



RECORDES POWERLIFTING RAW FEMININO

44 kg	13-15	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	13-15	ATLETA	CAMP	DATA
squat	57,5	Melissa Rafaela Costa	Nacional Sul	24/05/2025
bench	47,5	Melissa Rafaela Costa	Nacional Sul	24/05/2025
deadlift	140	Melissa Rafaela Costa	Nacional Sul	24/05/2025
total	315	Melissa Rafaela Costa	Nacional Sul	24/05/2025

52 kg	13-15	ATLETA	CAMP	DATA
squat	75	Costa Melisa Rafaela	Catarinense	18/04/2026
bench	42,5	Costa Melisa Rafaela	Mundial	22/10/2025
deadlift	95	Costa Melisa Rafaela	Catarinense	18/04/2026
total	212,5	Costa Melisa Rafaela	Catarinense	18/04/2026

56 kg	13-15	ATLETA	CAMP	DATA
squat	85,00	Júlia Almeida	mineiro	24/05/2025
bench	42,50	Júlia Almeida Siqueira	centro oeste	24/05/2025
deadlift	100,00	Júlia Almeida Siqueira	centro oeste	24/05/2025
total	222,50	Júlia Almeida Siqueira	centro oeste	24/05/2025

60 kg	13-15	ATLETA	CAMP	DATA
squat	120,00	Yasmin Serapio Dalsenter	Catarinense	23/03/2024
bench	45,00	Ana Laura Bedim	Catarinense	15/04/2023
deadlift	120,00	Yasmin Serapio Dalsenter	Catarinense	23/03/2024
total	280,00	Yasmin Serapio Dalsenter	Catarinense	23/03/2024

67,5 kg	13-15	ATLETA	CAMP	DATA
squat	60	Emanuelly Ribeiro	mineiro	24/05/2025
bench	30	Emanuelly Ribeiro	mineiro	24/05/2025
deadlift	90	Emanuelly Ribeiro	mineiro	24/05/2025
total	180	Emanuelly Ribeiro	mineiro	24/05/2025

44 kg	16-17	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	16-17	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	16-17	ATLETA	CAMP	DATA
squat	50,00	Gabrielle Reverte	Brasileiro	21/07/2018
bench	27,50	Gabrielle Reverte	Brasileiro	21/07/2018
deadlift	85,00	Gabrielle Reverte	Brasileiro	21/07/2018
total	162,50	Gabrielle Reverte	Brasileiro	21/07/2018

56 kg	16-17	ATLETA	CAMP	DATA
squat	100	Siqueira Julia	Mineiro	23/05/2026
bench	50	Siqueira Julia	Mineiro	23/05/2026
deadlift	105	Siqueira Julia	Mineiro	23/05/2026
total	255	Siqueira Julia	Mineiro	23/05/2026

60 kg	16-17	ATLETA	CAMP	DATA
squat	117,50	Peixoto Suzzana	Brasileiro	15/08/2015
bench	55,00	Ana Laura Bedim	Brasileiro	21/06/2024
deadlift	150,00	Peixoto Suzzana	Brasileiro	15/08/2015
total	317,50	Peixoto Suzzana	Brasileiro	15/08/2015

67,5 kg	16-17	ATLETA	CAMP	DATA
squat	140,00	Yasmim Serapião Dalsenter	Mundial	22/10/2025
bench	52,50	Yasmim Serapião Dalsenter	Brasileiro	21/06/2024
deadlift	140,00	Yasmim Serapião Dalsenter	Mundial	22/10/2025
total	322,50	Yasmim Serapião Dalsenter	Mundial	22/10/2025



RECORDES POWERLIFTING RAW FEMININO

75 kg	13-15	ATLETA	CAMP	DATA
squat	120,00	Júlia Climaco de Oliveira	Pan- americano	09/09/2022
bench	45,50	Júlia Climaco de Oliveira	Pan- americano	09/09/2022
deadlift	120,00	Júlia Climaco de Oliveira	Pan- americano	09/09/2022
total	285,50	Júlia Climaco de Oliveira	Pan- americano	09/09/2022

75 kg	16-17	ATLETA	CAMP	DATA
squat	190,00	Carla Padua Garcia	Sulamericano	24/11/2017
bench	91,00	Carla Padua Garcia	Sulamericano	24/11/2017
deadlift	215,00	Carla Padua Garcia	Sulamericano	24/11/2017
total	496,00	Carla Padua Garcia	Sulamericano	24/11/2017

