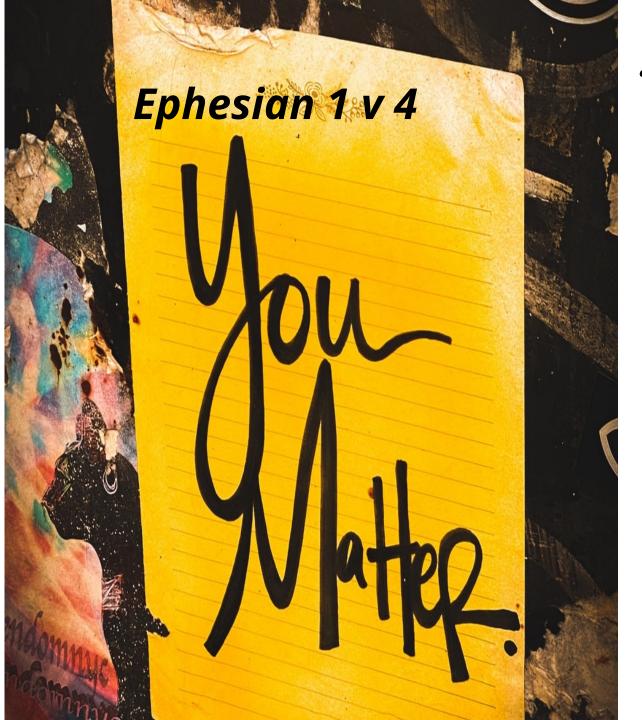
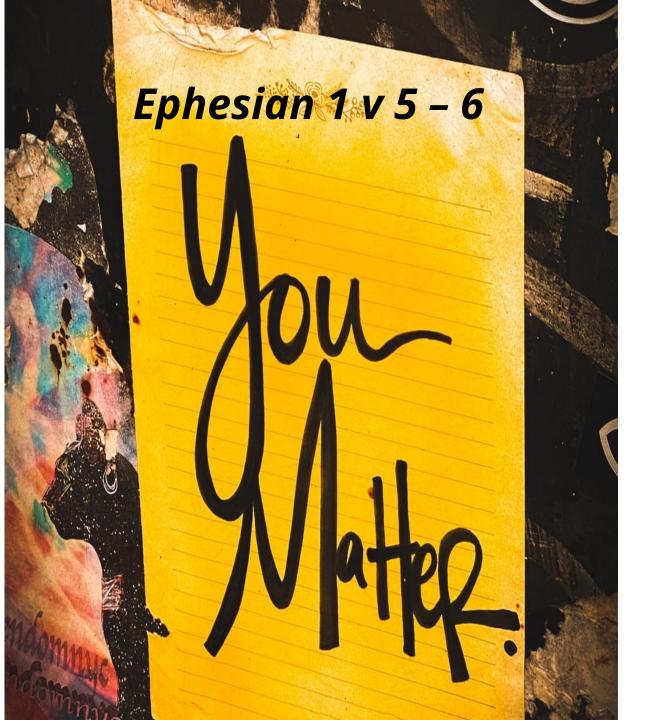


For You created my inmost being; You knit me together in my mother's womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well.



