

# Keeping the Moral Core: Weapons of the Spirit

- Valuing human dignity and human rights
- Valuing cultural diversity
- Valuing democracy, justice, fairness, equality and the rule of law

## Values

- Openness to cultural otherness and other beliefs, world views and practices
- Respect
- Civic-mindedness
- Responsibility
- Self-efficacy (belief in one's ability to succeed)
- Tolerance of ambiguity

## Attitudes

## COMPETENCIES FOR DEMOCRATIC CITIZENSHIP

- Autonomous learning skills
- Analytical and critical thinking
- Listening and observing
- Empathy
- Flexibility and adaptability
- Linguistic, communicative and pluri-lingual
- Cooperation

## Skills

## Knowledge and Critical Understanding

- Of the self
- Of language and communication
- Of the world: politics, law, human rights, culture, cultures, religions, history, media, economies, environment, sustainability

