GLAD –

Grateful for - family, friends, food,

Liking and Learning - about time with friends and family,

Activities or Art or Athletics - spent time with friends, school, soccer

Discovered or dreamed or delighted in –

Positive Statement - I am

 – Pt. states he is having mostly good moods maybe 9/10 if 10 is best. He is also feeling he is getting along with cousins, friends, family members in home 9/10 if 10 is best.