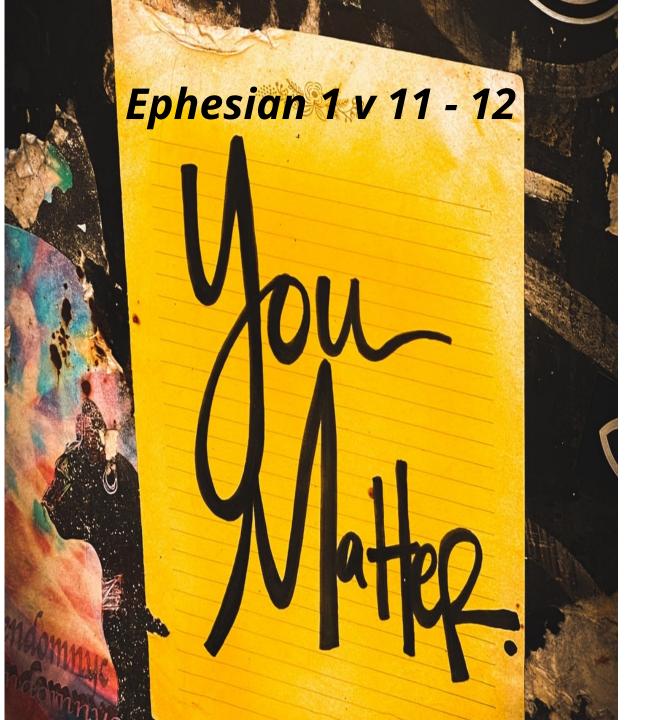
...Because of who you are

For He chose us in Him before the creation of the world to be holy and blameless in His sight.



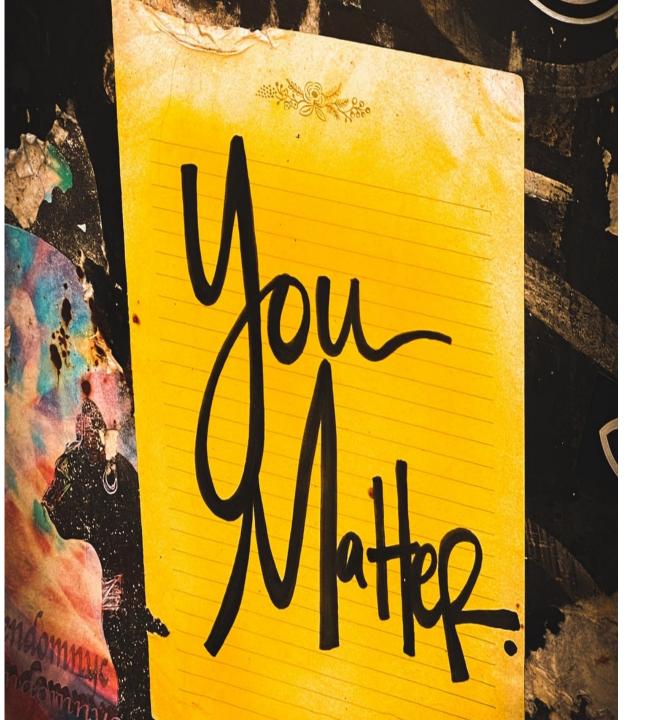
...Because of what you cost.

In love He predestined us for adoption to sonship through Jesus Christ, in accordance with His pleasure and will— ⁶ to the praise of His glorious grace, which He has freely given us in the One He loves.



...Because of what you can become.

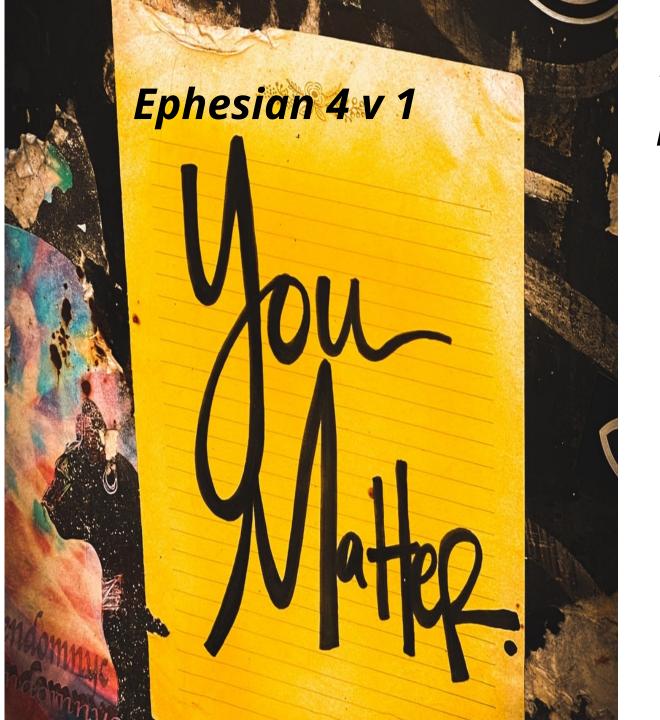
In Him we were also chosen having been predestined according to the plan of Him who works out everything in conformity with the purpose of His will, ¹² in order that we, who were the first to put our hope in Christ, might be for the praise of His glory.



