

Ride FLUX
PRESENTS

Ride THE FLUX GP



**YOUTH
CIRCUIT SERIES
ROAD**

**Round 2 of the British Cycling National Youth Circuit Series 2025.
Saturday & Sunday 19th & 20th April**

**pembrey national closed road circuit,
pembrey country park, burry port, llanelli, sa16 0ej**



INTRODUCTION

Welcome to Wales! And round 2 of the 2025 British Cycling National Youth circuit race series.

The multi stage event will comprise of a prologue Time Trial and 2 circuit races.

UNDER 12 (Youth C) support racing. For 2025 we have again included an under 12 support stage race using all the same circuits as the National Series.

For more info and up to date reports & results visit:
[Ride Flux on Instagram](#)

organiser

Tina Holt 07916868947 holtcyclerracing@gmail.com

event officials

Chief Commissaire	Steve Thomas
Commissaire 2	Ann Arnold
Commissaire 3	Adrian Gammage
Chief Judge	K2 Sports - Link to the result page >>> Ride Flux GP
Medical Officer	Emw & Training Ltd.
Event Safety Officer	John Holt

event hq and sign on / podium

Large Owens lorry at the entrance to the National Closed Road Circuit inside Pembrey country Park: [National Closed Road Circuit - Pembrey Country Park and Beach](#)

parking

Parking is in the Monks field. Follow the road round and turn right after the big green bike and the parking is immediately on your left. You will need to find a parking meter and pay before leaving the circuit on each day >>> [Parking & Annual Parking Permits - Pembrey Country Park and Beach](#)

There will be no changing facilities available.

catering

There will be a food and drink van available opposite the race HQ. There are also a couple of cafes within the country park. Please consider bringing adequate food and drinks to get through the days racing.

camping

Available at [Campsite - Pembrey Country Park and Beach](#) (Book with them) NO overnight camping in the race field car park.

Gear check, sign-on and timing chips

Get your gears checked near the circuit entrance, just past the big green bike. Then Sign on in the HQ.

New gear check role out regulations:

Youth A – 7.18 meters

Youth B - 6.73 meters

Youth C - 6.34 meters

Sign On is in stages. Please do not try to sign on before the allotted time. Riders should retain the transponders overnight on Day 1, and then return the transponders after their last race on Day 2. We will have volunteers removing transponders after riders have done their last race. If riders are unable to do Day 2, please return the transponder before you leave on Day 1. If you do not return your transponder, a fee of £80 will be payable so it can be replaced.






numbers

Two race numbers to be pinned on rear pockets with slight gap as show for road stages – no folding of numbers allowed.

ONE single number placed in centre of your back is allowed for the prologue TT – no folding allowed.

Transponder attachment (Timing Chip)

Velcro Strap	Cable Ties	Inner tube
Supplied	Not Supplied	Not Supplied
Fit as tight as possible onto fork. On tapered forks push up to improve tightness.	Use two cable ties. Be careful not to tie around spokes! Pull as tight as possible. Clip ends.	Old piece of inner tube. Slide up fork and insert timing chip. Most aero.
		

Race Format

Gridding on stage 2 (post TT) will be in order of GC following the TT and subsequent stages as per GC

This event is run under National Series rules as well as British Cycling Technical regulations.

The individual General Classification (“GC”) will be decided based on the aggregate time of the races, after the addition of any penalties and deduction of any bonuses, with the race leader being the rider with the lowest aggregate time after each stage. A Leader’s “Yellow Jersey” will be awarded to the Lead rider in each category after each stage.

In the event of a tie for the final overall General Classification in a category British Cycling Technical Regulation R13.6 will be applied.

In the bunch races, riders who finish in a group will be awarded the same finish time as the lead rider in that group (Bunching) unless there is a clear 1 second gap to split the riders, with riders after that gap being timed as a separate group and being allocated the time lapsed after the stage winner to the lead rider of the group.

Riders have to continue to race, even where lapped, and finish their full race time (not laps) finishing in the same Lap that the stage winner has been shown the chequered (finish) flag. Any rider that does not start or complete a stage, in the bunch races this means the full stage time, shall be excluded from the remainder of the Event

Bonus seconds - all road (bunch race) stages will include a prime sprint lap at around half distance, where bonus seconds will be awarded, as well as the awarding of bonus second at the finish of the stage. The bonus seconds will be awarded as follows:

Half distance

1st – 3 seconds

2nd – 2 seconds

3rd – 1 second

Finish on the final lap of each stage, double bonus seconds will be awarded.