82,5 kg	13-15	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

82,5 kg	16-17	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	13-15	ATLETA	CAMP	DATA
squat	150,00	Martins Ana	Paulista	21/05/2016
bench	55,00	Martins Ana	Paulista	21/05/2016
deadlift	140,00	Martins Ana	Paulista	21/05/2016
total	340,00	Martins Ana	Sulamericano	25/11/2016

90 kg	16-17	ATLETA	CAMP	DATA
squat	125,00	Cássia Hellen Feliciano	Brasileiro	21/06/2024
bench	60,00	Cássia Hellen Feliciano	Brasileiro	21/06/2024
deadlift	120,00	Cássia Hellen Feliciano	Arnold	07/04/2025
total	300,00	Cássia Hellen Feliciano	Brasileiro	21/06/2024

100 kg	13-15	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	16-17	ATLETA	CAMP	DATA
squat	105,00	Sara Urgiles Cunha	Mundial	22/10/2025
bench	50,00	Sara Urgiles Cunha	Mundial	22/10/2025
deadlift	130,00	Sara Urgiles Cunha	Mundial	22/10/2025
total	285,00	Sara Urgiles Cunha	Mundial	22/10/2025

110 kg	13-15	ATLETA	CAMP	DATA
squat	130,00	Martins Ana	Paulista	20/06/2015
bench	52,50	Martins Ana	Regional-SP	21/03/2015
deadlift	140,00	Martins Ana	Regional-SP	21/03/2015
total	312,50	Martins Ana	Regional-SP	21/03/2015

110 kg	16-17	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	13-15	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	16-17	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



RECORDES POWERLIFTING RAW FEMININO

44 kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	18-19	ATLETA	CAMP	DATA
squat	100,00	Lorena Paola de Souza Alves	Mineiro	18/03/2023
bench	32,50	Lorena Paola de Souza Alves	Mineiro	18/03/2023
deadlift	100,00	Silva Wanessa	Paulista	21/05/2016
total	222,50	Lorena Paola de Souza Alves	Mineiro	18/03/2023

56 kg	18-19	ATLETA	CAMP	DATA
squat	90,00	Barbosa Janaina	Mineiro	18/07/2015
bench	45,00	Giovana de Lara Solda	Brasileiro	14/07/2023
deadlift	100,00	Barbosa Janaina	Mineiro	18/07/2015
total	230,00	Barbosa Janaina	Mineiro	18/07/2015

60 kg	18-19	ATLETA	CAMP	DATA
squat	130,00	Lorena de Souza Alves	Brasileiro	14/07/2023
bench	50,00	Lorena de Souza Alves	Brasileiro	14/07/2023
deadlift	105,00	Lorena de Souza Alves	Brasileiro	14/07/2023
total	285,00	Lorena de Souza Alves	Brasileiro	14/07/2023

67,5 kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

44 kg	Junior	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	Junior	ATLETA	CAMP	DATA
squat	102,5	Maria Luiza Rodrigues de Souza	Goiano	14/03/2026
bench	45	Maria Luiza Rodrigues de Souza	Goiano	14/03/2026
deadlift	112,5	Maria Luiza Rodrigues de Souza	Goiano	14/03/2026
total	260	Maria Luiza Rodrigues de Souza	Goiano	14/03/2026

52 kg	Junior	ATLETA	CAMP	DATA
squat	140,00	Ana Carolina de Oliveira	Nacional Rio	02/08/2025
bench	57,50	Giovana Lima Silva	centro oeste	24/05/2025
deadlift	161,00	Ana Carolina de Oliveira	Mundial	22/10/2025
total	346,00	Ana Carolina de Oliveira	Mundial	22/10/2025

56 kg	Junior	ATLETA	CAMP	DATA
squat	177,50	Larissa Gomes da Silva	Brasileiro	14/07/2023
bench	75,00	Priscila Costa da Silva	Brasileiro	21/07/2018
deadlift	155,00	Larissa Gomes da Silva	Brasileiro	14/07/2023
total	397,50	Larissa Gomes da Silva	Brasileiro	14/07/2023

60 kg	Junior	ATLETA	CAMP	DATA
squat	177,50	Larissa Gomes da Silva	Brasileiro	14/07/2023
bench	73,00	Lorena Paola de Souza Alves	Arnold	07/04/2025
deadlift	165,50	Larissa Gomes da Silva	Brasileiro	10/07/2021
total	403,00	Lorena Paola de Souza Alves	Arnold	07/04/2025

