



Mission Statement (2025–2028)

England Walking Football Women

To empower and inspire women aged 40+ to achieve their full potential through walking football—focusing on elite coaching, mentorship, and skill development.

We are committed to competing at the highest international levels with integrity, fairness, and relentless dedication.

Our mission is to lead by example—on and off the pitch—showcasing what’s possible at every age.

Nicola Hegarty

Director of Women’s Football



England Walking Football
Leading the Way, Inspiring the Game, Redefining Excellence.
www.EnglandWalkingFootball.co.uk