

September 21, 2023 – In-Person and Zoom Meeting
Meeting begins at 10:00 AM. Speaker at 11:00 AM.

**Meeting Place – Oakville Public Library - Central Branch –
120 Navy St. Second Floor Auditorium**

**Plenty of Parking on Water St with Elevator to Second Floor
but we also respect those who wish to participate via Zoom**

FEATURED SPEAKER – September 21, 2023



Dr. Derek Peters, DVM – Veterinarian

This month, we welcome Dr. Derek Peters. Derek was born, raised, and schooled in Oakville. From age 5 into adulthood, he played on local hockey and soccer teams, including at the rep level. It was also here that he developed an affinity for animals along with a fascination with science and medicine.

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His career path was clear – veterinary medicine would include the best of both worlds. He obtained his undergraduate and professional veterinary qualifications in Guelph. Additionally, he is also Fear Free® certified, taking the additional time and interest to reduce or remove anxiety triggers that can cause pets to become fearful at home, during transport, and at the veterinary hospital.

Derek spent the last few years honing his craft in Vancouver, B.C., both in a small animal general practice and in an emergency centre before coming home to Oakville where he and his colleagues practise at the Southeast Oakville Veterinary clinic. His special interests include Internal Medicine (the prevention, diagnosis, and treatment of internal diseases) & building lasting connections with people and their pets.

On September 21, Derek will chat with us on a variety of pet-related matters, including the signs and symptoms of pet aging; pet sciences; pet nutrition; choosing pets wisely and understanding ownership costs.

For additional sources of information and to inform your questions, please consider amongst others:

<https://www.ovma.org/pet-owners/basic-pet-care/pet-health-101/>

<https://www.canadianveterinarians.net/public-resources/animal-owners/selecting-and-owning-a-pet/impact-on-your-family-and-the-environment/your-pet-s-health/>

THE PRESIDENT'S MESSAGE

SEPT. 2023

DEAR FELLOW PROBIANS



IN SEPTEMBER 2005 WHEN I FINISHED MY FIRST TERM AS PRESIDENT I SAID “TEMPUS FUGIT” AND I CAN’T BELIEVE I AM SAYING IT AGAIN AFTER ANOTHER TERM AS PRESIDENT, THIS TIME IT WAS FOR 2 YEARS. IS IT POSSIBLE TWO YEARS HAVE GONE BY SO QUICKLY? THE ANNUAL GENERAL MEETING WILL BE HELD ON SEPTEMBER 21ST SO THIS WILL BE MY LAST PRESIDENT’S MESSAGE. FOLLOWING THE ELECTION, YOU WILL BE HEARING FROM OUR NEW PRESIDENT NEXT MONTH.

WHAT HAVE I LEARNED FROM THE PAST 2 YEARS AS PRESIDENT:

FIRST AND FOREMOST, PROBUS IS STILL A WONDERFUL PLACE TO MEET RETIRED GUYS WITH SIMILAR INTERESTS. IT IS ALSO A GREAT PLACE TO MAKE NEW FRIENDS, SHARE EXPERIENCES AND STAY ACTIVE. THE FOUNDERS OF PROBUS CERTAINLY KNEW WHAT THEY WERE DOING WHEN THEY ORGANIZED THE FIRST CLUB.

OUR CLUB SURVIVED THE COVID SCARE, BUT WE ALSO HAD TO MAKE ADJUSTMENTS IN ORDER TO DO SO. WE DID LOSE A FEW MEMBERS DURING THAT PERIOD, BUT WE HAVE A GOOD BASE NOW FOR GOING FORWARD. I THINK I HAVE COME TO REALIZE THAT WE DON’T HAVE TO HAVE A LARGE MEMBERSHIP TO BE A GOOD CLUB. AS LONG AS WE ARE ACTIVE, CONTINUE TO HAVE GREAT SPEAKERS AND OFFER THE OCCASIONAL OUTING FOR MEMBERS ALONG WITH THEIR SIGNIFICANT OTHER, THEN WE ARE MEETING THE EXPECTATIONS OF THE MAJORITY OF THE MEMBERSHIP ALONG WITH THE CONSTITUTIONAL REQUIREMENTS OF PROBUS CANADA. REMEMBER IT IS A CLUB - NOT A FOR PROFIT CORPORATION. OUR FOCUS IS FELLOWSHIP, FRIENDSHIP AND FUN – A VERY SIMPLE, BUT EXCELLENT FORMULA.