1st – 10 seconds

2nd – 6 seconds

3rd – 4 seconds

No Time bonuses will be used for the under 12 races

Combative award

An award will be presented at the podium after each road stage of the National Series races - to the rider who shows the most spirit and determination. This will be sponsored and judged by Holt Cycle Coaching along with help from the organisers and input from Talent Development staff.

Race Timetable

Day 1 Event schedule	Number of riders /duration	Start	End	Gear check & Sign-on times
Course practice ALL	25	08:20:00	08:45:00	
Under 12 Girls Prologue TT	7	09:01:00		8:00-8:30
Under 12 Boys Prologue TT	22	09:06:00		
Female Youth B Prologue TT	28	09:18:30		8:30-9:00
Open Youth B Prologue TT	40	09:34:00		
Female Youth A Prologue TT	38	09:55:30		9:00-9:30
Open Youth A Prologue TT	88	10:16:00	11:00:00	9:30-10:00
Break	45	11:00:00	11:45:00	
ALL Prologue Jersey presentations	15	11:15:00	11:30:00	
Course practice under 12 & 14s	10	11:30:00	11:40:00	
Under 12 Stage 2	30	11:45:00	12:15:00	
Female Youth B stage 2	45	12:25:00	13:10:00	
Open Youth B stage 2	45	13:20:00	14:05:00	
Break	30	14:05:00	14:35:00	
Under 16 course practice	15	14:10:00	14:25:00	
Under 12 & 14 Podium Presentations	10	14:15:00	14:25:00	
Female Youth A stage 2	60	14:35:00	15:35:00	
Open Youth A stage 2	60	15:45:00	16:35:00	
Day 2 Event schedule	Number of riders /duration	Start	End	Gear check & Sign-on times
Course practice under 12 & 14s	20	09:00:00	09:20:00	
Under 12 stage 3	30	09:30:00	10:00:00	8:30-9:00
Female Youth B stage 3	60	10:10:00	11:10:00	9:00-9:30
Open Youth B stage 3	60	11:20:00	12:20:00	10:00-11:00
Break	30	12:20:00	12:50:00	
Course practice Under 16	20	12:25:00	12:45:00	
Under 12 & 14 Presentations	15	12:30:00	12:45:00	
Female Youth A stage 3	90	12:55:00	13:25:00	11:30-12:30
Open Youth A stage 3	90	14:35:00	16:05:00	13:00-14:00
Under 16 Presentations	15	16:30:00	16:45:00	

The Stages

Saturday 19th April 2025

stage 1 prologue time trial 1.7km

One lap time trial anticlockwise using the full circuit. Riders will go through the gate and turn left to queue up for their TT start. You will be held up on the right hand side of a barrier. When you start stick to the right hand side of the barrier / cones for the initial stretch (to keep you separate from riders that have just finished) and race a full lap all the way back to where you started. The barriers will direct you on the left hand side of the road through the finish line. Shortly after the finish take care! turn left into a holding area and wait for a marshal to direct you back out of the circuit past HQ. Riders will be set off at 30 second intervals in program order. Please see your start time in the rider list. TT bars/arm extensions, disc wheels and TT helmets are not permitted. TT helmets that are not allowed include fully enclosed Lazer and Kask 'bunch' style helmets used for track racing.

first rider off 9.31 am then in the order shown in the riders list below.

Please check if you are in the top 3 on the stage and the time of presentations. After the final stage we need top 5 overall. Be on time with club / team top on.

Please arrive at the start with plenty of time to spare.

See your start time below in the rider list.

A time penalty will be issued for missed starts.

