

May 27, 2026
Volume 27 Number 5
130 Holmes Street
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502-223-8215

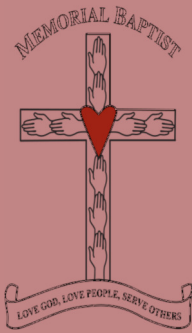
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The Heartbeat

Newsletter

Love God, Love People, Serve Others.



Pastors:
Mike Colston
Lee Meadows

Where to give
to MBC:
Our Website
Texting
MBCFRANK
to 73256
Abundant App
@ App Store



**“Honor your father and your
mother, so that you may live
long in the land the LORD your
God is giving you.
Exodus 20:12**



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**Sunday
June 21, 2026
Narthex Area @ 9:30 A.M.**

**HAPPY
FATHER'S
DAY**

**Praise be to the God and Father of our Lord Jesus Christ, who has blessed us
in the heavenly realms with every spiritual blessing in Christ. Ephesians 1:3**

A Revival of Politeness

In Mark Batterson's book entitled, "Please, Sorry, Thanks," he said the following words:

For the love of Emily Post, we need a revival of politeness, and it starts with *please*. "It sets the tone for whatever follows and is one of the most universal manners." (The Magic Words – The Emily Post Institute, Inc.)



Nothing primes the pump like *please*, especially if you put a *pretty* in front of it. How does it work? "It changes a command into a request." (The Magic Words – The Emily Post Institute, Inc.)

When Christian Herter was governor of Massachusetts, he stopped by a church barbecue after a long day on the campaign trail. As he made his way down the serving line, he asked whether he could have a second piece of chicken. The woman serving the chicken said, "Sorry. Only one to a customer." Governor Herter was a humble man, but he was also hungry. "Do you know who I am? I'm the governor of the state." Without skipping a beat, the woman replied, "Do you know who I am? I'm the lady in charge of the chicken. "Move along, mister!"

Demands come across as entitled, governor or not. A simple *please* levels the playing field. It will get you further than your title, your rank or your credentials. Authenticity trumps authority, like a royal flush. The word *please* demonstrates a posture of humility, and no one did it better than Jesus.

"Let this mind be in you which was also in Christ Jesus, who being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a servant." Philippians 2:5-7

I grew up in Alabama where my parents raised me to treat others with respect – my parents called it "manners." I guess that's why Mark Batterson's book title caught my attention – "Please, Sorry, Thanks." I even say "sir" and "ma'am" to others regardless of their age because it's how I was raised. Paul said it this way in Ephesians 4:32 – "Be kind to one another."

And in Galatians 5:22-23 Paul said that "the fruit of the Spirit is love, joy, peace, longsuffering, **kindness**, goodness, faithfulness, gentleness, self-control." If the Spirit is in control of your life, then the fruit of "kindness" (the middle/hub of those 9 fruits) will show. Glen Campbell said it this way – "The kindness that you show every day will help someone along their way. You've got to try a little kindness."



It is my privilege to serve as your pastor,

Pastor Mike



Mike Colston
Senior Pastor

JUNE 2026

WEDNESDAY SCHEDULE

Adult Bible Study 10 A.M.
Prayer & Bible Study Online

SUNDAY SCHEDULE

Children & Youth Bible Study 10-11 A.M.
Adult Bible Study 10-11 A.M.
Sunday Worship 11 A.M. – 12 NOON

BIRTHDAYS

5 Bryan David Starkey 12 Rachel Olds
7 Kathy Parr 13 Julia Hershey
7 Denise Gibson 13 Amaka Oleka
12 Leslie Smith 16 Abigail Whitt
12 Anne Goins 20 Cindy Thomas

SUN	MON	TUES	WED	THUR	FRI	SAT
	1	2 GYF Trip, 11:30 A.M., Our Best Restaurant	3 Bible Study, 10 A.M. Bible Study & Prayer Mtg., 6 P.M	4	5	6
7 Bible Study, 10 A.M. Worship Service, & Facebook, 11 A.M. Worship Kidstyle, 11 A.M Deacon Mtg, 12:15 P.M.	8		10 Bible Study, 10 A.M. Bible Study & Prayer Mtg., 6 P.M	11	12	13
14 Bible Study, 10 A.M. Worship Service, & Facebook, 11 A.M. Worship Kidstyle, 11 A.M Celebratory Pounding for Kalyla Beghtol, 2 P.M.	15	16 Guatemala Mission Trip 12-18	17 Bible Study, 10 A.M. Bible Study & Prayer Mtg., 6 P.M	18	19	20 Guatemala Mission Trip 12-18
21 Father's Day Bible Study, 10 A.M. Worship Service, & Facebook, 11 A.M. Worship Kidstyle, 11 A.M	22	23 Guatemala Mission Trip 12-18	24 Bible Study, 10 A.M. Bible Study & Prayer Mtg., 6 P.M	25	26	27 Ladies Bookclub, 11 A.M.
28 Bible Study, 10 A.M. Worship Communion Service, & Facebook, 11 A.M. Worship Kidstyle, 11 A.M	29	30				

