



**THE BAG
THAT
WON'T LET
GO**

EVERY BAG LOOKS DIFEERENT

It becomes a part of your identity.

You feel increasingly hopeless.

You become defensive.

You become a slave.

You begin to lose your life.

Romans 7 v 15

“I don't understand myself at all, for I really want to do what is right, but I don't do it. Instead, I do the very thing I hate.”

Psalms 19 v 13

Keep back Your servant also
from presumptuous *sins*;

Let them not have dominion over me.

Then I shall be blameless,

And I shall be innocent of great transgression.

BREAKING FREE

2 Corinthians 3 v 17 “Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.”

Philippians 4 v 13 “I can do everything through him who gives me strength.”

Galatians 5 v 1 “It is for freedom that Christ has set us free.”

BREAKING FREE

1. Cut the ties (Deny Ownership)

1 Corinthians 15 v 33-34 “Do not be misled: ‘Bad company corrupts good character.’ Come back to your senses as you ought, and stop sinning...”

James 4 v 7 “Submit yourselves, then, to God.

Resist the devil, and he will flee from you. Cut the ties.

BREAKING FREE

2. Fill the void (Get a different and lighter bag)

Ephesians 5 v 18 “Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.”

God's Word

Ephesians 5 v 26 “...washed by the cleansing of God's word.”

BREAKING FREE

2. Fill the void (Get a different and lighter bag)

Prayer

Hebrews 4 v 15-16 “(Jesus) understands our weaknesses, for He faced all of the same temptations we do, yet He did not sin. So let us come boldly to our gracious God. There we will receive His mercy, and grace to help us when we need it.”

BREAKING FREE

3. Fill the void (Get a different and lighter bag)

An accountability partner

James 5 v 16 “Therefore confess your sins to each other and pray for each other so that you may be healed.”



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