



Post-Operative Medication Instructions

DVT (Blood Clot) Protection

- Aspirin 81 mg 1 tablet daily Start: _____ Duration: _____ weeks
- Fragmin 1 injection on day of travel

Scheduled Medication

- Tylenol 500 mg 2 tablets every 6 hours Start: _____ Duration: 7 days
Reason: Pain Management. No more than 8 tablets per day
- Ibuprofen 800mg 1 tablet every 8 hours Start: _____ Duration: 7 days
Reason: Pain Management
- Ultram 50 mg 1 tablet every 6 hours Start: _____ Duration: 7 Days
Reason: Pain Management
- Gabapentin 100 mg 1 tablet every 8 hours Start: _____ Duration: 7 Days
Reason: Pain Management
- Colace 100 mg 1 tablet twice daily Start: _____ Duration: 2 Weeks
Reason: Prevent post-operative constipation. Hold for loose stool
- Medrol dose pack per package directions Start: _____ Duration: 6 Days
Reason: Prevent post-operative adhesions.
- Losartan 25 mg, 1/2 tablet twice daily Start: _____ Duration: 4 weeks
Reason: Prevent post-operative adhesions.
- Other: _____ Start: _____ Duration: _____

As Needed Medication

- Oxycodone 5 mg 1-2 tablets every 4-6 hours **as needed for pain**
- Percocet 5/325 mg 1-2 tablets every 4-6 hours **as needed for pain**
- Norco 5/325 mg 1-2 tablets every 4-6 hours **as needed for pain**
- Ultram 50 mg 1-2 tablets every 4-6 hours **as needed for pain**
- Robaxin 750 mg 1 tablet every 6 hours **as needed for muscle spasms**
- Phenergan 25 mg 1 tablet every 6 hours **as needed for nausea**
- Zofran 4 mg 1 tablet every 8 hours **as needed for nausea**
- Other: _____