MISSIONS

BABY BOTTLE FUNDRAISER

Mother's Day—Father's Day

Please remember to return the baby bottle you picked up on Mother's Day, filled with your cash, change or check donation, to the church by Father's Day. Checks should be made out to Avenues for Women. Avenues is our local pro-life pregnancy resource clinic providing medical services, sharing God's hope, and offering so much more to those facing unexpected pregnancies. Avenues also provides post-abortion support to those who have been affected by an abortion decision in the past.

Thank you for partnering with Avenues for LIFE.

THANK YOU

Dear Church Family,

Thank you so very much for the love, prayers, & kind words during my mothers passing and all the months leading up to her passing. Thank you also for the food, drinks, & hosting the family after the funeral. You all mean the world to me and my family.

Love, Linda Young & The Marrassini Family

Kentucky Blood Drive Wednesday, May 6, 2026.

Report from Drive. Goal: 18
 Registered: 5 Deferrals: 1
 First time Donors:0 Collected: 5
 Next drive scheduled for: Wed. Sept. 9, 2026.

Donations given in memory of Pauline Marrassini, by Benny & Linda Young & Linda Chilton by Martha Armstrong.

UPCOMING EVENTS

WORSHIP KIDSTYLE

Sundays at 11 A.M. for kids from K-Grade 3.

GYF LUNCH TRIP

Tuesday, June 2, 2026 We will meet at 11:30 A.M. at Our Best Restaurant, 5728 Smithfield Road, Smithfield, KY. If you need a ride, contact Donna Howard or Kathy Parr.

DEACON MEETING

Sunday, June 7, 2026 after the worship service in Graham's classroom.

GUATEMALA MISSION TRIP

June 12—June 18, 2026. Please be in prayer for those going on the trip, Lee, Cara, Lauren, Nolan, & Easton Meadows, Ruth & Kyle Wiley, Amy Claunch, Erin & Connor Wheeler.

CELEBRATORY POUNDING FOR KAYLA BEHTOL

Sunday, June 14, 2026 at 2 P.M. in the Narthex. If you have any questions, talk to Jamie Crowe.

DONUTS WITH DAD

Sunday, June 21, 2026 at 9:30 A.M. in the Narthex. Join us on Father's day & bring father, granddad, uncle, or other fatherlike person.

LADIES CHRISTIAN BOOK CLUB

Saturday, June 27, 2026 at 11 A.M. in the Narthex area. We will discuss "Southern Storm" by Terri Blackstock. Leaders are Deb Colston & Dianna Moore.

COMMUNION SERVICE

Sunday, June 28, 2026 during the 11 A.M. Worship Service.

For the Record	Sunday	Sunday	Sunday	Sunday	Sunday	Totals
	April 26	May 3	May 10	May 17	May 24	
Bible Study	51	59	70	52	47	
Worship Service	55	59	81	56	52	
Facebook	5-100	3-1	78-0	129-3	4-2	
Budget Offerings	4,066.00	4,321.00	2,097.00	3,027.00	4,369.00	17,880.00
Lord OT Harvest	550.00	1,150.00	385.00	475.00	885.00	3,445.00
Designated Gifts	4,496.00	460.00	6,300.00	1,105.40	1,220.00	13,581.40
Online Giving	975.00	641.57	350.00	1,417.00	100.00	3,483.57
Total Gifts	10,087.00	6,572.57	9,132.00	6,024.40	6,574.00	38,389.97



**Memorial Baptist Church
130 Holmes Street
Frankfort, KY 40601 - 2109
Return Service Requested**

Future Events

Harlan County Shoe Project



HARLAN COUNTY MISSION TRIP July 20-24, 2026

We are collecting shoes for the Harlan County Back to School BASH Shoe Drive. We are in need of the following shoe sizes: Toddler girls 5 & 6, Little girls 7, 8, 9, & 11, Girls 1 & 4, & Women's 6 thru 12. Toddler boys 5 & 6, Little boys 7 thru 13, Boys 1 thru 5, and Men's 6 thru 13. If anyone sees Men's sizes 14 thru 20, we could use 1 pair of each. You can pick up shoes or make a donation to purchase shoes. If you are interested in going on the mission trip and help clean feet and put on shoes, please contact Ruth Wiley.