

“I just finished *Escaping Freedom* by Ann Lake. I LOVE, LOVE, LOVE IT! It is so incredibly compelling, honest, moving, and well told. She takes the reader on the journey of her life and makes us see how cults pose a danger to even intelligent, rational people. It is sobering. I know it was difficult and painful for her to reach back to some of those memories. I am in awe of how she conveyed such an emotional story so masterfully. I had to stop and remind myself often that this was not fiction; this really happened to someone I know.” Kelly Wingard

“Ann Lake has written an important, powerful, moving, and compelling memoir. She has dug deep, revisiting painful and traumatic moments; the result is a nuanced and enlightening story that allows the reader to live in her heart. She does an outstanding job of sharing her struggles and quest, and she does it bravely and honestly. I feel blessed to have read her story.” Heather Goodman

“I spent all day on Ann Lake’s book, *Escaping Freedom*. What an important piece of work. So deep, so detailed, so importantly confessional. I love it. You should be so proud.” –Rick Ackerly, author, speaker, consultant

“I just finished reading Ann Lake’s book, *Escaping Freedom*. It is very well written and tells a fascinating story. I kept saying to myself “How much more does she have to tolerate before she finally gives up.”—Jack Findley, former publisher of New Jersey Herald

“*Escaping Freedom* was such a good read that I stayed up all night to find out what happened.”—Aimee Monteil "