

March Activity Bulletin



Easter Afternoon Tea Monday 30th March, 12.30pm-2.30pm. Broadmead church

Singing for your Brain Broadmead First Wednesday of each month, Wednesday 4th March, 10am-11.30am. Broadmead Church, 90 Broadmead Way NE156TS

Singing for you Brain Cruddas Park Third Wednesday of each month. Wednesday 18th March, 10.30am-12pm. Cruddas Park Surgery, Westmorland Road

Knit and Natter Tyne Theatre Wednesday 11th and 25th March 10.30am-12pm

Tai Chi Fenham Every Monday 11am-12pm, Far Community Centre, Acanthus Ave. NE4 9YD

Broadmead Get Together Some Thursdays, 1.30pm-3pm. Come along for friendship and chat. Please call to book a place and check when it is on.

Cruddas Park Hub Coffee Afternoon Mondays 1.30pm-3.30pm Cruddas Park Surgery, Westmorland Rd NE4 7SJ. Starts Monday 5th January.

Card Making Tuesday 3rd and 17th March, 1pm. St James Church, Benwell Ln, NE15 6RS, £3

Craft and Cake Monday 16th, 1pm Search Pop-in centre, Adelaide Terrace

Weekly Memory Tea Activities for people living with dementia/memory loss and family/friends. Thursdays, 1pm-2.30pm. Holy Nativity Church, Hillhead Parkway, Ne5 1dr. Call to book.

Wellbeing Friendship Circles

Kenton - Every Tuesday - Kenton Library - 12:00-13:30

Benwell - Every Wednesday - West End Library 10:30-12:00

City - 5th, 19th March - City Library - 10:30-12:00

NEW Mindful Meditation starting fortnightly from 25th March - West End Library - 12:15-13:15

Knit and Natter Monday's 10am-12pm. Throckley Community Hall, NE15 9EL

Tai Chi Wednesdays, 12.30pm-1.30pm. West Denton Community Centre, NE5 1DN. £3.

Line Dancing Wednesdays 2pm-3pm. Walbottle Village Hall, NE15 8JE. £3.

Walking groups: Various Thursdays in different locations, 10.30am but please arrive at 10.20am. Please wear appropriate outdoor clothing and footwear as well as being confident in your fitness to complete up to 3 miles of walking. Next walk, Thursday 12^h March, meeting at the Lemington Centre.

***NEW* Throckley Lunch Club:** Thursday, 12pm-1pm. Throckley Community Hall, NE15 9EL. Suggested donation £2. Come and have some homecooked food, share friendly chatter with a lovely bunch of people, as well as signposting from Search staff.

Yoga Fridays 12pm-1pm. Westerhope Institute, NE5 1NE, £3.

Men's Creative group @ the John Marley Centre NE15 6TT on Friday 6th and 20th March 2026, 10am-12pm. Fun and relaxed group for men to come along to for chat, writing and exploring creativity.

If you have any questions or would like to book please contact Search on 0191 2737443

Gentle Seated Exercise Mondays in term time, 11am – 12pm, West Denton Community Church, NE5 5AY, £3

Strictly Ballroom Mondays 1pm – 2pm
Westerhope Institute, NE5 1NE, £3
Absolute Line Dancing Tuesdays, 11:45am – 12:45pm. Denton Burn Community Association NE5 2UQ, £3

Gentle Exercise seated option available
Wednesdays, 1pm – 2pm, Denton Burn Community Association NE5 2UQ, £3

Blakelaw “Wellbeing, Rise and Shine Club”
Gentle Seated Exercise and cuppa club.
Thursdays, 10am – 11:15am at Leisure United, Cragston Avenue, Blakelaw, NE5 3TS.

Absolute Beginners Line Dancing Thursdays
6pm Denton Burn Community Association NE5 2UQ. £3

Tea Dance Thursday 19th March 1pm – 2pm
Throckley Community Hall, Back Victoria Terrace, Throckley, NE15 9EL. £3

Culture Fridays 1:30pm – 2:30pm. Share your love of books, music, film and local history. Join the group for reminiscences and chat with Chris from Newcastle Libraries. 1 and 3 Friday of the month, Fenham Library, NE4 9XD.

Tea and Tech Every Tuesday 10am-12pm.
Robert Stewart Memorial, Wingrove Rd Call to book a place

Asian Ladies Group Breaking for Ramadan, returning Tuesday 24th March, 12pm-3pm.
RSM church, Wingrove Road, NE4 9BU.
Gentle Exercise, Chai and Chat, £3.

Asian Men’s Gup Shup Cha Chai Chai, 452
Westgate Road, NE4 9BJ
Mondays 11am – 1pm

Our Voice Exhibition at the Discovery Museum, Destination Tyneside gallery, floor 2 until 31 May 2026
Powerful stories told through video, photographs and writing by women from West End Friends’ Asian Ladies Group. Produced by New Writing North and SEARCH.

Advice Drop-ins

MONDAY & WEDNESDAY 10.00-12.30 SEARCH Pop-in centre, Adelaide Terrace, Benwell

MONDAY 10.00-12.30, Kenton Library, NE3 3QJ

TUESDAY 10.00-12.30, Grainger Market, Alley 3, Being Well Unit

THURSDAY 10.00-12.30, 5th & 19th March, Throckley Community Hall, NE15 9EL

THURSDAY 2-4PM, 12th & 26th March, Fawdon Community Centre, NE3 2PL

Energy Advice - Please Contact Search on 0191 2737443