

choose joy

Sin destroys our identity

Psalm 38 v 4 & 6

My guilt has overwhelmed me like a burden too heavy to bear... I am bowed down and brought low.

Hebrews 12 v 1 - 3 (TLB)

Since we have such a huge crowd of men of faith watching us from the grandstands, let us strip off anything that slows us down or holds us back, and especially those sins that wrap themselves so tightly around our feet and trip us up; and let us run with patience the particular race that God has before us. Keep your eyes on Jesus, our leader and instructor. He was willing to die a shameful death on the cross because of the joy he knew would be his afterwards; and now he sits in the place of honor by the throne of God. If you want to keep from becoming fainthearted and weary, think about his patience as sinful men did such terrible things to him.

Isaiah 9 v 2 -3

The people who walked in darkness
Have seen a great light;
Those who dwelt in the land of the shadow
of death,
Upon them a light has shined.
³ You have multiplied the nation
And increased its joy;
They rejoice before You
According to the joy of harvest,
As men rejoice when they divide the spoil.

Daily **choose** to put to death my old sin nature.

Psalm 51 v 2

Wash away all my iniquity and cleanse me from my sin.

Romans 8v 12 - 13 (NLT)

Therefore, dear brothers and sisters, under no obligation to do what your sinful nature urges you to do. For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.

Acts 3 v 19 - 20

Now repent of your sins and turn to God, so that your sins may be wiped away. Then times of refreshment will come from the presence of the Lord

Daily pursue God's plan for my life.

Psalm 51 v 10

Create in me a pure heart, O God, and renew a steadfast spirit within me.

Romans 12 v 2 (NLT)

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

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Life-changing JOY is inside out

Galatians 5 v 22 - 23

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Life-changing JOY is beyond circumstances

Psalms 19 v 8

The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes.

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Daily live a life that impacts others.

Psalm 51 v 12 – 13

Restore to me the joy of Your salvation... and grant me a willing spirit, to sustain me. Then I will teach transgressors Your ways, so that sinners will turn back to You.

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Life-changing joy is with others

Psalm 16 v 11 (ESV)

You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

Life-changing JOY is going to win

Nehemiah 8 v 10

Do not grieve, for the joy of the LORD is your strength.

Divine Order of JOY

J Jesus - Matthew 6 v 33 (AMP)

But seek (aim at and strive after) first of all His kingdom and His righteousness (His way of doing and being right), and then all these things taken together will be given you besides.

O Others - Acts 20 v 35

In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: "It is more blessed to give than to receive."

Y Yourself - 1 Peter 5:7 (NLT)

Give all your worries and cares to God, for he cares about you.

Daily release my past and take another step toward freedom

Psalm 51 v 7

Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow.

James 5 v 16 (MSG)

Make this your common practice: Confess your sins to each other and pray for each other so that you can live together whole and healed. The prayer of a person living right with God is something powerful to be reckoned with.

KEY NOTES TODAY

Choices (left or right)

Daily Choice (intentional)

Hunting for happiness

It is hard to be happy and guilty at the same time

Joy not sorrow

Joy is a feeling, that comes after a choice

**Change of Pace + Change of Place =
NEW PERSPECTIVE**