THINGS I HAVE LEARNED FROM OTHERS:

- **“WE MUST RECOGNIZE THAT, AS WE GROW OLDER, WE BECOME LIKE OLD CARS – MORE AND MORE REPAIRS AND REPLACEMENTS ARE NECESSARY” – C.S. LEWIS**
- **“INSIDE EVERY OLDER PERSON IS A YOUNGER PERSON WONDERING WHAT THE HELL HAPPENED” – JENNIFER YANE**

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- **"OLD AGE IS LIKE BEING ON A PLANE FLYING THROUGH A STORM. ONCE YOU ARE ABOARD THERE IS NOTHING YOU CAN DO ABOUT IT" – GOLDA MEIR**
- **"THE OLDER I GET, THE MORE CLEARLY I REMEMBER THINGS THAT NEVER HAPPENED" – MARK TWAIN**
- **"YOU KNOW YOU ARE GETTING OLDER WHEN EVERYTHING HURTS, AND WHAT DOESN'T HURT DOESN'T WORK" – HY GARDNER**
- **"THERE'S ONE ADVANTAGE TO BEING 102, THERE'S NO PEER PRESSURE" – DENNIS WOLFBERG**
- **"TIME MAY BE A GREAT HEALER, BUT IT'S A LOUSY BEAUTICIAN" - ANONYMOUS**

A REVIEW OF OUR PAST YEAR:

- **WE SETTLED INTO A BETTER ROUTINE AS WE WERE NOT CHANGING VENUES EVERY OTHER MONTH – THAT WAS NOT FUN. THE CENTRAL LIBRARY HAS TURNED OUT TO BE A VERY GOOD LOCATION. SO HOPEFULLY THIS WILL BE OUR "FOREVER HOME". WE ARE PAID UP UNTIL THE END OF THIS YEAR. NOW WE JUST NEED TO GET MORE "SEATS" IN THE SEATS AT THE MEETINGS.**
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- **WE CONTINUE TO OFFER HYBRID MEETINGS, THANKS TO GERRY PIELSTICKER, WHICH ALSO ALLOWS US TO HAVE OUR GUEST SPEAKER JOIN IN FROM ANYWHERE AS WAS THE CASE WITH OUR JULY SPEAKER DR MYRIAM NAFTE. THIS PROVIDES FOR ENDLESS OPPORTUNITIES. ALSO THANKS TO GERRY FOR PUTTING THE "GREEN STICKER" IN THE MIDDLE OF THE COMPUTER SCREEN SO WE ALL KNOW WHERE TO STAND WHEN ADDRESSING THE MEMBERSHIP.**
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- **OUR MEMBERSHIP STABILIZED DURING THE YEAR, HOWEVER WE HAVE LOST A FEW MEMBERS RECENTLY DUE TO A VARIETY OF REASONS. PETER PRETTY KEEPS BEATING THE BUSHES AND THINGS ARE LOOKING BRIGHTER – KEEP UP THE GOOD WORK PETER. THIS IS AN AREA WHICH REQUIRES CONSTANT ATTENTION, BUT WE DON'T HAVE TO HIT THE "PANIC BUTTON" JUST YET. I'M SURE THE NEW PRESIDENT WILL BE PUTTING THIS HIGH ON HIS AGENDA FOR THE NEW SEASON.**
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- **WE CONTINUE TO FOSTER A CLOSE RELATIONSHIP WITH THE OLD OAKVILLE PROBUS CLUB – BUT AT ARMS - LENGTH AND THIS IS A MUTUAL ARRANGEMENT.**
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- **WE MANAGED TO HAVE A BIO OR A BIO - REBOOT AT EVERY MEETING THIS PAST YEAR AND I THINK THEY WERE WELL RECEIVED BY THOSE IN ATTENDANCE. THANKS TO ALL OF YOU WHO "WILLINGLY VOLUNTEERED" TO REDO YOUR BIO'S/ PROFILES. IT REALLY MADE A DIFFERENCE AT OUR MEETINGS.**
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- **TIM O'SHEA AND HIS TEAM PUT TOGRHER AN OUTSTANDING SELECTION OF SPEAKERS DURING THE COURSE OF THE YEAR – THE BAR HAS BEEN SET – VERY HIGH FOR THE FUTURE. THANKS TIM AND COMPANY, GREAT JOB.**
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- **RAY HENRICKSON INTRODUCED E-TRANSFERS FOR PROCESSING PAYMENTS WHICH BROUGHT US INTO THE 21ST CENTURY AND EVERYONE IS FINDING IT VERY CONVENIENT. THANKS RAY.**
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- **GERRY SUTTON STARTED UP A WIDOWERS GROUP AS A WAY OF ASSISTING EACH OTHER AT THIS STAGE OF THEIR LIVES – MANY THANKS GERRY.**

