

LUCAS WYMORE, MD

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PRACTICE **NewportCare Medical Group**, Newport Beach, CA
October 2023 – Present

Centers for Advanced Orthopedics, Leonardtown, MD
September 2014 – September 2023

EDUCATION **University of Notre Dame**, Notre Dame, IN
Bachelor of Science, May 2004
Major: Science Pre-Professional Studies

Texas A&M University College of Medicine, College Station, TX
Doctor of Medicine, May 2008

TRAINING **INTERNSHIP**
University of North Carolina Hospitals, Surgery, Chapel Hill, NC
July 2008 – June 2009
 University of North Carolina Memorial Hospital, Chapel Hill, NC

RESIDENCY
University of North Carolina Hospitals, Orthopedic Surgery, Chapel Hill, NC
July 2009 – June 2013
 University of North Carolina Memorial Hospital, Chapel Hill, NC
 Rex Hospital- UNC Health Care, Raleigh, NC
 WakeMed Health and Hospitals, Raleigh, NC

FELLOWSHIP
San Diego Arthroscopy and Sports Medicine, San Diego, CA
August 2013-July 2014
Fellowship Directors: James P. Tasto, MD; Jan Fronek, MD; Heinz Hoenecke, MD
 Scripps Green Hospital
 University of California, San Diego Medical Center

LICENSURE & CERTIFICATION California Medical License, A 124543, Expiration 8/31/2028
Maryland Medical License, D 78163, Expiration 9/30/2027
Ariona Medical License, 78031, Expiration 12/14/2026
Federal DEA Registration, FW3832044, Expiration 5/31/2028
Maryland CDS Registration, M83124, Expiration 6/30/2024
Board Certified, American Board of Orthopedic Surgery, 2016
 Part I, 2013; Part II, 2016, participating in MOC
 Recertified 2026, expires 12/31/2036
United States Medical License Exam, Part I, II, III, 2006, 2007, 2011

CONSULTING **Cayenne Medical**, a Zimmer Biomet Company, 2016-present
Medical Education
Product Design

Tigon Medical
Medical Education, 2018-present
Product Design, 2018-present
Advisory Board, 2023-present

Vericel Corporation, 2022-present
Medical Education
Speakers bureau

CTM Biomedical, 2024-present
Scientific advisory board
Medical education
Speakers bureau

Native Orthopedics, 2025-present
Medical Consultant

HONORS Castle Connolly Top Doctor, 2022, 2023, 2024, 2025, 2026
Alpha Omega Alpha, University of North Carolina Chapter, 2010
Notre Dame Monogram award, Varsity Swimming, 2001, 2002, 2003
BIG EAST Conference Academic All Star Team 2001, 2002, 2003
Notre Dame Student-Athlete Academic Excellence 2001, 2002, 2003

PUBLICATIONS: Arthroscopic Subscapularis Repair. *Cole & Seikya: Surgical Techniques of the Shoulder,*
BOOK CHAPTERS *Elbow, and Knee in Sports Medicine, 2nd edition. Wymore, L, Creighton, R, Romeo, A.*

PUBLICATIONS: **Wymore L**, Reeve R, Chaput C. “No correlation between rate of shoulder pain in
PEER REVIEWED NCAA men swimmers and stroke specialty” *International Journal of Shoulder Surgery.*
2012; 3:71-75

Wymore L, Fronek, J. “Shoulder functional performance status of NCAA swimmers” *American Journal of Sports Medicine.* 2015; 43, 1513-1517.

Tadros A, Huang B, **Wymore L**, Hoenecke H, Fronek J, Chang, E. “MRI evaluation of proximal biceps lesion.” *Skeletal Radiology.* 2015; 44:1263-1272.

Wymore L, Chin P, Geary C, Carolan G, Keefe D, Hoenecke H, Fronek, J. “Performance and Injury Characteristics of Pitchers Entering the Major League Baseball Draft after Ulnar Collateral Ligament Reconstruction.” *American Journal of Sports Medicine.* 2016; 44:3165-3170.