67,5 kg	Junior	ATLETA	CAMP	DATA
squat	200,50	Lorena Paola de Souza Alves	Mundial	22/10/2025
bench	85,00	Lorena Paola de Souza Alves	Mundial	22/10/2025
deadlift	190,50	Natália Martins	Brasileiro	14/07/2023
total	455,50	Natália Martins	Brasileiro	14/07/2023



RECORDES POWERLIFTING RAW FEMININO

75 kg	18-19	ATLETA	CAMP	DATA
squat	215,00	Carla Padua Garcia	Pro Liga	21/10/2018
bench	105,00	Maria Helena Chiacchio	Brasileiro	10/07/2021
deadlift	230,00	Carla Padua Garcia	Sulamericano	24/11/2018
total	535,00	Carla Padua Garcia	Sulamericano	24/11/2018

75 kg	Junior	ATLETA	CAMP	DATA
squat	155,00	Jhully Cristinny Mendes Dos Santos	Brasileiro	21/06/2024
bench	60,50	Jhully Cristinny Mendes Dos Santos	Brasileiro	21/06/2024
deadlift	175,00	Lilian Radol	Catarinense	23/03/2024
total	377,50	Lilian Radol	Catarinense	23/03/2024

82,5 kg	18-19	ATLETA	CAMP	DATA
squat	212,50	Carla Padua Garcia	Brasileiro	21/07/2018
bench	90,00	Carla Padua Garcia	Brasileiro	21/07/2018
deadlift	230,00	Carla Padua Garcia	Brasileiro	21/07/2018
total	532,50	Carla Padua Garcia	Brasileiro	21/07/2018

82,5 kg	Junior	ATLETA	CAMP	DATA
squat	167,50	Lilian Radol	Mundial	22/10/2025
bench	70,00	Larissa Oliveira	Sulamericano	16/11/2013
deadlift	200,00	Stephany Silva Carvalho	Pro Liga Arnold	26/04/2026
total	410,00	Lilian Radol	Mundial	22/10/2025

90 kg	18-19	ATLETA	CAMP	DATA
squat	130,00	Stephany Silva Carvalho	Mundial	22/10/2025
bench	50,00	Stephany Silva Carvalho	Pro Liga	18/10/2024
deadlift	170,50	Stephany Silva Carvalho	Mundial	22/10/2025
total	350,50	Stephany Silva Carvalho	Mundial	22/10/2025

90 kg	Junior	ATLETA	CAMP	DATA
squat	155,00	Micaely X. P. de Jesus	mineiro	24/05/2025
bench	72,50	Micaely X. P. de Jesus	mineiro	24/05/2025
deadlift	170,00	Micaely X. P. de Jesus	mineiro	24/05/2025
total	397,50	Micaely X. P. de Jesus	mineiro	24/05/2025

100 kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	Junior	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	Junior	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	18-19	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	Junior	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



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44 kg	Open	ATLETA	CAMP	DATA
squat	77,5	Maria Borjas	Catarinense	18/04/2026
bench	50	Maria Borjas	Catarinense	18/04/2026
deadlift	127,5	Maria Borjas	Catarinense	18/04/2026
total	252,5	Maria Borjas	Catarinense	18/04/2026

48 kg	Open	ATLETA	CAMP	DATA
squat	77,50	Maria Borjas	Catarinense	18/04/2026
bench	50,00	Maria Borjas	Catarinense	18/04/2026
deadlift	127,50	Maria Borjas	Catarinense	18/04/2026
total	252,50	Maria Borjas	Catarinense	18/04/2026

52 kg	Open	ATLETA	CAMP	DATA
squat	150,00	Juliana Fernandes Pereira	Brasileiro	21/06/2024
bench	66,00	Juliana Fernandes Pereira	Brasileiro	21/06/2024
deadlift	145,00	Juliana Fernandes Pereira	Brasileiro	21/06/2024
total	361,00	Juliana Fernandes Pereira	Brasileiro	21/06/2024

56 kg	Open	ATLETA	CAMP	DATA
squat	210,00	Karla Rodrigues	Mineiro	23/05/2026
bench	97,50	Karla Rodrigues	Mineiro	23/05/2026
deadlift	180,50	Grazielle Silva	Summer Festival	07/12/2024
total	477,50	Karla Rodrigues	Mineiro	23/05/2026