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- GERRY PIELSTICKER ALSO WORKED HIS MAGIC ON THE OUR WEBSITE AND TURNED IT INTO A VERY INFORMATIVE AND INTERESTING SITE. I AM SURE ALL THE OTHER CLUBS IN THE AREA ARE VERY ENVIOUS OF IT AND IF THEY AREN'T THEY SHOULD BE – THANKS GERRY P FOR JUST AN OUTSTANDING EFFORT ON YOUR PART.
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- WHILE WE DIDN'T HAVE THE OPPORTUNITY FOR A LOT OF ACTIVITIES THIS YEAR JAY DID WHAT HE COULD GIVEN THE CONCERNS ABOUT COVID WHICH THERE WERE AND STILL ARE ISSUES. THANKS JAY.
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- OUR EDITOR GOT EVERY ISSUE OF THE NEWSLETTER OUT ON TIME ALTHOUGH HE DID HAVE TO RATTLE MY CAGE A COUPLE OF TIMES TO GET MY MESSAGE DONE AND INTO HIM SO HE COULD MAKE THE MODIFICATIONS NECESSARY TO FIT THE FOREMAT REQUIREMENTS. THANKS PAUL.
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- ONE OF OUR UNSUNG HEROS IS THE SECRETARY WHO MANAGES TO GET THE MINUTES RECORDED FOR EACH MEETING AND SUBMITTED FOR PUBLICATION ON TIME. GREAT JOB JIM. THANK YOU.
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- AND I WOULD BE REMISE IF I DIDN'T MENTION OUR VICE PRESIDENT WHO TOOK ON DUAL ROLE, FILLING IN FOR JOHN BEALES AFTER HIS TRAGIC DEATH LAST OCTOBER. THANKS ALEX.

ON A SADDER NOTE, WE LOST SOME VERY GOOD FRIENDS DURING THE YEAR:

- JOHN BEALES
- DAVE JOHNSON
- LIONEL LATTER
- JACK TALBOT

AT EACH PASSING I AM REMINDED THAT WE ALL NEED TO MAKE A CONCERTED EFFORT TO TAKE THE TIME TO TALK TO EACH OTHER AT THE MEETINGS, ESPECIALLY WITH SOMEONE WE DON'T KNOW VERY WELL – COME EARLY – THE LIBRARY OPENS AT 9:30, MIX IT UP, GET TO KNOW EACH OTHER. THAT IS ALSO WHY I TRY AND PROMOTE GOING TO LUNCH AFTER EACH MEETING AS IT PROVIDES A VERY RELAXED ENVIRONMENT AND YOU WILL LEARN SOME INTERESTING THINGS ABOUT EACH OTHER. IT IS ALSO GREAT WHEN THE SPEAKER IS ABLE TO JOIN US AS THEY OFTEN HAVE FURTHER INSIGHTS INTO THEIR TOPIC WHICH THEY MAY NOT HAVE SHARED DURING THEIR PRESENTATION.