Wymore L, Lang P, Grewal B, Weinhold P, Spang J, Creighton R, Kamath G. “A Biomechanical Analysis of Lateral Row Anchor Placement in Double Row Rotator Cuff Repair.” *Manuscript complete.*

Chin P, **Wymore L**, Morris K, Allred J, Hoenecke H. “Advances in the treatment of Glenoid Bone Wear.” *Manuscript complete.*

OTHER **Wymore L.** “Swimmer’s Shoulder- When to see and Orthopedic Surgeon.”
PUBLICATIONS www.swimmingscience.net. Dr. John Mullen, DPT, webmaster. April, 2015

PRESENTATIONS **Orthopedic Summit 2024**

Application of placental CTM in shoulder procedures, September 15, 2024

Zimmer Biomet Institute Resident Evening of Education

Cortical and aperture ACL fixation. March 12, 2019

Zimmer Biomet Institute National Orthopedic Residents & Fellows Course

Sports Medicine, Knee. August 15-17, 2019

Zimmer Biomet Institute Innovations in Sports Medicine Course

Sports Medicine, Knee and Shoulder. May 15, 2021

Zimmer Biomet Institute Latin American Sports Medicine Surgery Course

Sports Medicine, Knee and Shoulder. July 19-20, 2021

Zimmer Biomet Institute National Orthopedic Residents Course

Sports Medicine, Knee. August 5-7, 2021

Zimmer Biomet Institute Brazil Upper Extremity & Sports Medicine Course

Sports Medicine, Knee and Shoulder. December 13-14, 2021

Zimmer Biomet Institute Latin America Sports Medicine Course

Sports Medicine, Knee. December 15, 2021

Zimmer Biomet Institute Latin America Sports Medicine Course

Sports Medicine, Knee and Shoulder. July 14-15, 2022

Vericel Work of ARThrotomy Webinar

Fundamentals of MACI. April 19, 2023

Zimmer Biomet Institute Latin America Sports Medicine Course

Sports Medicine, Knee. August 5, 2023

Zimmer Biomet Institute Sports Medicine Solutions in Shoulder and Knee

Sports Medicine, Knee and Shoulder. September 9, 2023

Vericel The Treatment of Articular Cartilage Disease

The Swift Institute,, Reno, NV April 19, 2024

Vericel The Treatment of Articular Cartilage Disease

Southern California Orthopedic Institute, Sherman Oaks, CA May 20, 2024

CTM – Application of Placental Connective Tissue Matrix in the Shoulder

OSET Orthopedic Summit 2024, Las Vegas NV, September 15, 2024

University of Wisconsin Fall Visiting Professor

Finding Your First Job. October 21, 2022

Mid Atlantic Joint Preservation Society, Maryland

Patellofemoral Cartilage Reconstruction. November 5, 2020

The Centers for Advanced Orthopedics Research Foundation

Performance and Injury Characteristics of Pitchers Entering the Major League
Baseball Draft after Ulnar Collateral Ligament Reconstruction. November 13, 2020

Maryland Orthopedic Association, Annapolis, MD

Panel Discussion. February 11, 2018
Traumatic Sports Injuries

Graduate Student Organization Research Symposium, College Station, TX

Poster Presentation, April 10, 2007
“No correlation between rate of shoulder pain in NCAA men swimmers and stroke
specialty”

American College of Sports Medicine, Texas Regional Chapter, Odessa, TX

Abstract, February 29, 2008
“No correlation between rate of shoulder pain in NCAA men swimmers and stroke
specialty”

San Diego Shoulder Institute, San Diego, CA

Poster Presentation, June 18, 2014
“A Biomechanical Analysis of Lateral Row Anchor Placement in Double Row
Rotator Cuff Repair.”