60 kg	Open	ATLETA	CAMP	DATA
squat	200,00	Karla Rodrigues	Pro Liga	16/03/2024
bench	97,50	Ellen Pereira Santos	Pro Liga	21/10/2018
deadlift	190,00	Letícia matioli Andrade	Mundial	10/10/2024
total	460,00	Ellen Pereira Santos	Pro Liga	21/10/2018

67,5 kg	Open	ATLETA	CAMP	DATA
squat	240,00	Natália Martins Silva	Mundial	22/10/2025
bench	103,00	Raquel Christina Fernandes Rodrigues	Brasileiro	14/07/2019
deadlift	215,00	Jaqueline Oliveira de Souza	Mineiro	23/05/2026
total	550,00	Natália Martins Silva	Mundial	22/10/2025

44 kg	Submaster	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	Submaster	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	Submaster	ATLETA	CAMP	DATA
squat	107,50	Carolina Matté Gregory	Pan- americano	09/09/2022
bench	55,00	Carolina Matté Gregory	Pan- americano	09/09/2022
deadlift	140,00	Carolina Matté Gregory	Mineiro	18/03/2023
total	295,00	Carolina Matté Gregory	Pan- americano	09/09/2022

56 kg	Submaster	ATLETA	CAMP	DATA
squat	160,00	Angela Dias	Pro Liga	16/03/2024
bench	75,00	Angela Dias	Pro Liga	16/03/2024
deadlift	160,00	Angela Dias	Pro Liga	16/03/2024
total	395,00	Angela Dias	Pro Liga	16/03/2024

60 kg	Submaster	ATLETA	CAMP	DATA
squat	190,00	Josiane Maria Ezequiel	Mundial	22/10/2025
bench	82,50	Letícia matioli Andrade	Mundial	22/10/2025
deadlift	190,00	Letícia matioli Andrade	Mundial	10/10/2024
total	432,50	Josiane Maria Ezequiel	Mundial	22/10/2025

67,5 kg	Submaster	ATLETA	CAMP	DATA
squat	200,00	Meyre Andrade	Brasileiro	16/07/2022
bench	92,50	Meyre Andrade	Brasileiro	16/07/2022
deadlift	200,00	Meyre Andrade	Brasileiro	16/07/2022
total	492,50	Meyre Andrade	Brasileiro	16/07/2022



RECORDES POWERLIFTING RAW FEMININO

75 kg	Open	ATLETA	CAMP	DATA	75 kg	Submaster	ATLETA	CAMP	DATA
squat	255,00	Samara Lúcia Baptista França	Pro Liga Arnold	26/04/2026	squat	190,00	Cristina Oliveira Pimenta	Pro Liga	20/10/2019
bench	120,00	NATALIA MERCALDO	Brasileiro	14/07/2023	bench	120,00	NATALIA MERCALDO	Brasileiro	14/07/2023
deadlift	260,00	Samara Lúcia Baptista França	Pro Liga Arnold	26/04/2026	deadlift	200,00	Souza Juliana	Mundial	22/10/2025
total	622,50	Samara Lúcia Baptista França	Pro Liga Arnold	26/04/2026	total	475,00	Souza Juliana	Mundial	22/10/2025
82,5 kg	Open	ATLETA	CAMP	DATA	82,5 kg	Submaster	ATLETA	CAMP	DATA
squat	225,00	Albuquerque Yasmim	Mundial	22/10/2025	squat	210,00	Sanches Glória	Brasileiro	15/08/2015
bench	110,00	Sanches Glória	Brasileiro	15/08/2015	bench	110,00	Sanches Glória	Brasileiro	15/08/2015
deadlift	215,00	Albuquerque Yasmim	Mundial	22/10/2025	deadlift	210,00	Sanches Glória	Brasileiro	15/08/2015
total	550,00	Albuquerque Yasmim	Mundial	22/10/2025	total	530,00	Sanches Glória	Brasileiro	15/08/2015
90 kg	Open	ATLETA	CAMP	DATA	90 kg	Submaster	ATLETA	CAMP	DATA
squat	240,00	Heidy solarte	Nacional	04/04/2025	squat				
bench	115,50	Heidy solarte	Nacional	04/04/2025	bench				
deadlift	235,00	Heidy solarte	Nacional	04/04/2025	deadlift				
total	590,50	Heidy solarte	Nacional	04/04/2025	total				
100 kg	Open	ATLETA	CAMP	DATA	100 kg	Submaster	ATLETA	CAMP	DATA
squat	170,00	Amanda Hilary Miranda da costa	Mundial	22/10/2025	squat				
bench	60,00	Izabela Leticia Navarro	Paulista	22/03/2026	bench				
deadlift	175,00	Amanda Hilary Miranda da costa	Mundial	22/10/2025	deadlift				
total	400,00	Amanda Hilary Miranda da costa	Mundial	22/10/2025	total				
110 kg	Open	ATLETA	CAMP	DATA	110 kg	Submaster	ATLETA	CAMP	DATA
squat	220,00	Silva Julia Lavinia	Mundial	22/10/2025	squat				
bench	100,00	Eleteia Bueno de Oliveira	Pro Liga Arnold	26/04/2026	bench				
deadlift	235,00	Eleteia Bueno de Oliveira	Pro Liga Arnold	26/04/2026	deadlift				
total	550,00	Eleteia Bueno de Oliveira	Pro Liga Arnold	26/04/2026	total				
110+ kg	Open	ATLETA	CAMP	DATA	110+ kg	Submaster	ATLETA	CAMP	DATA
squat	132,50	Francielli Santini	Pro Liga Arnold	26/04/2026	squat				
bench	50,00	Joyce Rios Freitas	Paulista	22/03/2026	bench				
deadlift	165,00	Joyce Rios Freitas	Paulista	22/03/2026	deadlift				
total	323,50	Joyce Rios Freitas	Paulista	22/03/2026	total				