You matter.

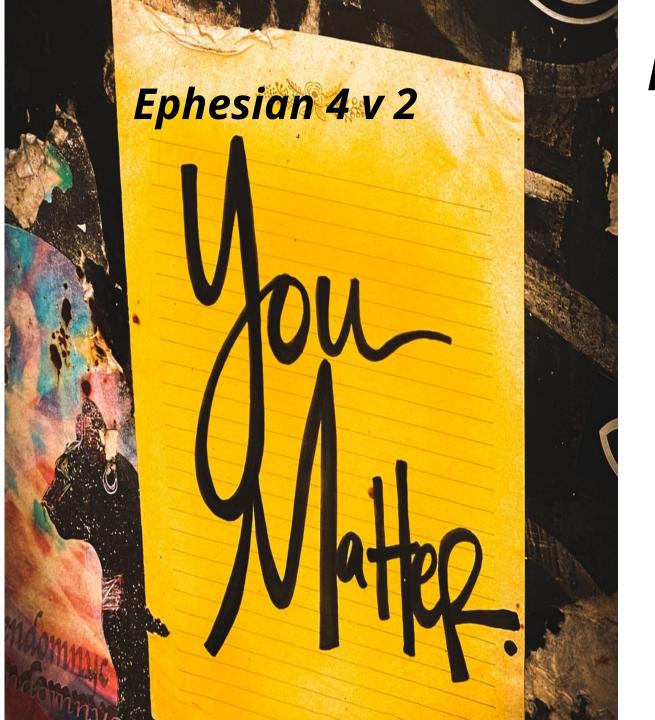
You have value.

Start living it today and never stop.



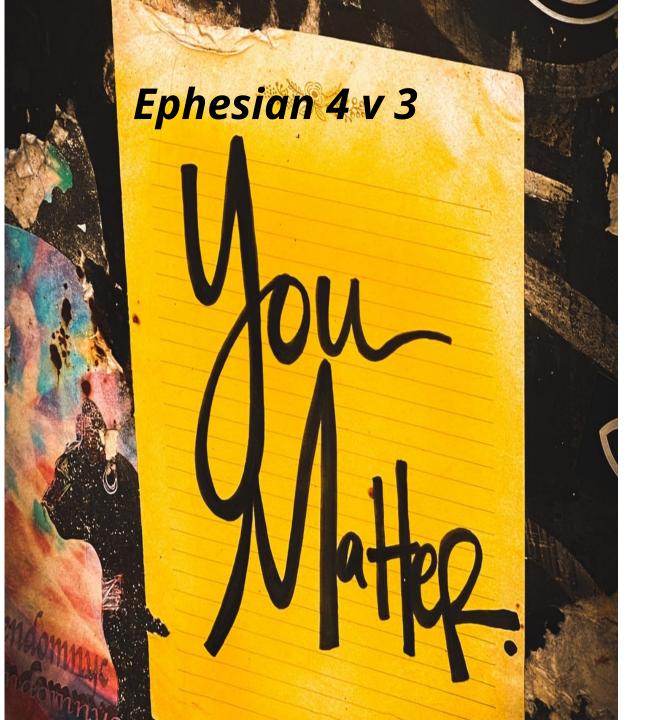
Discover your spiritual path and start moving.

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.



Be humble and disciplined.

Be completely humble and gentle; be patient, bearing with one another in love.



Serve one another and stay together.

Make every effort to keep the unity of the Spirit through the bond of peace.