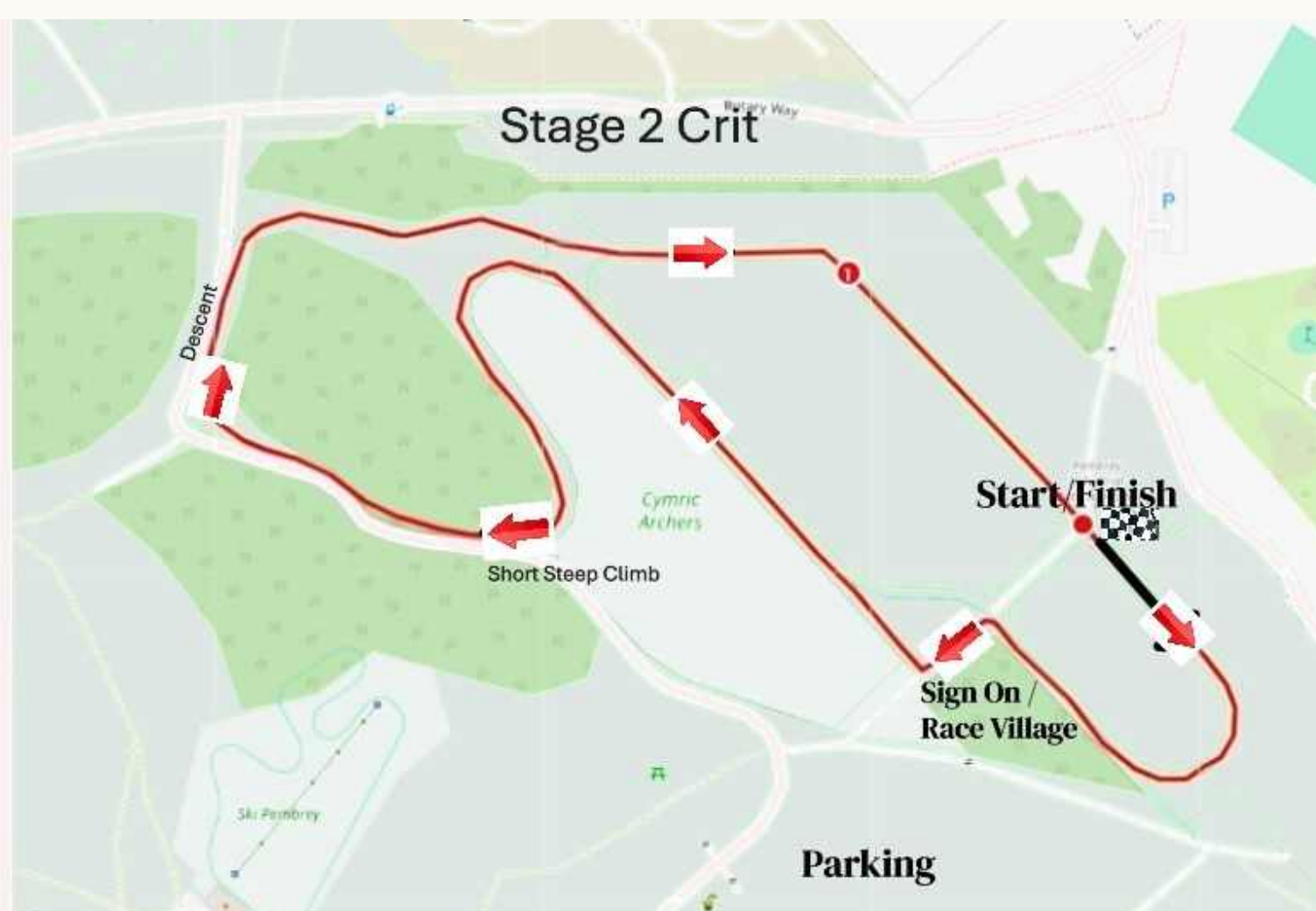
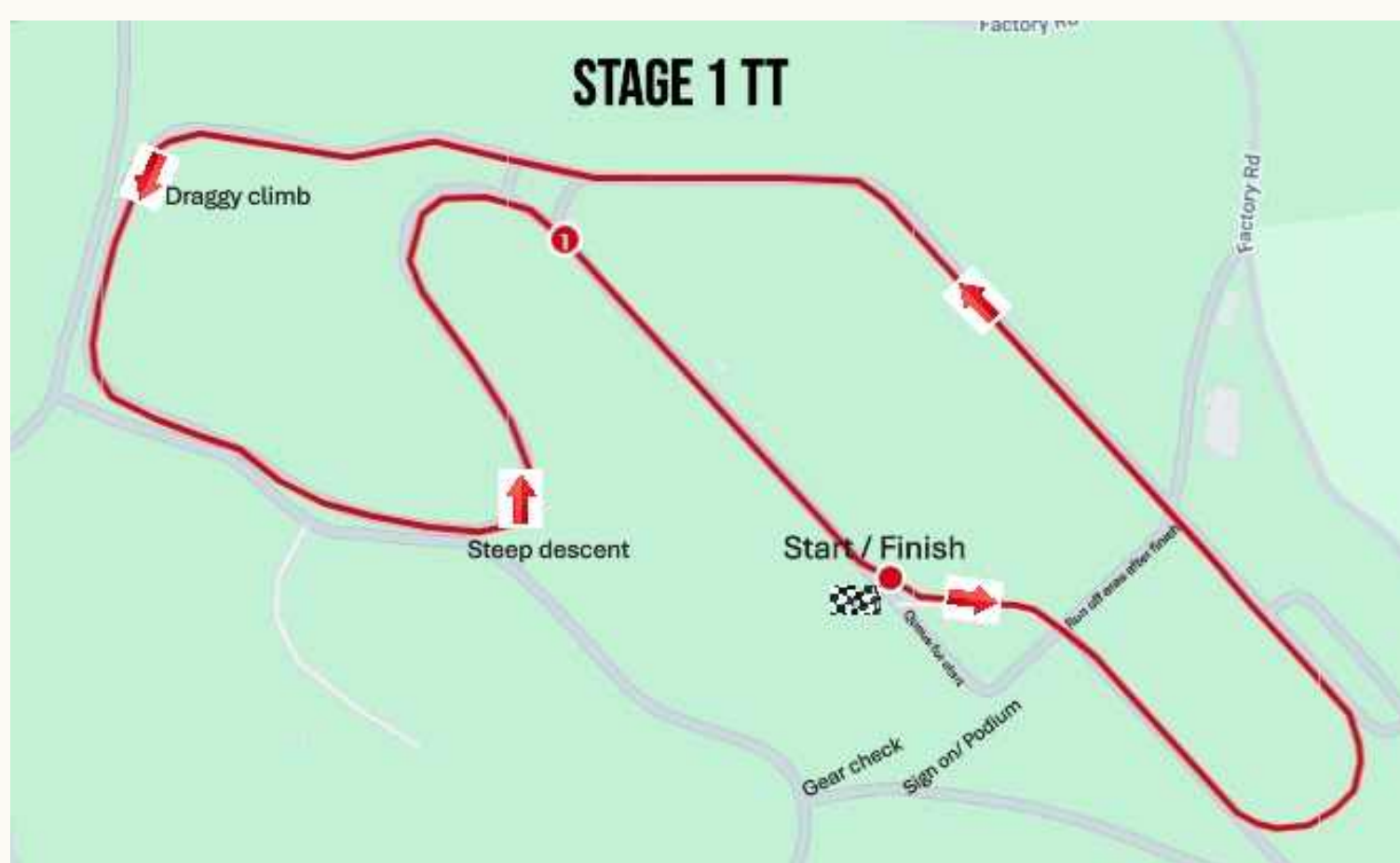
Courses, distance and directions may change due to weather conditions, and circumstances on the day at the discretion of the Commissar and race organisers

