Choosing the Right Muhurta

FOR MARRIAGE PUJA



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Choosing the Right Muhurta for Marriage Puja

Introduction

A Muhurta is the most auspicious time window for conducting any Vedic ritual. Picking the "right" Muhurta for a marriage puja aligns lunar and solar factors, planetary positions, and the couple's natal charts to maximize harmony, prosperity, and longevity for the union.

Key Astrological Factors

1. Tithi (Lunar Day)

- Auspicious: Dwitiya (2nd), Tritiya (3rd), Panchami (5th), Saptami (7th), Dashami (10th), Ekadashi (11th), Trayodashi (13th)
- Inauspicious: Amavasya (New Moon), Purnima (Full Moon),
 Chaturthi (4th), Navami (9th), Chaturdashi (14th)

2. Nakshatra (Lunar Mansion)

- Auspicious: Rohini, Mrigashira, Magha, Uttara Phalguni, Hasta,
 Swati, Anuradha, Mula, Uttara Ashadha, Uttarabhadrapada, Revati
- Inauspicious: Bharani, Krittika, Ashlesha, Jyeshtha, Dhanishta,
 Satabhisha

3. Vaara (Day of the Week)

- Auspicious: Monday, Wednesday, Thursday, Friday
- To Avoid: Sunday, Tuesday, Saturday

4. Yoga and Karana

- Inauspicious Yogas: Vyatipata, Vaidhriti, Parigha, Vishkumbha
- Prohibited Karanas: Vishti, Shakuni, Chatushpada, Nagava
- Auspicious Karanas: Kinstughna, Bava, Balava, Kaulava, Taitila,
 Garaja, Vanija

5. Lagna (Ascendant)

- The rising sign at Muhurta should be strong, free from malefic aspects.
- Ensure the 7th house (marriage house) is well-aspected and void of planetary afflictions

6. Solar Months and Sun's Rashi Transit

- Permissible Sun Signs: Mesha (Aries), Vrishabha (Taurus), Mithuna (Gemini), Vrischika (Scorpio), Makara (Capricorn), Kumbha (Aquarius)
- Avoid when Sun is in Karka (Cancer), Simha (Leo), Kanya (Virgo), Tula (Libra), Dhanu (Sagittarius), Meena (Pisces) or during Chaturmas (four-month period of Vishnu's slumber)

7. Prohibited Periods

- Adhika Masa (leap month), Kshaya Masa (diminished month),
 Chaturmas
- Pitru Paksha / Mahalaya Shraddha (ancestor-worship fortnight)

8. Rahu, Gulika and Yamaganda

 Even within a chosen Muhurta, avoid time slots ruled by Rahu, Gulika or Yamaganda, as they bring instability and obstacles

Practical Steps to Select Muhurta

- 1. Consult a trusted Panchanga for the proposed date's Tithi, Nakshatra, Yoga, Karana, and Vaara.
- 2. Check the couple's Janma Kundalis to ensure no major doshas or malefic overlaps at the chosen Muhurta.
- 3. Exclude all prohibited periods (Chaturmas, Pitru Paksha, leap/kshaya months).
- 4. Identify multiple small time-windows (generally 2–3 hours) free of Rahu, Gulika, Yamaganda.
- 5. Finalize the Muhurta in consultation with a qualified Vedic priest or astrologer.

Additional Tips

- Factor in venue availability and guest convenience when narrowing date options.
- Plan rituals (Ganesh Puja, Ganapati Sthapana) immediately before Muhurta to secure blessings.
- Keep a backup Muhurta in case of sudden calendar shifts (e.g., unexpected Amavasya or eclipse).

By meticulously aligning lunar days, nakshatras, yogas, karanas, solar transits, and planetary periods, you create a powerful energetic foundation for a lifetime of marital bliss.

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Author Bio

Rajesh Pathak is a bilingual spiritual writer and ritual documentarian who creates accessible guides for meaningful family worship.

He specializes in translating sacred ceremonies and crafting practical tips that honour tradition and foster harmony. His expertise in technical writing and cultural studies ensures each ritual is presented with authenticity and clarity.

