## December 2025: Gardens Sumpside



|          |                               |         |                             |         |                              |           |                         |                |                                |          |                                      | ASS      | ISTED LIVING 🤾 MEMORY CARE    |
|----------|-------------------------------|---------|-----------------------------|---------|------------------------------|-----------|-------------------------|----------------|--------------------------------|----------|--------------------------------------|----------|-------------------------------|
| SUNDAY   |                               | MONDAY  |                             | TUESDAY |                              | WEDNESDAY |                         | THURSDAY       |                                | FRIDAY   |                                      | SATURDAY |                               |
|          | **                            | 1       |                             | 2       | <b>Resident Council</b>      | 3         |                         | 4              | Scenic Drive                   | 5        |                                      | 6        | Love on a Leash               |
| *        | -> 0 0 × ×                    | 9:30AM  | Balloon Exercises           | 9:30AM  | Tuesday Tone up              | 9:30AM    | Noodle Exercises        | 9:30AM         | Chair Exercises                | 9:30AM   | <b>Noodle Exercises</b>              | 9:30AM   | Chair Yoga                    |
| * = [    | a coloresta +                 | 10:00AM | Daily Chronicle/Art         | 10:00AM | Daily Chronicle/Scenic Drive | 10:00AM   | Velcro Target Toss      | 10:00AM        | Scenic Drive/Coffee            | 10:00AM  | Daily Chronicle/Walking              | 10:00AM  | Noodle Ball                   |
| +        | Challe land                   | 10:30AM | <b>Cupertino Choraliers</b> | 11:00AM | Resident Council             | 10:30AM   | Crosswords/Walking      | 11:00AM        | Walking/Animal Planet          | 11:00AM  | Balloon Volleyball                   | 10:30AM  | Donuts & Coffee               |
|          | NEW                           |         | Caroling & Hot Cocoa        | 1:00PM  | Holiday Nail Spa             | 1:00PM    | Music & Meditation      | 1:00PM         | Rebus Puzzles/Prayer           | 1:15PM   | Give me 5 Game                       | 1:00PM   | Pet Therapy/Blackjack         |
|          | year! *                       | 1:00PM  | Wheel of Fortune            | 2:00PM  | Modeling Clay: Santa Hats    | 1:30PM    | Derby Day               | 1:30PM         | Crafter's Nook: Ornaments      | 2:00PM   | LCR                                  | 2:00PM   | Rebus Puzzles                 |
|          | good:                         | 2:30PM  | Holiday Fitness Trivia      | 2:45PM  | Whiteboard Games             | 2:30PM    | Jeopardy                | 2:30PM         | <b>Velcrow Target Toss</b>     | 3:00PM   | <b>Giant Crossword</b>               | 2:30PM   | Interactive Workout Video     |
| **       |                               | 3:00PM  | Blackjack                   | 3:15PM  | BINGO!                       | 3:30PM    | Somebody Feed Phil      | 3:00PM         | BINGO!                         | 3:30PM   | Armchair Travels                     | 3:00PM   | Comedy Hour                   |
| 7        |                               | 8       | h                           | 9       | Lunch Bunch                  | 10        | -                       | 11             | Shopping/Scenic Drive          | 12       | Hula Dancers                         | 13       | -                             |
| 9:30AM   | Chair Yoga                    | 9:30AM  | Balloon Exercises           | 9:30AM  | Tuesday Tone up              | 9:30AM    | Noodle Exercises        | 9:30AM         | Chair Exercises                | 9:30AM   | Noodle Exercises                     |          | Chair Yoga                    |
|          | Art and Cocoa                 | 10:00AM | Daily Chronicle/Art         | 10:00AM | Virtual Drive/Coffee         |           | Velcro Target Toss      | 10:00AM        |                                | 10:00AM  | Noodle Ball/Walking                  |          | Balloon Toss                  |
|          | Indoor Walking/Sing Along     | 10:30AM | Indoor Walking/Word Puzzles | 10:30AM | Word Puzzles/Walking Club    |           | •                       | 11:00AM        |                                |          | Hula Dancers                         |          | Donuts & Coffee               |