RECORDES POWERLIFTING RAW FEMININO

44 kg	40-44	ATLETA	CAMP	DATA
squat	77,5	Maria Borjas	Catarinense	18/04/2026
bench	50	Maria Borjas	Catarinense	18/04/2026
deadlift	127,5	Maria Borjas	Catarinense	18/04/2026
total	252,5	Maria Borjas	Catarinense	18/04/2026

44 kg	45-49	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	40-44	ATLETA	CAMP	DATA
squat	77,5	Maria Borjas	Catarinense	18/04/2026
bench	50	Maria Borjas	Catarinense	18/04/2026
deadlift	127,5	Maria Borjas	Catarinense	18/04/2026
total	252,5	Maria Borjas	Catarinense	18/04/2026

48 kg	45-49	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	40-44	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	45-49	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

56 kg	40-44	ATLETA	CAMP	DATA
squat	150,00	Grazielle Silva	Summer Festival	07/12/2024
bench	60,00	Grazielle Silva	Summer Festival	07/12/2024
deadlift	180,50	Grazielle Silva	Summer Festival	07/12/2024
total	390,50	Grazielle Silva	Summer Festival	07/12/2024

56 kg	45-49	ATLETA	CAMP	DATA
squat	120,00	Flavia De Lima Funari	Brasileiro	21/07/2018
bench	60,00	Rosimeire dos Santos Souza	Brasileiro	21/07/2018
deadlift	125,00	Flavia De Lima Funari	Brasileiro	21/07/2018
total	295,00	Flavia De Lima Funari	Brasileiro	21/07/2018

60 kg	40-44	ATLETA	CAMP	DATA
squat	172,50	Andrea Pereira da Silva	Brasileiro	21/06/2024
bench	90,00	Alejandra Barrera Castello	Brasileiro	14/07/2019
deadlift	170,00	Andrea Pereira da Silva	Brasileiro	22/06/2024
total	417,50	Andrea Pereira da Silva	Brasileiro	22/06/2024

60 kg	45-49	ATLETA	CAMP	DATA
squat	160,00	Roselena Maria Duarte	Paulista	17/03/2019
bench	60,00	Roselena Maria Duarte	Paulista	17/03/2019
deadlift	160,00	Roselena Maria Duarte	Arnold	07/04/2025
total	370,50	Flavia De Lima Funari	Paulista	17/03/2019

67,5 kg	40-44	ATLETA	CAMP	DATA
squat	185,00	Andrea S. Pereira	Mundial	22/10/2025
bench	85,00	Andrea S. Pereira	Arnold	07/04/2025
deadlift	190,00	Paula Firmino Tolentino	Brasileiro	21/06/2024
total	445,00	Paula Firmino Tolentino	Brasileiro	21/06/2024

67,5 kg	45-49	ATLETA	CAMP	DATA
squat	197,50	Rafaela Climaco dos Santos	Arnold	07/04/2025
bench	90,00	Sandra Regina do A. Ferreira	Brasileiro	16/07/2022
deadlift	205,00	Rafaela Climaco dos Santos	Arnold	07/04/2025
total	490,00	Rafaela Climaco dos Santos	Mundial	22/10/2025



