

## CLEARING SUPGRADE

## Thank you for your order of a Code Clearing, Activation and Upgrade!

\*\*Please click this link to EMAIL ME ASAP to provide some further details.

For me to action your Clearing, I will need to access you Soul File in the Akashic Records. To do this, I will need your **PLACE OF BIRTH**. (I already have your Date!)

Additionally, when you send this to me, please could you also add a sentence to say "Yes! I give you permission to access my Energy Field and Spirit Guide Team".

I will endeavour to do your **Clearing, Activation and Upgrade** as soon as possible - taking into account my current schedule and ensuring that I am in a 'High Vibe' state!

Once completed, I will email you with your 22 Day Activation 'Homework'. Through this process, you will personally activate and lock in your clearing by reading and affirming a series of statements each day, for 22 days in a row.

Until then, it can be beneficial to write out your focus areas, if this resonates.

You might have one list for your 'red flags' that you intend to dissolve by choosing new thoughts, beliefs and by taking action to overturn those habits. These would generally be the 'Shadow Traits' that you have been susceptible to in the past.

Another list might be the particular 'Constructive Traits' that you wish to activate and magnify. You could also add some action steps that you can take that will help to embed those positive thoughts and beliefs so they become a solid and automatic pattern going forward. These traits can also be a combination of the possibilities from any of your Life Map Talents, Challenges, Goals, and Soul Purpose.

You might prefer instead to write a type of 'Mission Statement' that describes the person you are choosing to become, clarifies some of your Goals, outlines your Purpose, and even the traits you will be expressing. Bonus points if you then print this out and place it somewhere you will see it every day, to read out and affirm!

I'll be in touch with you soon!





## Thank you for your order of a Personal Life Map Session!

\*\*Please click this link to **EMAIL ME** ASAP to provide some further details.

- The first thing I'll need to know is your **LOCATION**. Please advise your country of residence and which state /area so that I can take TIME ZONES into account.
  - (I am in Melbourne, Australia)
- 2. The next thing I'll require is the **DAYS** and **TIMES** that are generally good for you. Ideally, these would be times that you know you won't be disturbed and can sit completely relaxed and uninterrupted for an hour and a half.
- 3 The final piece of information I'm wanting is your preferred method of CONTACT.
  - My personal preference is to connect with you via Video Chat (usually via Skype, but I've also conducted video sessions via Discord and Google Chat)
  - If for some reason you don't have access to a device with a camera, you can ask for an AUDIO call. Again, most likely to be Skype, or if in Australia, phone call.
  - So, please let me know your **PREFERENCE**, and any associated details (eg: phone number in Australia, details for Discord etc)

I shall be in touch with you fairly soon after I receive your email, to arrange a time to book in your Session!