

1st Annual Men's Mastermind Retreat



Details

Host: Mike Nisbett (aka Uncle Mike)

Location: Harriman Outdoor Center (Stone Lodge)

AMC Harriman Outdoor Center in the heart of Harriman State Park at Breakneck Pond.

Date: Sunday, July 26 2020 to Monday, July 27 2020

Purpose: To support each other by encouraging and sharing our insight on becoming a better well-balanced man. To fellowship, relax and enjoy the great outdoors with each other

Registration and Payment *(space is limited so register early!)*

Cost: \$120

RSVP: April 1, 2020

Non-refundable deposit of \$50: May 1, 2020

Balance of payment: \$70: June 20, 2020

Price Includes:

- 1-night lodging
- Meals (breakfast, lunch, dinner, and snacks)
- Accommodations: 2 sets of bunks in each bedroom.

(Transportation is **not** provided, however we may try to arrange a carpool.)

Outdoor Activities:

- Canoeing
- Kayaking
- Hiking
- Swimming

Agenda

Sunday Afternoon, July 26th

3:00 pm Check-in

3:30 pm Hangout and lite refreshments

4:30 pm Ice-Breaker

6:00 pm Dinner

(Chicken, Ribs, Mac & Cheese, Rice, Vegetables, Bread and Salad etc.)*

7:30 - 8:30 pm Conversation (How do you stay motivated and challenge yourself to grow and be the best you?)

Monday, July 27th

7:30 am Breakfast

(Eggs, beef & turkey sausage, home fries, grits, hot & cold cereal etc.)*

9:30 – 11 am Barbershop Conversation

(Real, bold, and courageous conversations with likeminded men)

11:30 am Free time (Hike, Kayaking, Relax, etc.)

1:30 pm Lunch (Heroes and salads)*

3:00 pm Departure

* Menu items listed are subject to change.

Questions

This mastermind group retreat will focus on self-care, personal growth and maintaining healthy relationships. All discussions will center on these areas. Please feel free to let me know if you have any questions or suggestions

Pictures taken at Harriman Outdoor Center

Breakneck Pond





Inside Stone Lodge