Rider Safety

When racing, TT or Road Races, riders are not permitted to adopt a position where wrists or forearms are resting on the centre of the handlebars. At all time, excepting feeding and drinking, a full grip of the handlebars or brake lever hoods should be maintained. Any rider observed riding in a manner deemed unsafe by our Commissaires will be penalised ten seconds on the first occasion, twenty for the second and, ultimately relegation to last on the stage for three or more occurrences.



The Circuits



TT start order

Under 12 Girls				
Start Time	Race Number	First Name	Last Name	Club / Team Name
09:01:00	1	Harriet	Cosnett	Wolverhampton Wheelers
09:01:30	2	Daisy	Duffield	Cwmcarn Paragon Cycling Club
09:02:00	3	Ionie	Johnson Hayward	Wolverhampton Wheelers
09:02:30	4	Xenia	Munoz-Fite	Team RL360 Isle Of Man
09:03:00	5	Eva	Ridley	Clifton CC
09:03:30	6	Mehreen	Taimur	VC Londres
09:04:00	7	Libby	Winkley	360cycling
2 min gap / break				
Under 12 Boys				
09:06:00	8	George	Anthony	Matlock CC
09:06:30	9	Austin	Baglow	Team RL360 Isle Of Man
09:07:00	10	Nathan	Baker	Breffni Wheelers
09:07:30	11	Jake	Beaumont	Maindy Flyers CC
09:08:00	12	George	Brace	Maindy Flyers CC
09:08:30	13	Isaac	Burns	Maindy Flyers CC
09:09:00	14	Theo	Carter	Manilla Cycling
09:09:30	15	Stanley	Cox	Palmer Park Velo RT
09:10:00	16	Owain	Creed	Maindy Flyers CC
09:10:30	17	Danny	Davies	The Bulls
09:11:00	18	Joseph	Gill	Cycle Stars
09:11:30	19	Nathaniel	Clegg	360cycling
09:12:00	20	George	Harvey	Maindy Flyers CC
09:12:30	21	Taliesin	Jayne	Maindy Flyers CC
09:13:00	22	Cass	Kendall	North Cheshire Clarion
09:13:30	23	Blake	Knight	Cycle Stars
09:14:00	24	Oscar	Northover	Southborough & District Whls
09:14:30	25	Edward	Peters	CTW Racing
09:15:00	26	Jack	Pryce	Maindy Flyers CC
09:15:30	27	Tejus	Savulionis-Ptasnikas	Limited Edition Cycling
09:16:00	28	James	Taylor	Maindy Flyers CC
09:16:30	29	Riley	Wastall	4T+ Cyclopark

TT start order

		Youth B Girls		
09:18:30	30	Annabelle	Carter	Manilla Cycling
09:19:00	31	Elysian	Rose	Clifton CC
09:19:30	32	Amelie	Freeman	Palmer Park Velo RT
09:20:00	33	Betsy	Wood	Maindy Flyers CC
09:20:30	34	Evangeline	Cox	Maindy Flyers CC
09:21:00	35	Efa	King	Maindy Flyers CC
09:21:30	36	Isabella	Jones	Cycle Stars
09:22:00	37	Annie	Fearne	Kirklees Cycling Academy
09:22:30	38	Olivia	Laing	Southport CC
09:23:00	39	Seraphina	Green	360cycling
09:23:30	40	Seraphina	Clegg	360cycling
09:24:00	41	Imogen	Tan	Maindy Flyers CC
09:24:30	42	Poppy	Clayton	Team RL360 Isle Of Man
09:25:00	43	Evie	Cox	Palmer Park Velo RT
09:25:30	44	Lauren	Fox	Mid Devon CC
09:26:00	45	Mabli Gwenllian	Booth	Velo Myrddin CC powered by Y Beic
09:26:30	46	India-Rose	Osborne	4T+ Cyclopark
09:27:00	47	Harriet	Hughes	Leicester Forest CC
09:27:30	48	Eliza	Saxton	Huddersfield Star Wheelers
09:28:00	49	Emily	Tregear	GKR Racing
09:28:30	50	Florence	Cooper	Palmer Park Velo RT
09:29:00	51	Tillie	Jennings	Clancy Briggs Cycling Academy
09:29:30	52	Ava	Baker	Breffni Wheelers
09:30:00	53	Jess	Duffield	Cwmcarn Paragon Cycling Club
09:30:30	54	Harriet	Sleightholm	Clifton CC
09:31:00	55	Catrin	Thomas	Maindy Flyers CC
09:31:30	56	Olivia	Marriott	Derby Mercury RC
09:32:00	57	Alice	Wagstaff	Sprockets Cycle Club
2 min gap / break				

