

EXPRESS H.O.M.E. PROGRAM, INC

(Helping Others Magnify Education)



Achieving Reachable Challenges & Heights

Combined

Work Readiness * Life Skills * Career Exploration

6-Months

120 Days @ 2 Hours-240 Hours of Training

3-Months

80 Days @ 3 Hours-240 Hours of Training

12-Weeks

48 Days @ 5 Hours – 240 Hours of Training

Individual trainings are designed from services and lessons below

Building self-awareness

Who are you ?
Who do you want to be in 10-years
Goal Setting
(Education goals included)
Short term
Long term
Weaknesses
Strengths
Changes you want to make
Introduction to Community Service
Putting it all together

Life Skills

Communication and interpersonal skills. ...
Decision-making and problem-solving. ...
Needs Vs. Wants
Creative thinking and critical thinking. ...
Eating Healthy
Self-awareness & empathy, ...
Assertiveness and equanimity, or self-control.

Beyond the Classroom
Leadership Skills
Community Service
Attitudes/Respect
Family Responsibilities
Anger Management
Money management

Work Readiness (Basic)

Filing out an application
Signatures
Attitudes in the workplace
Work Safety
Money management (pay checks)
Teamwork vs Working alone
Time Management
Job Search Techniques
Job Interviews
Dressing for Success
Education & Training
Career Exploration
Career Day

Career Exploration

Assessments
Career Research
Job sampling
Job Shadowing
Speakers
Traditional vs Non-traditional
Job Fair visit or creation

Career Training

How to reach your goal
Education Required
Training Schools
On-the job training

Work Placement

Job Shadowing
Are you legal to work?
Knowing your Social Security number
Having 3 references
Interview Clothing
Job Coaching if needed

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Achieving Reachable Challenges & Heights

ARCH TRANSITION PROGRAM LOGIC MODEL

PROBLEM

Teens & Young Adults

Are out of control with no sense of self-awareness and consequences for their actions

SUB-PROBLEM

Pipeline to Prison is the easiest answer

OBJECTIVES

To Introduce participants to the program and themselves

Provide Opportunities to be accountable and leaders

Provide activities to learn work readiness tools

Provide Career Exploration

Teaching Methods to maintain employment

GOAL

To redirect negative behavior by encouraging a sense of giving while giving them the tools needed to be productive adults

ACTIVITIES

Plan, Prepare & Share

Individual Feel Good Project

Team Project

Group Projects

OUTCOME

Ice Breaker
Basic life skills
No judgement but evaluation period

Self-Awareness
finding their strengths & weaknesses
Setting Goals

Leadership Preparation,
Work Readiness Training & Career Exploration

Maintaining A Job

Participant Led
Community Service Projects

SHORT TERM

Presenting the program as an Alternative

Building community & business connections

Presenting the program in 3 pilot regions

LONG TERM

Developing life-long Partners and Funding to continue this program throughout Georgia

Marketing Concept Nationally

ARCH
Transition Program
Future



ARCH TRANSITION PROGRAM

Self-Awareness

Who are you?
Goal Setting
Strengths & Weaknesses
Actions causes Reactions (Consequences)
Exploration of needs
Life Skills, Accountability
Introduction to giving
Community Service Project
(Ticket to Move On)

Job
Search

Signatures

Filling out
applications

Attitude
in the
workplace

Work Safety

Money
Management
Teamwork

Job Interviews

Dressing for
Success

Education
&
Training

Attendance

Career
Research

Assesments

Job Sampling

Job Shadowing

Traditional
Vs
Non-Tradional

Reaching
your goals

On-the-job
-training

Are you lega
l to work

Knowing your
Social Security
Number

References

Work Readiness & Career Exploration

Putting it all together
Who's the Boss
Respect
Asking for additional Training
Asking for accomodations
Following Instructions
Appearance
Being on time
Attendance
Budgeting your paycheck

Maintaining Employment