

AMINO ACID PROFILE

SOY PROTEIN ISOLATE

Essential Amino Acid Profiles per 100g

Histidine	2.3g
Isoleucine †	4.0g
Leucine †	6.6g
Lysine	5.2g
Methionine	1.1g
Phenylalanine	4.5g
Threonine	3.0g
Tryptophan	1.1g
Valine †	4.2g

† Branch Chained Amino Acid

Non-Essential Amino Acid Profiles per 100g

Alanine	3.4g
Arginine	7.1g
Aspartic Acid	10.6g
Cystine	0.6g
Glutamic Acid	24.4g
Glycine	3.5g
Proline	3.7g
Serine	4.0g
Tyrosine	2.7g

