

AUTHOR BIO

Ann is a memoirist and reflective spiritual writer whose work grew out of the profound upheaval that followed her departure from Scientology in 2011. In the aftermath, she found solace in putting pen to paper, and her story began to take shape through the support of a local writing group. She prayed nightly to God that she would live long enough to finish the book.

Her memoir is now complete, and at eighty-three she continues to meet life with curiosity, purpose, and faith as she takes on the new challenge of bringing her work to readers. “Writing was easier,” she often says.

Her interests and values continue to shape her days. She is passionate about politics and occasionally writes letters to the editor, while nurturing her spiritual life through reading, journaling, daily gratitude, and Bible study.

While in her adopted town, she was tapped to write articles for the local, high-quality, sophisticated bi-monthly magazine, which she loved doing.

In quiet moments, she gives thanks for the simple life she now lives, grounded in peace, purpose, and hope for others.

Readers are invited to connect with Ann, learn more about her memoir, and share their reflections at www.escapingfreedom.com.