IN SUMMARY, IT WAS A FUN YEAR AND I WANT TO THANK ALL THE MEMBERS OF THE MANAGEMENT COMMITTEE AND THEIR TEAM MEMBERS FOR THEIR INDIVIDUAL CONTRIBUTIONS DURING THE COURSE OF THE YEAR.

I ALSO WANT TO THANK ALL OF YOU FOR BEING MEMBERS OF THE BEST PROBUS CLUB IN OAKVILLE.

CHEERS

MIKE





The Probud Club of Oakville

Minutes of the General Meeting of the Probud Club of Oakville August 17, 2023 Oakville Public Library

1.0 Minutes

A motion to accept the minutes of the July General Meeting was made by Paul Nelson and seconded by Peter Pretty. The minutes of the last meeting were then unanimously accepted.

2.0 Vice President Alex Murphy was not available but Mike Purcell let us know that former club member Peter Reidiger had moved to a seniors' home in Mississauga.

3.0 Guests- Peter Pretty introduced three guests, John Hinnen, William Simpson, and Ernest Ewaschuck.

4.0 Treasurer's Report

Ray Henrickson said the end of July bank balance is \$6,761.50 after minimal expenses.

Ray also did the 50/50 draw which was won by Tony Pinchen

5.0 Speakers

Tim O'Shea outlined the schedule of speakers for the coming months. Today's speaker will be Larry Cain- talking about his career and politics/corruption in the Olympics.

September speaker will be Dr. Derek Peters, Veterinarian

October speaker will be Declan Keogh, Dale Lana School of Health, U of T
- Investigative Journalism Bureau

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November speaker will be Wendy Rinella, CEO of the Oakville Community Foundation –indigenous affairs in Oakville’s history.

Tim later mentioned that talks with Anita Anand are still on and she may be available to talk in the first quarter of 2024.

6.0 Upcoming Club Activities

Jay Kell reintroduced our guest John Hinnen as he is a personal friend, originally meeting him in Naples, Florida but John has been a long time Oakville resident and part of Rogers Communications.

A tour of The Ireland House, 2168 Guelph Line, is planned for Sept. 28th, 11:00 AM followed by lunch at the Black Bull Pub which is only a short drive away. The entrance fee to the Ireland House is \$6 payable at the door.

The Christmas Lunch has been set for December 14th and will again be at the Oakville Golf Club.

7.0 Website/Newsletter.

Gerry Pielsticker indicated that all of our events over the past 15 years will be on our web site. It will include all speakers, including Larry Cain, so any member can watch again or share with a spouse who may be interested.

8.0 Profiler- Ulrich Wichardt

Ulrich has been a member of the club since 2008, about 5 years after he officially retired.

Ulrich was born in Germany in 1938 and his family was thrilled when the American army came in and liberated them in 1945 only to be replaced by Russia army 6 weeks later as Germany was being divided up by East and West. The family escaped to the west in 1947 and eventually moved to Liverpool which is where Ulrich spent his formative years.

Ulrich earned an Engineering Degree from the University of London and then a short time later moved to France to learn to speak French. Being bilingual helped him secure a job in Montreal in 1965 and later moving to Toronto and Oakville in 1976. His long-time interest in sailing is still with him although he is not out on the water too often these days but still is active with the Walton United Church.

