

# June Activity Bulletin



## **Singing for your Brain Patchwork**

Wednesday 3<sup>rd</sup> June, 10am-11.30am.  
Patchwork Project, 83 Adelaide Terrace,  
NE4 8BB. This is a one-off and will  
return to its usual venue next month.

## **Singing for you Brain Cruddas Park**

Wednesday 17<sup>th</sup> June, 11.30am-12.30pm

## **Knit and Natter Tyne Theatre**

Wednesday 10<sup>th</sup> and 24<sup>th</sup> June 10.30am-  
12pm

**Tai Chi Fenham** Every Monday 11am-  
12pm, Far Community Centre, Acanthus  
Ave. NE4 9YD

## **Cruddas Park Hub Coffee Afternoon**

Mondays 1.30pm-3.30pm Cruddas Park  
Surgery, Westmorland Rd NE4 7SJ

**Card Making** Tuesday 2<sup>nd</sup> and 16<sup>th</sup> June  
1pm. St James Church, Benwell Ln, NE15  
6RS, £3

**Craft and Cake** Monday 15<sup>th</sup> June, 1pm  
Search Pop-in centre, Adelaide Terrace

**Line Dancing** Wednesdays, 2pm-3pm.  
Walbottle Village Hall, NE15 8JE. £3.

**Monthly Tea Dance** 3<sup>rd</sup> Thursday of  
each month. 1pm-2.30pm. Throckley  
Community Hall, NE15 9EL. £3 Thursday  
18<sup>th</sup> June.

## **Wellbeing Friendship Circles**

**Kenton** - Every Tuesday - Kenton Library,  
12pm-13:30pm

**Benwell** - Every Wednesday - West End  
Library, 10:30am-12pm

**City**- 11<sup>th</sup>, 25<sup>th</sup> June - City Library, 10:30am-  
12pm

## **Age Without Limits Day** - "Big Boomer"

Quiz Challenge and Art Activities  
10<sup>th</sup> June - Eldon Square Community  
Quarter (above food court) - 10:00 -14:00

**Gentle Seated Exercise** Mondays during  
Term Time, 11am-12pm West Denton  
Church, NE5 1BN: £3

**Strictly Ballroom** Mondays 1pm-2pm.  
Westerhope Institute, NE5 1NE. £3

**Tai Chi** Wednesdays 12.30pm-1.30pm.  
West Denton Community Centre, NE5 1DN.  
£3. NOT ON Wednesday or 10<sup>th</sup> June

**Men's Local Heritage Group** Wednesday  
3<sup>rd</sup> June,, 10am-12pm, Carnegie building,  
Atkinson Road. Benwell. Refreshments and  
bacon sandwiches. We are looking at the  
wonderful history of transport in the west  
of Newcastle from the Trolleybus to  
Concorde this week.

**If you have any questions or would like to book  
please contact Search on 0191 2737443**

**Walking Groups:** Various Thursdays in different locations, 10.30am but please arrive at 10.20am. Please wear appropriate outdoor clothing and footwear as well as being confident in your fitness to complete up to 3 miles of walking.

Thursday 18<sup>th</sup> June meeting at Walbottle Village Hall.

**Throckley Lunch Club:** Thursdays 12pm-1pm. Throckley Community Hall, NE15 9EL. Suggested donation £2. Come and have some homecooked food, share friendly chatter with a lovely bunch of people, as well as signposting from Search staff.

**Yoga** Fridays 12pm-1pm. Westerhope Institute, NE5 1NE, £3.

**\*NEW\* Museum Socials:** There is NO June Social but will be back in July.

**Absolute Beginners Line Dancing**  
Tuesdays, 11:45am – 12:45pm. Denton Burn Community Association NE5 2UQ, £3

**Gentle Exercise** seated option available  
Wednesdays, 1pm – 2pm, Denton Burn Community Association NE5 2UQ, £3

**Absolute Beginners Line Dancing**  
Thursdays 6pm Denton Burn Community Association NE5 2UQ. £3

**Asian Ladies Group** Every Tuesday, 12pm-3pm.  
RSM church, Wingrove Road, NE4 9BU.  
Gentle Exercise, Chai and Chat, £3.

**Asian Men's Gup Shup** Cha Chai Chai, 452 Westgate Road, NE4 9BJ  
Mondays 11am – 1pm

**Weekly Memory Tea** Activities for people living with dementia/memory loss and family/friends. Thursdays, 1pm-2.30pm. Holy Nativity Church, Hillhead Parkway, Ne5 1dr. Call to book.

**Tea and Tech** Tuesdays 10am-12pm. Robert Stewart Memorial, Wingrove Rd  
Call to book a place  
Thursdays 1.30pm-3.30pm, Denton Burn Library

### **Advice Drop-ins**

**MONDAY & Tuesday** 10.00-12.30 SEARCH  
Pop-in centre, Adelaide Terrace, Benwell  
**MONDAY** 10.00-12.30, Kenton Library, NE3 3QJ

**TUESDAY** 10.00-12.30, Grainger Market, Alley 3, Being Well Unit

**THURSDAY** 10.00-12.30, 11<sup>th</sup> and 25<sup>th</sup> June, Throckley Community Hall, NE15 9EL

**THURSDAY** 2-4PM, 4<sup>th</sup> and 18<sup>th</sup> June, Fawdon Community Centre, NE3 2PL

**Energy Advice - Please Contact Search on 0191 2737443**