experiences in Embers or life experiences so far, each eager to discover & share activities in Guides. They added pine cones in the circle center. To make sure the fire was kindled, returning girls added "kindling" or sticks, while telling us what they bring such as friends, crafts, fun, achievement, etc. from Guides.

Marianne added the "flame" of enthusiasm & desire, while both leaders then added the fuel logs to keep it going. We finished the campfire with each girl adding their tea "light" to remind us of our Guide Promise and went into the enrollment ceremony.

This year we enrolled three new Guides and 1 Pathfinder into our unit as seen in the picture. Left to right are: Molly Downey, Pathfinder Avery Hanes, Skylar Hanson & Lilah Clancy. Girl Guides is always eager to welcome new members. If interested please call Shirley at 519 599 3968.



The 1st Thornbury Spark/Ember Unit enrolled 2 new Sparks, 8 new Embers and 2 Embers renewed their promise for the 2nd year.

The members of the unit as follows:

Standing Left to right: Namoi Curry, Eve Marchand, Aubrey Kruizenga, Olivia Goodison, Indigo Fife, Laelynn Bowcott

Sitting Left to right: Hollis Caswell, Lennon Caswell, Liliian Bedford, Kaylee Semple, Isabelle Marchand, Skylynn Newmann

Thank you to our leaders: Brown Owl - Wenona Hammond, Grey Owl - Barb Loucks, Shiny Owl - Beverly Phillips, Rainbow Owl - Linda Lomax, and Pink Owl - Valerie Crowe



The Beaver Valley Branch of the Royal Canadian Legion would like to thank all members of the community who attended Remembrance Ceremonies in November. The main service at the Thornbury Cenotaph was especially well attended on a cool, damp day. Special thanks to all our wreath layers who represented many local organisations and whose participation was most welcome.

We would also like to thank all members of the community, whether individuals, clubs, businesses or other organisations who contributed to the poppy fundraising campaign. Our Branch raised over \$20,000 which will be used for the support of veterans and their families in the local area and further afield within Ontario. This has been quite an achievement for a small branch like ours and would not have been possible without the generosity of our donors.

Thank you.







DAVE RANDALL & FRIENDS CONCERT Sunday December 8th, 2.30pm St. Paul's Presbyterian Church 165 Russell Street E., Thornbury Community CarolFest Grace United Church, Thornbury December 8th at 3 PM With performances by the choirs of Grace United Church. St. George's Anglican Church and invited guests! All proceeds go to the BEAVER VALLEY OUTREACH (BVO) No set admission price Donations to BVO will be gratefully accepted Thornbury, Ontario Grace United Church Bold. Nurturing. Liberal. Christian.

Elements – Earth, Water, Sky Exhibit during December at the L.E. Shore Library In this duo exhibition, photographers Kathleen Heithorn-Althoff and Karin Modotto present nature's elements of earth, water and sky in a series of larger, fine art photographic works.



# Image: With the serve to t

**Donations Welcome** 

# **OLDE FASHIONED CHRISTMAS**

## Downtown Thornbury \* Saturday, December 14, 2024

10 A.M. - 12 P.M. L.E. SHORE LIBRARY

3 - 6 P.M. Outside town hall

5:30 P.M. Outside town hall

STARTING AT 5 P.M. BRUCE ST N & S A VERY VINTAGE CHRISTMAS - FESTIVE CRAFTS

NEW! OLDE FASHIONED CHRISTMAS BLOCK PARTY -THORNBURY BIA COMMUNITY MARKET, MUSIC, MEET THE SNOW QUEEN, HOT CHOCOLATE & MORE!

ANNUAL TREE LIGHTING SPONSORED BY CLASSICAL 102.9 FM, ON THE BAY MAGAZINE & BAY WATCH

VISIT WITH SANTA, HOLIDAY SHOPPING, NEW! TOP SHOT HOCKEY GAMES, CIRCUS PERFORMERS, TBM FIRE DEPARTMENT DEMO, FIRE PITS & ROASTED CHESTNUTS, CAROLLERS, HORSE-DRAWN WAGON RIDES & MORE!

