



# Community Involvement Activities Committee

## MEETING SUMMARY

*The purpose of the CIA is to help bridge the gap between the community and service providers by creating opportunities to involve community members in the planning process. In addition, community members will receive crucial updates on changes in Ryan White and related health/social services.*

**Wednesday, August 28, 2024, from 5:00 PM to 6:02 PM**  
 Video-Conference via Zoom: <https://zoom.us/j/86241473770>  
 Teleconference: (929) 205-6099 / Meeting ID: 862 4147 3770#

**Attendees:** There 11 were attendees at the meeting, and they took part in the Zoom call.

Attendees by County							
Essex	Union	Morris	Sussex	Warren	Unknown	Other	Total
9	2						

**Support Staff:** Roberto Benoit, Richell Garcia

**Guests:** Ashley Bramble, Dr Lynch, Cecilia Gomez, Dr Walter.

**1. Welcome and Moment of Silence**

Poole, Committee Chair, called the meeting to order at 5:02 PM and welcomed all in attendance. Support Staff supplied a brief overview of the CIA’s purpose and goals. A moment of silence was observed for all those living with, those who have passed, and those affected by HIV/AIDS.

**2. Public Testimony**

There was no public testimony.

**3. Approval of the Meeting Summary**

There was no meeting summary for approval.

**4. Ryan White Part A Updates**

**5. Old Business**

**6. New Business**

- **Presentation**

Cecilia Gomez is a community cancer control specialist from Rutgers Cancer Institute. Gomez provided a presentation on Nutrition & Colorectal Health for Cancer. The goals of the presentation were:

- Understanding of the risk factor of colorectal cancer
- Current knowledge for colorectal health and cancer prevention
- Encourage self, friends and family to seek appropriate screening according to current guidelines.

Gomez recommended integrating fiber in the diet to help control sugar and transport toxins out of the body. After the presentation, the committee members and presenter engaged in a question-and-answer session.

#### **7. Announcements**

- Warren is working on finalizing dates for two in person events in the month of September and October. The first event has a tentative date for September 25, 2024. Warren will forward a flyer with the final dates and location.

#### **8. Next Meeting**

The next CIA meeting will be held on Wednesday September 25, 2024.

#### **9. Adjournment**

The meeting was adjourned at 6:02 PM.