We understand that many golf instructors get a lot of this background information from their golf students just from talking with them in casual conversation. We believe such casual conversations are very important and should always take place between an instructor and a student. However, just leaving the collection of such information to casual conversations might miss some important items that will help the golf instructor provide the most impactful and best golf instruction to the golf student In addition, we believe that if the student goes through the process of answering the questions in the Golf Training Questionnaire, the student will be better prepared for the first lesson. We hope you find this questionnaire useful, and modify it as you wish, put your name on it, and use it often.

We also hope that using this Golf Training Questionnaire, or your modified version of it, will increase your business and make people who visit your website, golf course, club, or learn that you are a golf instructor, want to select you as their golf instructor. We believe that when a golf student goes through the process of answering this questionnaire, three things happen. First, they become even more invested in the lesson or series of lessons you will be giving them, which is a good thing. Second, they will put down answers regarding how much they practice that might get them to make a pledge to practice more and work harder between lessons, which is a very good thing. And third, they will rate themselves on many important criteria and after a few lessons you should invite them to go back and rate themselves again. This might help reveal to them many areas of improvement, which is a great thing, a great motivator.

**Golf Training Questionnaire**

1. Name of Golf Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_\_\_\_\_\_ Occupation: \_\_\_\_\_\_\_\_\_\_\_\_\_
2. Number of times you play or practice golf per month: \_\_\_\_\_\_\_\_\_\_\_
3. For the past year - Average score: \_\_\_\_\_\_\_\_\_\_\_\_\_; Best Score: \_\_\_\_\_\_\_\_\_\_\_\_ Worst Score: \_\_\_\_\_\_\_\_\_
4. Number of times you exercise each week: \_\_\_\_\_\_\_\_\_\_\_
5. Type and length of Exercise:
6. Why are you taking this golf lesson (Goals) ?
7. Why do you play golf? (Or if you are just beginning to play golf, why are you planning to start playing golf?
8. What are your goals for the next month, season, year, next several years for your golf game?
9. Your favorite professional golfer(s)?
10. Please rate yourself with a 5 being excellent, 4 being good, 3 being average, 2 being below average and 1 being poor in each of the following areas:

Use an X or Checkmark in the correct column.5 4 3 2 1

Strength: 5 4 3 2 1

Flexibility: 5 4 3 2 1

Hand-Eye Coordination: 5 4 3 2 1

Physical Stamina: 5 4 3 2 1

Eyesight: 5 4 3 2 1

Touch and Feel: 5 4 3 2 1

Your Commitment to Improve: 5 4 3 2 1

Ability to devote some time to golf: 5 4 3 2 1

How well you know the rules of golf: 5 4 3 2 1

1. Describe any physical limitations:
2. Describe your golf game in general terms:
3. How many years /months have played the game:
4. Number of golf lessons you have had, when, from whom and what did you work on during the lesson, what did you learn, how satisfied or dissatisfied were you with the lesson/lessons, did you improve, what did you like or not like about the lessons,
5. Strengths in your golf game:
6. Weaknesses in your golf game:
7. Best golf instruction tip you ever received:
8. Biggest “miss” or shot(s) that either you are very bad at or types of shots that cost you the most strokes during a round:
9. The biggest source of frustration with your golf game:
10. Average driving distance:\_\_\_\_; Average Number of Greens Hit Per Round: \_\_\_; Average number of fairways you hit per round: \_\_\_\_\_; Average Number of Putts Per Round:
11. Do you get nervous when you play golf? If yes, please describe what types of shots or situations make you nervous when you play golf.
12. Do you get very angry on the golf course? If so, please describe what types of shots or situations make you very angry when you play golf.
13. Describe your personality:
14. What golf books, magazines, websites, videos have you read or viewed recently:
15. Please rate your golf abilities with a 5 being excellent, 4 being good, 3 being average, 2 being below average and 1 being poor in each of the following areas: Use an X or Checkmark in the correct column. 5 4 3 2 1

Putting: 5 4 3 2 1

Chipping: 5 4 3 2 1

Full wedge: 5 4 3 2 1

Short Irons Approaches: 5 4 3 2 1

Middle Irons: 5 4 3 2 1

Long Irons: 5 4 3 2 1

Hybrids: 5 4 3 2 1

Fairway Woods: 5 4 3 2 1

Driver: 5 4 3 2 1

Green side bunker play: 5 4 3 2 1

Long bunker play: 5 4 3 2 1

Ability to draw the ball: 5 4 3 2 1

Ability to fade the ball: 5 4 3 2 1

Ability to hit the ball straight: 5 4 3 2 1

Ability to hit ball very low: 5 4 3 2 1

Ability to hit ball very high: 5 4 3 2 1

Your grip: 5 4 3 2 1

Your stance and posture: 5 4 3 2 1

Your ball position: 5 4 3 2 1

Your on-course management: 5 4 3 2 1

Your Temperament: 5 4 3 2 1

Ability to play competitive golf: 5 4 3 2 1

Ability to play under pressure: 5 4 3 2 1

Ability to read greens: 5 4 3 2 1

Your confidence level playing golf: 5 4 3 2 1

1. What kinds of golf courses do you usually play?
2. What kind of golf clubs do you use?
3. What is your annual budget for golf?
4. How did you buy your golf clubs?
5. Have you ever been fitted for clubs? If so, where and when:
6. Describe what you believe are your biggest challenges or barriers to improving your golf game and your golf scores: Do other members of your family play golf and if so, who?
7. Is there anything else you would like the golf instructor to know about you or your golf game?

[Golf Instruction](https://www.herbrubenstein.com/archive/tag/Golf+Instruction)

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