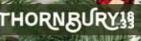
7 - 7:45 P.M. BRUCE ST S

MUST-SEE

GROOVE DANCE PARTY WITH TYLER BOYLE

WINTER LIGHTS IN THORNBURY

@EXPERIENCETHORNBURY Thornbury.ca SPONSORED BY GEORGIAN BAY APPLEKINGS SENIOR AA HOCKEY, KW COLLABORATIVE REAL ESTATE, RRAMPT & ZWART'S TOPSOIL & LANDSCAPE SUPPLIES







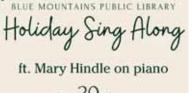
## WEDNESDAY **DECEMBER 18TH DOORS OPEN 6:30PM** L.E. SHORE LIBRARY

IGLEINH STATION

PREMIERE

173 BRUCE ST S. THORNBURY







## ELEBRATE CHRISTMAS AT ST. GEORGE'S!

## Christmas Eve Services

December 24th 5:00 p.m. Children's Pajama Mass Wear your Christmas Pajamas! With Cookies and Treats 7:00 p.m. Request-a-Carol Christmas Communion with Cookies and Treats 9:00 p.m. Traditional Candlelight Holy Eucharist with St. George's Choir and Cookies and Treats

## hristmas E

December 25th 9:00 a.m. Holy Communion Celebrating the Holy Nativity 166 Russell St. E., Clarksburg rishoftheblue 519-599-3047

## St. James' Fairmount Anglican Church 196759 Grey Rd 7., corner of Grey Rd 7 & Grey Rd 40



1st & 3rd Sunday 9am Holy Eucharist BCP 2nd & 4th Sunday 9am Morning Prayer BCP 5th Sunday 4pm **Evensong BCP** December 24 Christmas Eve 7-9pm December 29 **Morning Prayer 9am** 

Rector Jeff Kischak, 519-770-7979 www.stjamesfairmount.ca

'BECAUSE OF BETHLEHEM – LOVE IS BORN. COME JOIN US AT HOPE IS HERE" ST PAUL'S PRESBYTERIAN CHURCH FOR A LOVING CHRISTMAS FAMILY 165 RUSSELL STREET, THORNBURY

WORSHIP SERVICE @ 10:30AM SUNDAY DEC. 8 - WORSHIP WORKS WONDERS SUNDAY DEC. 8 SPECIAL CHRISTMAS MUSIC CONCERT WITH DAVE RANDALL AND ERIENDS @ 2:30PM

SUNDAY DEC. 15 - GOD GUIDES THE WISE SUNDAY DEC. 22 - EVERY HEART A MANGER TUESDAY DEC. 24 CHRISTMAS EVE SERVICE

5:30PM 0





"Light and Life From the Manger" Advent & Christmas at Grace United Church

\* Advent Service each week at 10:30am

- \* Carolfest Dec. 8 at 3pm
- \* Christmas Eve for all ages Dec. 24 at 5pm
- 140 Bruce St. Thornbury

519-599-2438, graceucworship.com, www.graceunitedthornbury.ca



Sign up today! Mileage reimbursement available.



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CONTACT

https://hcssgreybruce.com/volunteer/

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## Season's Spronkles

As glitter and baubles adorn cake and patisserie, a child excites with exclamation, "Spronkles are the best", and the parent of delight whispers, "Sprinkles, sprinkles"!

Now our gazing eyes, on watch with childlike hope, unwrap the skies of cloudy bows,

We see sprinkles of stars across the panoply of heavens, 'tis our delight to breathe,

Nature has adorned with adoration her creation of nightly sky to follow sunlit days.

The season of December's cycle flavours the spectre of expectation and hope,

Whether we embrace reindeers and elves, Eden, Mecca, Menorah or Manger,

The child that breeds peace in our soul is free to play, to share, to sing, to laugh.

Skies may shade the stars with clouds,

those scudding baskets of Weeper's tears,

They flow today upon a world,

whose domain riddles with anger and brittle angst. Let these tears of Nature wash away our cinders of

contempt, and let us gaze anew,

With childlike hope, tremble of excitement, wakefulness, dance and family,

Beyond the flight of clouds see the covenant of stars, our celestial comfort,

And as child might whisper to the heavens "A Blessed Spronkle to one and all!".

Jeremy Wentworth-Stanley jeremy@officeinthebarn.com



THORNBURY MEAFORD COLLINGWOOD

Let me advise you on buying and selling in the Georgian Triangle.