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S1 | **NURSING AND OBESITY AND SELF CONCEPT**

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1. **Relationship between nomophobia of nursing students and their obesity and self-esteem.**

(includes abstract) Çelik Ince, Selenen Perspectives in Psychiatric Care, Apr2021, 57(2): 753-760: 8p. (Article - research, tables/charts) ISSN: 0031-5990. Database: CINAHL Plus

Subjects: Students, Nursing; Psychosocial Factors; Self Concept Evaluation; Phobic Disorders; Obesity; Female; Male

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Relationship between nomophobia of nursing students and their obesity and self-esteem

Received: 15 July 2020 | Accepted: 14 August 2020
DOI: 10.1111/pers.12610

ORIGINAL ARTICLE

PSYCHIATRIC CARE WILEY

Relationship between nomophobia of nursing students and their obesity and self-esteem

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Abstract

Purpose: The aim of this study is to examine the relationship between student nurses' nomophobia levels and obesity and self-esteem.

Design and Methods: This study is a descriptive-correlational type study. This study conducted 407 nursing students. Data were collected with "Personal Information Form," "Nomophobia Questionnaire (NMP-Q)," and "The Self-Esteem Rating Scale-Short Form."

Findings: As a result of the research, it was determined that the students had moderate nomophobia. There was no significant relationship between nomophobia and obesity and self-esteem.

Practice Implications: It was determined that especially when they are bored, the rate of using smartphones is high, and the use of smartphone forms their life. More studies are needed to examine the relationship of nomophobia with student body mass index and self-esteem.

KEY WORDS: nomophobia, nursing students, obesity, self-esteem

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