

Zsófia Klár-Kigyóssy

Wellington, New Zealand

022-585-5759

zsofi.kigyosy@gmail.com

www.linkedin.com/pub/zsófia-kigyóssy/55/67b/a30

Education - certifications

Psychotherapist Registered by PBANZ	2023
Psychodramatist Accredited by The Australian, Aotearoa and New Zealand Psychodrama Association Board of Examiners (AANZPA)	2022
Psychodramatic Couple Therapy Training Christchurch Institute for Training in Psychodrama Trainer: Walter Logeman	2019-2021
Certified Practitioner in Psychodrama, Sociometry and group Therapy by the American Board of Psychodrama Endorsers: Jeffrey Yates LCSW, TEP, Jean M. Campbell, LCSW, TEP	2016
Psychodrama Assistant Hungarian Psychodrama Association, Budapest, Hungary Trainers: Dr. Rapcsányi Éva, Dr. Daubner Béla	2011
Master's Degree, Major in Psychology, Specialization in School Psychology ELTE, Budapest, Hungary, Evaluated and accepted by Word Education Services (WES), USA	2009
Master's Degree, Major in Education ELTE, Budapest, Hungary, Evaluated and accepted by Word Education Services (WES), USA	2009

Professional Experience

Partnerships in Play, Seatoun, Wellington, New Zealand Co-leading with Giovanni Fusetti Facilitating a 2 day workshop integrating Physical Theatre and Psychodrama.	2022
Series of Personal Development Group, Miramar, Wellington, New Zealand Facilitating personal awareness in people's behavioral patterns and its origin.	2022
Vitae Facilitating supervision groups in the Ministry of Justice for employees and for leadership. Providing individual supervision sessions. Providing short term counselling for individual clients and couples.	2019-present

Private Practice	2018 - present
Miramar Providing long term therapy for individuals and couples. Personal Development Groups	
Support Group for Partners, Miramar, Wellington, New Zealand	2018
Group Leader Supporting newcomers with their struggles regarding settling into a new culture with psychodrama techniques.	
Personal Development Group, Wellington, New-Zealand	2018
Trained auxiliary Group leader: Bev Hosking Providing assistance for the group leader in the personal development group by doubling, being available for roles and discussing group dynamic.	
Support Group for mothers, UCLA University Village, Los Angeles, CA	2016
Group leader Providing support and relief for mothers who live far away from their support system in a foreign culture In a separated community.	
Resolutions Therapeutic Services, Santa Monica	2014-2015
Psychodrama Group Facilitator Providing treatment for outpatient clients in addiction using group therapy, sociometry and psychodrama. Creating supportive environment, connection between group members and introducing psychodrama techniques to deal with personal issues.	
Safe Harbor Treatment Center for Women, Costa Mesa, CA	2013-2014
Psychodrama group facilitator Providing treatment for women struggling with trauma and addiction using group therapy, sociometry and psychodrama. Creating supportive environment and deep group connections to provide a safe place for healing traumas.	
Sponderworks Children Service, San Pedro, CA	2012-2014
Behavior Therapist, Consultant, and Development Assessor Providing prescription-based, relationship-oriented treatment for children and adolescents with developmental, attachment, psychiatric and behavioral disorders. Evaluate children and their families with special needs and write an assessment report to the regional center.	
ScuttleBugs Child Development Center, Santa Clara, CA	2012
Teacher Assistant Gain an understanding of childcare related government regulations, state licensing codes and company standards. Assist teaching staff in the implementation of programs, policies and procedures that encourage an educational, caring, safe and fun environment for the children and parents. Replicate the educational and developmental standards and goals which spark imagination, build self-esteem and help children discover/experience new things each day. Report to room staff and leader, assistant director or director as and when necessary. Provide assistance to students only under the guidance of qualified staff at the center. Research and recommend additional training programs and activities.	

Educational Counseling Center, Budapest, Hungary**2010 - 2011*****School psychologist***

Counseled about 700 children's (from age 3-15) problems with teachers, parents or supervisors on the topics of learning or behavioral problems, anxiety, ADHD, autism, anxiety, separation, isolation, integration.

Diagnosed children: select, administer, and score psychological tests, use observation and counsel with parents and teachers.

Organized and led therapy and counsel groups for parents to teach behavioral modification techniques, and for children to help their integration and decrease anxiety, teach learning styles.

Created a complete talent management program. The program included screening, consulting with parents and teachers and organize groups for children.

Initiated and led personal growth groups for talented children at age 10. The groups proved to be great success and the following year twice as many groups were started.

Maintained student records, including special education reports, confidential records, records of *services provided, and behavioral data.*

Wesley Kincsei Primary School, Budapest, Hungary**2008 - 2010*****School Psychologist***

Developed therapeutic and treatment plans based on clients' interests, abilities, and needs.

