

The Coptic Orthodox Diocese of the  
Southern USA

Sunday School Curriculum  
Kindergarten

**Jonah's Fast**

# **Week Before Jonah's Fast**

# Week before Fast - Jonah in the Ship



When the ship sailed out to sea,  
a storm came up so violently  
the sailors thought that they would die  
as lightning flashed across the sky.



But Jonah did not make a peep.  
Down below deck, he was fast asleep!

Memory Verse:

“Jonah arose to flee” (Jonah 1:3)



**“Jonah arose to flee” (Jonah 1:3)**



**“Jonah arose to flee” (Jonah 1:3)**

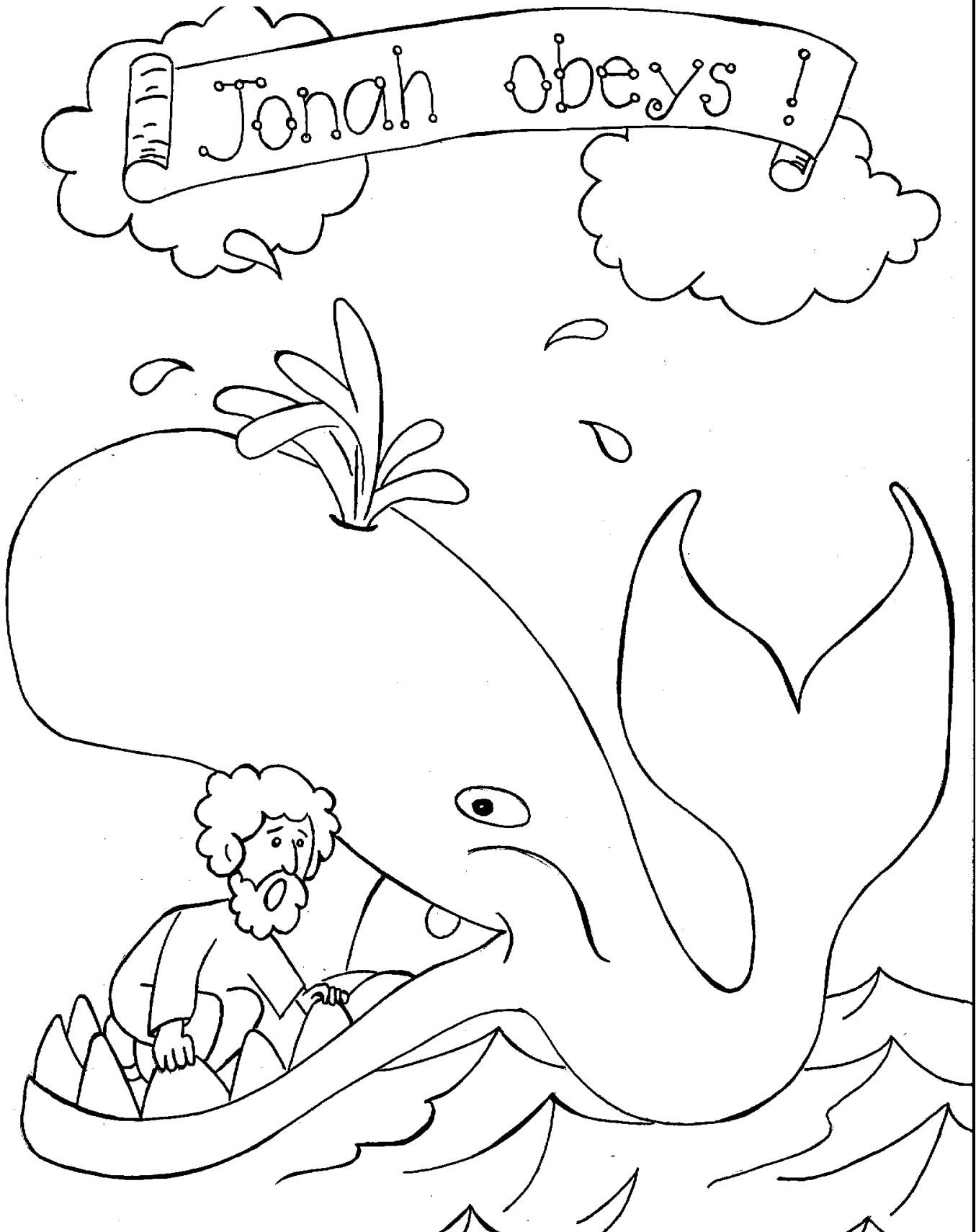


**“Jonah arose to flee” (Jonah 1:3)**



**“Jonah arose to flee” (Jonah 1:3)**

# **Week After Jonah's Fast**



Memory Verse:

“Jonah was in the belly of the fish three days” (Jonah 1:17)



**“Jonah was in the belly of the fish three days” (Jonah 1:17)**



**“Jonah was in the belly of the fish three days” (Jonah 1:17)**



**“Jonah was in the belly of the fish three days” (Jonah 1:17)**



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