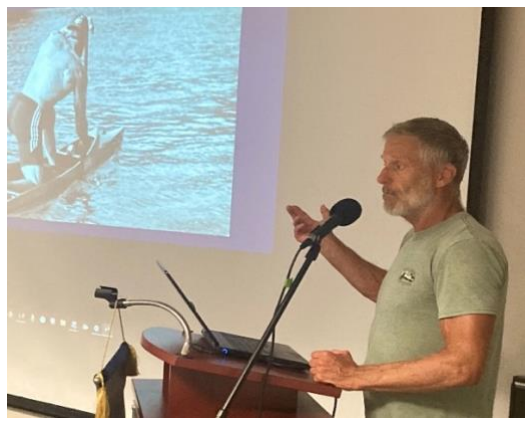
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New Business

The nominating committee will be proposing a motion next month to nominate the individuals for the management positions for the 2023-24 year. This will be done by Alex Murphy as head of the nominating committee. If there is any member who would like to be considered for any of the management positions, please let Alex know before the next meeting.

Mike Purcell read an amendment to the bylaws as issued by Probus Canada. Article II.2 All clubs accredited after July 14, 2023, shall be open to all genders. Any single-gender club accredited prior to July 14, 2023, shall be exempt from this requirement.

9.0 SPEAKER



Tim O'Shea introduced today's speaker

Larry Cain started off by stating that he is a retired teacher, who just happens to be an Olympic Gold Medal winner in canoeing.

Larry's interest in canoeing started when he was 11 when he took summer classes at the Oakville Canoe Club. Once he started getting good, and particularly after seeing John Wood win a medal (silver) in Montreal in 1976, he set his sights on winning a gold.

He trained hard and was ready for the 1980 Olympics but Canada boycotted them, following the lead of the USA, as a protest to the Russian invasion of Afghanistan. Regardless his training continued and paid off when he won two gold medals in the World Juniors in 1981 plus a fifth place when going up against the men. Larry

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pointed out that this was a prime example where it is only the athletes that suffer the consequences when politics interfere with sports.

The 1984 Olympics were in Los Angeles and Larry won gold in the 500 metre and silver in the 1000 metre.

In 1988, in Seoul, Larry placed 4th in the 1000 C1 although it was later established that the Silver Medalist, a German, had been on steroids.

Larry continued to race in at the international level until he failed to qualify for the 1996 Olympics in Atlanta and that is when he retired and became a teacher in Physical Education at St. Mildred's School.

He was teaching until 2014 when he took on the coaching position to get the Canadian paddlers ready for the Rio Olympics in 2016.

Today, Larry can be found still at the canoe club, teaching paddlers plus teaching on an international scale through his website, "Paddle Monster". This is for high performance canoeists and paddlers. On top of all this, Larry still competes in Dragon Races around the world with a group of 20 or so enthusiasts which includes the sport of SUP, stand up paddling, in rough ocean waters and surfs. With all the training he has done, Larry has calculated that he has paddled almost four times around the world. Impressive.

Bryan Noble thanked Larry for his time here today and for all he has done for Canadian sports.

Mike Purcell declared the meeting closed.

Jim Tonner
Secretary
August 29, 2023

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2022-2023 Management Committee

President	Mike Purcell	(905) 845-4097
Past President	Alex Murphy	(905) 337-2924
Vice President	Alex Murphy	(905) 337-2924
Secretary	Jim Tonner	(289) 337-6693
Treasurer	Ray Hendrickson	(289) 469-0158
Speakers	Tim O'Shea	(905) 842-5133
Activities	Jay Kell	(289) 407-3859
Newsletter	Paul Nelson	(905) 631-2390
Membership	Peter Pretty	(905) 338-5583
Website	Paul Nelson	(905) 631-2390
Technical Co-ordinator	Gerry Pielsticker	(905) 338-9829

In addition, the following Key Support Positions have been filled by appointed Members.

Key Support Positions

Equipment	TBD	
Member Welfare	Alex Murphy	(905) 337-2924
Auditor	Charles (Chuck) O'Neil	(905) 825-0054
50/50 Draw	Roy Oldfield	(905) 847-2062
Photographs - 1	David Johnson	(905) 338-6076
Photographs - 2	Peter Pretty	(905) 338- 5583
Greeter	Jack Rugg	(905) 820-1973