TT start order

		Youth B Open		
09:34:00	58	Laurence	Denney	Maindy Flyers CC
09:34:30	59	Tommy	Bass	Team RL360 Isle Of Man
09:35:00	60	Barnaby	Smith	GKR Racing
09:35:30	61	Charles	Bunting	VC Londres
09:36:00	62	Red	Johnson	360cycling
09:36:30	63	Felix	Davies	Gower Riders
09:37:00	64	Dorian	Molnar	Clifton CC
09:37:30	65	Ethan	Senyurek-Willis	Manilla Cycling
09:38:00	66	Bernat	Munoz-Fite	Team RL360 Isle Of Man
09:38:30	67	Micah	Johnson Hayward	Wolverhampton Wheelers
09:39:00	68	Frank	White	North Cheshire Clarion
09:39:30	69	Rudy	Legg	Maindy Flyers CC
09:40:00	70	James	Trippier	Beeston Cycling Club
09:40:30	71	Daniel	Shipton	Manilla Cycling
09:41:00	72	Jacob	Day	VC Londres
09:41:30	73	Isaac	McAdie	Gower Riders
09:42:00	74	Lewis	Bentley	Shibden Cycling Club
09:42:30	75	Oliver	Howard	Halesowen A & CC
09:43:00	76	Daniel	Hatcher	Palmer Park Velo RT
09:43:30	77	Jacob	Brace	Maindy Flyers CC
09:44:00	78	Evan	Taylor	Maindy Flyers CC
09:44:30	79	Stanley	Perkins	Matlock CC
09:45:00	80	Cadan	Lloyd-Jones	PDQ Cycle Coaching Property Elite
09:45:30	81	Lewis	Bailie	Tyneside Vagabonds CC
09:46:00	82	Joe	Kendall	North Cheshire Clarion
09:46:30	83	Jamie	Kerry	Cycle Stars
09:47:00	84	Reuben	Hart	Huddersfield Star Wheelers
09:47:30	85	Oliver	Hughes	North Cheshire Clarion
09:48:00	86	Hugh	Graves	4T+ Cyclopark
09:48:30	87	Sebastian	Armstrong	Velo Myrddin CC powered by Y Beic
09:49:00	88	William	Hance	
09:49:30	89	Adam	Short	Cotswold Veldrijden
09:50:00	90	Jude	White	Mid Shropshire Wheelers
09:50:30	91	Joshua	Hughes	ESV Manchester
09:51:00	92	Sion	Phillips	Velo Myrddin CC powered by Y Beic
09:51:30	93	Mujtaba	Taimur	VC Londres
09:52:00	94	William	Terry	Poole Wheelers CC
09:52:30	95	Cody	Bassett	Matlock CC
09:53:00	96	Osian	Phillips	Maindy Flyers CC
09:53:30	97	Zachary	Bramley	Beeston Cycling Club
2 min gap / break				

TT start order

		Under 16 Girls		
09:55:30	98	Rosie	Wingate	Liv Cycling Club - Halo Films
09:56:00	99	Scarlett	Ford	Stratford CC
09:56:30	100	Isla	Woolf	Matlock CC
09:57:00	101	Luned	Budge	Maindy Flyers CC
09:57:30	102	Lauren	Lee	Lee Valley Youth Cycling Club
09:58:00	103	Eva-Joan	Leavis	Derby Mercury RC
09:58:30	104	Aalia	Clay	VC Londres
09:59:00	105	Melissa	Moscrop	360cycling
09:59:30	106	Florence	Wood	Maindy Flyers CC
10:00:00	107	Eloise	Ward	Lee Valley Youth Cycling Club
10:00:30	108	Isabelle	Goodwin	Brother UK - On Form
10:01:00	109	Alexandra	Tan	Maindy Flyers CC
10:01:30	110	Sophie	Guy	Ilkeston Cycle Club
10:02:00	111	Katie	Lawson	Secret-Training.cc
10:02:30	112	Ava	Luce	Deeside Thistle CC
10:03:00	113	Molly	Watson	Manilla Cycling
10:03:30	114	Yamina	Clay	VC Londres
10:04:00	115	Carys	Hughes	
10:04:30	116	Abi	Clayton	Team RL360 Isle Of Man
10:05:00	117	Esmee	Bone	Welwyn Wheelers CC
10:05:30	118	Imogen	McAdie	Gower Riders
10:06:00	119	Katie	Robertson	Clifton CC
10:06:30	120	Georgia	Lovett	Palmer Park Velo RT
10:07:00	121	Aisling	Charlesworth	Fibrax Fenwick's Wrexham C C
10:07:30	122	Olivia	Smallshaw	Secret-Training.cc
10:08:00	123	Eve	Fairbairn	Discovery Junior Cycling Club
10:08:30	124	Peggy	Knox	ViCiOUS VELO
10:09:00	125	Lowri	Goodwin	Cwmcarn Paragon Cycling Club
10:09:30	126	Grace	Upshall	Shibden Apex RT
10:10:00	127	Tilly	Hofert	Clifton CC
10:10:30	128	Izabel	Young	Shibden Apex RT
10:11:00	129	Lois	Rogerson	Lee Valley Youth Cycling Club
10:11:30	130	Lily-Ann	Scott	Team RL360 Isle Of Man
10:12:00	131	Isla	Pattinson	Solent Pirates
10:12:30	132	Melanie	Rowe	Deeside Thistle CC
10:13:00	133	Eleanor	Thompson	4T+ Cyclopark
10:13:30	134	Skye	Martingale	TEAM TYPE ONE STYLE
10:14:00	135	Rose	Lewis	Halesowen A & CC
2 min gap / break				