| 1:00PM   |                               | 1:00PM  | Wheel of Fortune            | 1:00PM  | Holiday Nail Spa             | 1:00PM    | Music & Meditation      | 1:00PM         | Ornament Bocce/Prayer/Shopping | 1:15PM   | Mexican Chair Dancing                | 1:00PM   | Blackjack                     |
| 2:00PM   | ' '                           | 2:00PM  | Balloon Volleyball          | 2:00PM  | Modeling Clay: Menorahs      | 1:30PM    | Derby Day               | 1:30PM         | Crafter's Nook: North Pole     | 2:00PM   | Whiteboard Games                     | 1:45PM   | Giant Crossword               |
| 3:00PM   | •                             | 2:30PM  | Give Me 5 Game              | 2:45PM  | Ornament Bocce               | 2:30PM    | Jeopardy                | 2:30PM         | Dominoes                       | 3:00PM   | Giant Crossword                      | 2:30PM   | Indoor Walking/Sing Along     |
|          |                               | 3:00PM  | Blackjack                   | 3:15PM  | BINGO!                       | 3:30PM    | Cooking Demo            | 3:00PM         | BINGO!                         | 3:30PM   | Armchair Travels                     | 3:00PM   | Documentry Hour               |
| 14       | Hanukkah Begins               |         | •                           | 16      | Take-Out Tuesday             | 17        | Happy Hour              | 18             | Holiday Lights Scenic Drive    | 19       | d<br>S                               | 20       | •                             |
|          | _                             | 9:30AM  | Balloon Exercises           | 9:30AM  | Tuesday Tone Up              | 9:30AM    | Noodle Exercises        | 9:30AM         | Chair Exercises                | · ·      | Noodle Exercises                     | _        | Chair Yoga                    |
|          |                               | 10:00AM | Daily Chronicle/Art         | 10:00AM | Movie Morning Tuesday        | 10:00AM   | Velcro Target Toss      |                | Ornament Craft                 |          | Daily Chronicle/Walking              |          | Noodle Ball                   |
| 10:30AM  |                               | 10:30AM | Indoor Walking/Word Puzzles | 10:30AM | Crosswords/Walking Club      | 10:30AM   | Crosswords/Walking      | 11:00AM        |                                |          | Balloon Volleyball                   |          | Donuts & Coffee               |
| 1:00PM   |                               | 1:00PM  | Whiteboard Games            | 1:00PM  | Holiday Nail Spa             |           | Derby Day               | 1:00PM         | Rebus Puzzles/Shopping/Prayer  |          | Give me 5 Game                       | 1:00PM   | Blackjack                     |
| 2:00PM   |                               | 2:00PM  | Ornament Bocce              | 2:00PM  | Modeling Clay: Wreaths       | 2:00PM    | Blackjack               | 1:30PM         | Crafter's Nook: Stick Ornament | 2:00PM   | Whiteboard Games                     | 2:00PM   | Painting with NxtGen Alliance |
| 2:30PM   | •                             | 2:30PM  | Dominoes                    | 2:45PM  | Whiteboard Games             | 3:00PM    | Caroling with Liz F.    | 2:30PM         | <b>Ornament Bocce</b>          | 2:30PM   | Giant Crossword                      | 3:00PM   | Interactive Workout Video     |
| 3:30PM   |                               | 3:00PM  | Blackjack                   | 3:15PM  | BINGO!                       | 4:00PM    | Somebody Feed Phil      | 3:00PM         | BINGO!                         | 3:00PM   | Armchair Travels                     | 3:00PM   | Comedy Hour                   |
| 21       | •                             |         | Hanukkah Ends               | 23      | Scenic Drive                 | 24 父      | Christmas Eve           | 25             | Christmas Day                  | 26       | Happy Hour                           | 27       | •                             |
|          | Chair Yoga                    | 9:30AM  | Balloon Exercises           | 9:30AM  | Tuesday Tone Up              | 9:30AM    | Noodle Exercises        | - William 1971 | Chair Exercises                | 9:30AM   | Noodle Exercises                     |          | Chair Yoga                    |