Supported children with learning disabilities.

Collected information about individuals or clients, using interviews, case histories, observational techniques, and other assessment methods.

Promoted an understanding of child development and its relationship to learning and behavior.

Consulted with other professionals to discuss therapies, treatments, counseling resources, or techniques, and to share occupational information.

ADHD (FIMOTA) Center, Budapest, Hungary**2010*****Team leader assistant***

Taught children how to control their impulse using behavioral therapy.

Assisted in a behavioral therapy group for children with ADHD. Responsibilities included:

calming down children who lost their control, keeping them focused on the game, helping to hold their concentration on the current topic.

Conducted games specialized on improving impulse control in children.

BUTE, Cognitive Science, Budapest, Hungary**2006 – 2009*****Research Assistant***

Collaborated in a cognitive research focused on language development skills and language disorders (dysphasia, aphasia).

Tested children's language and cognitive skills.

Autism Center, Békéscsaba, Hungary**2003-2007*****Psychologist and leader assistant in Ayres therapy***

Used Behavior Therapy in a camp organized for autistic children.

Conducted special trainings for autistic children, included stimulating their nervous system with Ayres therapy, improving their manual, communication and social skills.

Looked after an autistic child during the whole camp time for a week. Including educational and parenting responsibilities.

Trainings/Workshops Completed***The Tao of Clown*****2023**

A Poetic Journey of Awareness through Laughter

4 day training

Waiheke Island, New Zealand

Trainer: Giovanni Fusetti

Sublime Stupidity	2022
The Actor in Search of the Clown	
5 day training	
Melbourne, Australia	
Trainer: Giovanni Fusetti	
The Psychodrama Director as Improviser	2022
3 day training	
Wellington, New Zealand	
Trainer: Martin Putt	
Group dynamics	2021
Wellington, New Zealand	
Trainer: Bec Hosking	
Sociometry training 3 day workshop	2020
Wellington, New Zealand	
Trainer: Chris Hosking	
AANZPA Conference , Christchurch, New Zealand	2020
AANZPA Conference , Brisbane, QLD- Australia	2019
	2018
AANZPA Conference , Brisbane, QLD- Australia	
Introductory Psychodramatic Bodywork® Workshops for Professionals	2015
Action Institute of California, Costa Mesa, CA, United States	
Trainer: Jean M. Campbell, LCSW, CET III, TEP	
ASGPP Conference , Oakland, CA, USA	2014
Sociometry Weekend	2013 & 2014
Action Institute of California, Costa Mesa, CA, United States	
Trainer: Jean M. Campbell, LCSW, CET III, TEP	
Psychodrama Director's Weekend	2012 & 2014
Action Institute of California, Costa Mesa, CA, United States	
Trainer: Jean M. Campbell, LCSW, CET III, TEP	
Psychodrama training group for professionals , Orange County, CA	2012-2015
Trainer: Jean M. Campbell, LCSW, CET III, TEP	
	2012-2013
Psychodrama Ongoing Training, Los Angeles	
Psychodrama Institute of Los Angeles	
Trainer: Jeffrey Yates, LCSW, TEP	
12 Step Psychodrama Training - workshop for professionals	2011
Action Institute of California, Costa Mesa, CA, United States	
Trainer: Jean Campbell, LCSW, CET III, TEP	

Other Professional Achievements

Publications

On the use of education to fight back to aggression and discrimination, In.: Good Practices for a **2009**

Certifications/Memberships

AANZPA Ordinary Membership	2022- present
AANZPA Affiliate Membership	2018-2022
CET II	2013-2018
ASPGG Membership	2014- present

Participations and Presentations at Professional Meetings and Conferences

<i>AANZPA Conference</i> , Christchurch, New Zealand	2020
<i>AANZPA Conference</i> , Brisbane, QLD- Australia	2019
<i>AANZPA Conference</i> , Brisbane, QLD- Australia	2018
ASPGG, Oakland, CA	2014
Hungarian Conference of Psychology	2001-2010

Activities undertaken to support the psychodrama community

Volunteer at the Hungarian Psychodrama Conference, Budapest, Hungary	2012
--	------

Languages

Hungarian: native,	
English: advanced (CAE 2006, Brisbane, Australia)	2006
German: basic (ECL, 2009)	2009

Volunteer work

ASGPP Conference, Oakland, CA , Workshop assistant	2014
ScuttleBugs Child Development Center, Santa Clara, CA	2012
UCLA Psychological Department , Research Assistant	2011-2012
Research Center of Autism: Research assistant, Budapest, Hungary	2005
Organizer in Hungarian Psychological Conference: Organized the lectures and hosted the performers, Budapest, Hungary	2003-2005
Organized the Hungarian Conference of Psychodrama	2003

Health Care

CPR Certification	2012
First Aid Certification	2012