TT start order

		Under 16 Open		
10:16:00	136	Samuel	Freeman	Beeston Cycling Club
10:16:30	137	William	Macpherson	VC Londres
10:17:00	138	Micah	Myles	Edinburgh RC
10:17:30	139	Nathan	Morris	Sulis Scorpions Youth CC
10:18:00	140	Alfie	Nott	Sheffield Youth Cycling Club
10:18:30	141	Noah	Smith	GKR Racing
10:19:00	142	Matthew	Holmes	Mid Devon CC
10:19:30	143	Samuel	de la Mare	VC Londres
10:20:00	144	Bayley	Woodger	Mid Devon CC
10:20:30	145	Milo	De La Mare	VC Londres
10:21:00	146	Rian	McCrystal	
10:21:30	147	Charlie	Shalders	Stratford CC
10:22:00	148	Alex	Box	The Grit Cartel
10:22:30	149	Finley	Freeman	Palmer Park Velo RT
10:23:00	150	Arthur	Sleightholm	Clifton CC
10:23:30	151	Meryn	Kitching	Mid Devon CC
10:24:00	152	Matthew	Mather	The Grit Cartel
10:24:30	153	Samuel	Price	Ilkeston Cycle Club
10:25:00	154	Finley	Staunton	Sprockets Cycle Club
10:25:30	155	Alex	Wilkes	Wolverhampton Wheelers
10:26:00	156	Ciaran	Ho	Hadleigh Cycling Club
10:26:30	157	Osian	Rowe	Maindy Flyers CC
10:27:00	158	Finley	Child	Beeston Cycling Club
10:27:30	159	Hedd	Griffiths	Maindy Flyers CC
10:28:00	160	Malakhi	Bailey	Halesowen A & CC
10:28:30	161	William	Phillips	Avid Sport
10:29:00	162	Talan	Jones	Maindy Flyers CC
10:29:30	163	Steffan	King	GKR Racing
10:30:00	164	Alex	MacInnes	Lee Valley Youth Cycling Club
10:30:30	165	Ewan	Whiting	Beeston Cycling Club
10:31:00	166	Fraser	Gemmell	West Lothian Clarion CC
10:31:30	167	Joel	Thomas	
10:32:00	168	Felix	Lopez	Thanet RC
10:32:30	169	Zach	Jones	Team RL360 Isle Of Man
10:33:00	170	Finlay	Burns	Maindy Flyers CC
10:33:30	171	Alex	Creed	Sulis Scorpions Youth CC
10:34:00	172	Deian	Roberts	Fibrax Fenwick's Wrexham C C
10:34:30	173	Ivo	Thwaites	Southborough & District Whls
10:35:00	174	Benjamin	Cousins	Verulam Megan's RT
10:35:30	175	Zack	Stobbs	Tyneside Vagabonds CC
10:36:00	176	Oliver	Gunn	4T+ Cyclopark