American Orthopedic Society for Sports Medicine

Abstract
“Shoulder functional performance status of NCAA swimmers”

**RESEARCH
AWARDS**

Graduate Student Organization Research Symposium, College Station, TX
Third Place, Poster Presentation, Junior Student Division

**RESEARCH
GRANTS**

Awarded: Student Research Grant. Department of Orthopedic Surgery, Scott &
White Hospital, Temple Texas, 2005.
Awarded: Scripps Clinic Medical Group Research Grant, Scripps Clinic, La Jolla,
California, 2013

**PROFESSIONAL
MEMBERSHIPS**

American Academy of Orthopedic Surgeons
American Orthopedic Society for Sports Medicine
Arthroscopy Association of North America
Alpha Omega Alpha (AOA) Honor Society
Mid Atlantic Joint Preservation Society
Notre Dame Orthopedic Society
Surfers Medical Association

**TEAM
COVERAGE**

Chaparral High School, Temecula CA, 2023-present
Head team Orthopedic Surgeon

St. Mary's College of Maryland, St. Mary's City, MD, 2022-2023
Head team physician, Varsity and Club Sports

United States Olympic & Paralympic Training Center, Colorado Springs, 2019
Sports Medicine Volunteer Program

College of Southern Maryland, La Plata, MD 2015-2023
Head Team Orthopedic Surgeon

St. Mary's Ryken High School, Leonardtown, MD 2014-2023
Head Team Orthopedic Surgeon

St. Mary's County High Schools, Leonardtown, MD, 2014-2023
Head orthopedic consultant, supervising physician for all athletic trainers

Charles County High Schools, Waldorf, MD, 2014-2023
Head orthopedic consultant, supervising physician for all athletic trainers

San Diego Padres Baseball Club, San Diego, CA, 2013-2014
Assistant Team Orthopedic Surgeon

San Diego State University Athletics, San Diego, CA, 2013-2014
Assistant Team Orthopedic Surgeon

Grossmont College, San Diego CA, 2013-2014
Football

Mesa College, San Diego, CA, 2013-2014
Football

La Jolla Country Day School, La Jolla, CA, 2013-2014
Football

University of North Carolina Athletics, Chapel Hill, NC, 2010-2013
Football, Men's Basketball, Men's Soccer

Cedar Ridge High School Football, Chapel Hill, NC, 2009-2013
Football

Temple High Football, Temple, TX, 2006-2007
Football

A&M Consolidated High Football, College Station, TX, 2004-2005
Football

ADMINISTRATIVE ACTIVITIES **Precision Surgery Center**, Riverside, CA 2025-Present
Medical Director, Chief Medical Officer

Compliance Committee, NewportCare Medical Group
Physician member to ensure regulatory compliance

Director of Marketing, CAO- Southern Maryland Orthopedics & Sports Medicine
Led marketing campaign for division including online and social media

Marketing Committee, Centers for Advanced Orthopedics

Participated in marketing campaign and brand building

Leonardtown Surgery Center, Leonardtown, MD 2017-2023

Board of Directors, *2018-2023*

Secretary, *2018-2020*

Medical Director, *2019-2023*

CEO, *2020-2023*

Vice Chief, Department of Surgery St. Mary's Hospital, Leonardtown MD 2018

Surgeon representative to peer review committee

Chief, Department of Surgery, St. Mary's Hospital, Leonardtown MD 2020-2022

**OTHER
ACTIVITIES**

University of North Carolina House Staff Council, Chapel Hill, NC, 2011-2012

Orthopedic surgery resident delegate to represent needs of the department

Arthur C. Scott Surgical Society, Texas A&M College of Medicine, 2006-2007

Charter member of group for students pursuing a surgical specialty.

Surgery Interest Group, Director, Texas A&M College of Medicine, 2005-2006

With local surgeons, developed a surgical experience for preclinical medical students

Education Technology Advisory Group, Texas A&M College of Medicine, 2006

Student representative to the group involved with improving classroom technology.

Computers in the Curriculum, Texas A&M College of Medicine, 2004-2005

Student representative to the committee that determines student technology needs.

Volunteer, Hurricane Rita Relief Effort, College Station, TX, 2005

Offered medical services to evacuees displaced by Hurricane Rita.

Varsity Swimming, University of Notre Dame, South Bend, IN, 2000-2003

Monogram Award, 2001, 2002, 2003

**HOBBIES &
INTERESTS**

San Diego Padres Baseball

Surfing

Travel

Swimming

Weight Lifting

Notre Dame Football