



Personal Development Course List

Get started today, email support@h2l.live for more information

Sample Course List

6 Tips to Achieve Work-Life Balance
Assessing Your Strengths, Interests, and Values
Building Great Relationships
Developing Empathy
Emotional Intelligence Crash Course
How to Be Personally Credible
How to Overcome Your Fear of Failure
How to Project a Professional Image in a Casual Environment
Igniting Creativity
Lead By Example: Influencing Without Authority
Negotiating Skills
Paul Bloom on Finding Meaning and Pleasure Through Suffering
Retirement Planning for Every Stage of Life
Rutger Bregman Offers a Hopeful History of Humankind
Scheduling 101: How to Prioritize Tasks and Avoid Procrastination
Self-Confidence as a Competency
Take Control of Your Future: Career Development 101
The Interviewing Process
Wendy Wood on Good Habits, Bad Habits

Sub-Topics

Career Development
Emotional Intelligence
Innovation and Creativity
Relationship Building
Work-Life Balance
Scheduling and Time Management
Retirement Planning

Please note, the courses listed represent a sample of the courses offered by H2L. If you are looking for a topic that is currently unlisted or unavailable, please reach out to support@h2l.live