TT start order

10:36:30	177	Harry	Moran	Palmer Park Velo RT
10:37:00	178	Harry	Cooper	Palmer Park Velo RT
10:37:30	179	Theo	Wan	Beeston Cycling Club
10:38:00	180	Billy	Kee	Lee Velo (South East London)
10:38:30	181	Jack	Barden-Beatty	Lee Valley Youth Cycling Club
10:39:00	182	Finlay	Storrie	GKR Racing
10:39:30	183	George	Collins	Schils - Doltcini Racing Team
10:40:00	184	William	Coles	GKR Racing
10:40:30	185	Archie	Harvey	Maindy Flyers CC
10:41:00	186	Billy	Ladle	Secret-Training.cc
10:41:30	187	Archie	Whittemore	Clifton CC
10:42:00	188	Harvey	Woodroffe	Ely & District CC
10:42:30	189	William	Morris	Beeston Cycling Club
10:43:00	190	Lee	McQueen	Falkirk Bicycle Club
10:43:30	191	Lewis	Anderson	Shibden Apex RT
10:44:00	192	Jake	Bird	Beeston Cycling Club
10:44:30	193	Daniel	Minay	Team RL360 Isle Of Man
10:45:00	194	Lucas	Lillistone	Avid Sport
10:45:30	195	Daniel	Branford	Poole Wheelers CC
10:46:00	196	Daniel	Davies	Maindy Flyers CC
10:46:30	197	Thomas	Hutchinson	Team RL360 Isle Of Man
10:47:00	198	Thomas	Smith	Clifton CC
10:47:30	199	Freddie	Winkley	Shibden Apex RT
10:48:00	200	Joel	Gibbon	Hetton Hawks Cycling Club
10:48:30	201	Edward	Graves	4T+ Cyclopark
10:49:00	202	Harrison	Hendy	Team HUP
10:49:30	203	Freddie	Collier	Lee Valley Youth Cycling Club
10:50:00	204	Patrick	Kavanagh	Harrogate Nova CC
10:50:30	205	Oliver	Riches	Wheal Velocity
10:51:00	206	Daniel	Middlebrooke	Otley CC
10:51:30	207	Cameron	Hounsell	Team RL360 Isle Of Man
10:52:00	208	Cameron	Reeves	Maindy Flyers CC
10:52:30	209	Henry	Hopson	VC Londres
10:53:00	210	Aden	Smith	Clifton CC
10:53:30	211	Loris	Cains	Avid Sport
10:54:00	212	Benjamin	Harrington	Clifton CC
10:54:30	213	Noah	White	Shibden Apex RT
10:55:00	214	Thomas	Karra-Betts	Wolverhampton Wheelers
10:55:30	215	Oliver	Swinburn	The Grit Cartel
10:56:00	216	James	Calvert	ROTOR Race Team
10:56:30	217	Finley	Andrews	4T+ Cyclopark
10:57:00	218	Otto	Allison	Charlotteville CC
10:57:30	219	Jamie	Law	Maindy Flyers CC
10:58:00	220	Soren	Davies	Portishead Cycling Club
10:58:30	221	Sammy	Baker	Palmer Park Velo RT
10:59:00	222	William	Baldie	Avid Sport
10:59:30	223	Xander	Brandon-Higgs	Hafren CC

Ride FLUX
bringing cycling back from the future

Ride FLUX GP

BRITISH CYCLING
YOUTH CIRCUIT SERIES
ROAD

Jersey and Sponsors



HMY



BEICIO CYMRU

Thank you to all the partners who play a part in making this race happen, along with volunteers from local cycling clubs who give up their time.



HMY

Want more?

JOIN THE FLUX

TUESDAY EVENING CRITS AT PEMBREY NATIONAL CLOSED ROAD CIRCUIT

WHAT? Seven rounds of Evening Circuit Racing

WHERE? On the purpose built 1.7km road circuit at the National Closed Road Circuit inside Pembrey country park.

FOR WHO?

Race 1 - 5.50pm - 30 mins approx. Youth Racing

B Girls (Under 14)

B Open (Under 14)

A Girls (Under 16)

A Open (Under 16)

Race 2 - 6.30pm - 35 mins approx.

3/4 Open

1/2/3/4/J Women

(separate points for Open and Women)

Race 3 - 7.15pm - 45 mins approx.

E/1/2/3 Open

WEDNESDAY EVENING FREEWHEEL TRACK RACING FOR YOUTH AND 4TH CAT RIDERS

WHAT? Seven rounds of evening track racing for youth riders and 4th cats

WHERE? Carmarthen Velodrome

FOR WHO?

Race Program:

Race 1 - 6.00pm - 10 mins approx.

Under 8

Race 2 - 6.20pm - 15 mins approx.

Under 10

Race 3 - 6.45pm - 20 mins approx.

Under 12

Race 4 - 7.30pm - 30 mins approx.

4th Category OPEN.

A great introduction to road bike racing!