|          | · ·                           | 10:00AM | Daily Chronicle/Art         | 10:00AM | Scenic Drive/Coffee          |           |                         |                | Scenic Drive/Coffee            |          |                                      |          | Balloon Toss                  |
|          |                               | 10:30AM | Indoor Walking/Word Puzzles | 10:30AM | Word Puzzles/Walking Club    |           | •                       |                | Walking/Animal Planet          |          | Balloon Volleyball                   |          | Donuts & Coffee               |
| 1:00PM   | J. J. J.                      | 1:00PM  | Wheel of Fortune            | 1:00PM  | Holiday Nail Spa             |           | Velcro Target Toss      |                | Rebus Puzzles/Prayer           |          | Mexican Chair Dancing                |          | Blackjack                     |
|          | •                             |         |                             |         | • •                          |           | _                       |                | •                              |          |                                      |          | •                             |
| 2:00PM   | Manny on the Piane            | 2:00PM  | Balloon Volleyball          | 2:00PM  | Modeling Clay: Snowflakes    | 1:30PM    | Jeopardy                | 1:30PM         | Crafter's Nook: Gift Charm     | Z:00PIVI | Whiteboard Games                     | 1:45PM   | Wheel of Fortune              |
|          | •                             | 2:30PM  | Give Me 5 Game              | 2:45PM  | Whiteboard Games             | 2:30PM    | Cooking Demo: Cookie    |                | Holiday Fitness Trivia         | 2:30PM   | Giant Crossword                      | 2:30PM   | Indoor Walking/Sing Along     |
| <u> </u> | •                             | 3:00PM  | Blackjack                   | 3:15PM  | BINGO!                       |           | Decorating              | 3:00PM         | BINGO! & Caroling              | 3:00PM   | <u> </u>                             |          | Documentry Hour               |
| 28       |                               | 29      |                             | 30      | Holiday Lights Scenic Drive  | 31        | "Noon" Year's Eve       | Happy          | Hanukkah! Decemb               | er 14-22 |                                      | & Resi   | dent Birthdays                |
| 9:30AM   | Chair Yoga                    | 9:30AM  | <b>Balloon Exercises</b>    | 9:30AM  | Tuesday Tone Up              | 9:30AM    | <b>Noodle Exercises</b> |                | 000000000                      |          | Debbie O. 12/1                       |          | Donna L. 12/8                 |
| 10:00AM  | <b>Giant Crossword</b>        | 10:00AM | Daily Chronicle/Art         | 10:00AM | Virtual Drive/Coffee         | 10:00AM   | Noodle Ball             |                | nnnllnnn                       |          | Jose G. 12/8                         |          | Carolina C. 12/19             |
| 10:30AM  | Indoor Walking/Sing Along     | 10:30AM | Indoor Walking/Word Puzzles | 10:30AM | Crosswords/Walking Club      | 10:30AM   | Crosswords/Walking      |                |                                | A .      | Marisol P. 12/25<br>Barbara R. 12/30 | STE SIN  | Berman V. 12/28               |
| 1:00PM   | Monopoly                      | 1:00PM  | <b>Whiteboard Games</b>     | 1:00PM  | Holiday Nail Spa             | 12:00PM   | Noon Year's Eve Party   |                |                                |          |                                      | lann.    | A+ -                          |
| 2:00PM   | Holiday Nail Spa              | 2:00PM  | <b>Ornament Bocce</b>       | 2:00PM  | <b>Modeling Clay Craft</b>   |           | & Music with Manny      | 101            | • 7                            |          |                                      | lerry    |                               |
| 3:00PM   | <b>Holiday Fitness Trivia</b> | 2:30PM  | Dominoes                    | 2:45PM  | <b>Ornament Bocce</b>        | 2:30PM    | Jeopardy                | U.             |                                |          |                                      | 12 2 i a | tinas                         |
| 3:30PM   | Sunnyside Cinema              | 3:00PM  | Blackjack                   | 3:15PM  | BINGO!                       | 3:30PM    | Somebody Feed Phil      |                |                                | V        | AL +, U                              |          | Shitten &                     |