RECORDES POWERLIFTING RAW FEMININO

75 kg	40-44	ATLETA	CAMP	DATA
squat	210,00	Cristina Oliveira Pimenta	Brasileiro	16/07/2022
bench	105,00	Cristina Oliveira Pimenta	Brasileiro	10/07/2021
deadlift	193,00	Paula Firmino Tolentino	mineiro	24/05/2025
total	490,00	Cristina Oliveira Pimenta	Brasileiro	10/07/2021

75 kg	45-49	ATLETA	CAMP	DATA
squat	210,00	Sobrinho Artemira	Sulamericano	25/11/2016
bench	90,00	Rafaela Climaco dos Santos	Brasileiro	16/07/2022
deadlift	190,00	Sobrinho Artemira	Sulamericano	25/11/2016
total	470,00	Sobrinho Artemira	Sulamericano	25/11/2016

82,5 kg	40-44	ATLETA	CAMP	DATA
squat	215,50	Mantovani Juliana	Mundial	10/10/2024
bench	105,00	Cristina Oliveira Pimenta	Copa Ciclo	18/12/2021
deadlift	191,00	Juliana Amparo Mantovani	Arnold	07/04/2025
total	505,00	Cristina Oliveira Pimenta	Brasileiro	21/06/2024

82,5 kg	45-49	ATLETA	CAMP	DATA
squat	205,00	Cristina Oliveira Pimenta	Pro Liga Arnold	26/04/2026
bench	95,00	Cristina Oliveira Pimenta	Pro Liga Arnold	26/04/2026
deadlift	200,00	Cristina Oliveira Pimenta	Pro Liga Arnold	26/04/2026
total	500,00	Cristina Oliveira Pimenta	Pro Liga Arnold	26/04/2026

90 kg	40-44	ATLETA	CAMP	DATA
squat	200,00	Juliana Amparo Mantovani	Nacional	02/08/2025
bench	102,50	Cristina Oliveira Pimenta	Pro Liga	16/03/2024
deadlift	192,00	Juliana Amparo Mantovani	Nacional	02/08/2025
total	487,00	Juliana Amparo Mantovani	Nacional	02/08/2025

90 kg	45-49	ATLETA	CAMP	DATA
squat	222,50	Patricia Candido	Pro Liga Arnold	26/04/2026
bench	115,00	Patricia Candido	Pro Liga Arnold	26/04/2026
deadlift	215,00	Patricia Candido	Pro Liga Arnold	26/04/2026
total	545,00	Patricia Candido	Pro Liga Arnold	26/04/2026

100 kg	40-44	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	45-49	ATLETA	CAMP	DATA
squat	192,5	Eleiteia Bueno de Oliveira	Arnold	07/04/2025
bench	100,0	Eleiteia Bueno de Oliveira	Arnold	07/04/2025
deadlift	230,0	Eleiteia Bueno de Oliveira	Brasileiro	14/07/2023
total	517,5	Eleiteia Bueno de Oliveira	Arnold	07/04/2025

110 kg	40-44	ATLETA	CAMP	DATA
squat	135,00	Fernades Marcia	Mineiro	18/07/2015
bench	60,00	Fernades Marcia	Paulista	20/06/2015
deadlift	120,00	Fernades Marcia	Paulista	20/06/2015
total	305,00	Fernades Marcia	Mineiro	18/07/2015

110 kg	45-49	ATLETA	CAMP	DATA
squat	170,0	Eleiteia Bueno de Oliveira	Pro Liga	18/11/2022
bench	87,5	Eleiteia Bueno de Oliveira	Pro Liga	18/11/2022
deadlift	217,5	Eleiteia Bueno de Oliveira	Pro Liga	18/11/2022
total	465,0	Eleiteia Bueno de Oliveira	Pro Liga	18/11/2022

110+ kg	40-44	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	45-49	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



RECORDES POWERLIFTING RAW FEMININO

44 kg	50-54	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	50-54	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	50-54	ATLETA	CAMP	DATA
squat	95,00	Rosimeire dos Santos Souza	Brasileiro	14/07/2019
bench	60,00	Rosimeire dos Santos Souza	Brasileiro	14/07/2019
deadlift	110,00	Rosimeire dos Santos Souza	Copa Ciclo	18/12/2021
total	255,00	Rosimeire dos Santos Souza	Brasileiro	14/07/2019

56 kg	50-54	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

60 kg	50-54	ATLETA	CAMP	DATA
squat	145,00	Ana Rosa Bueno	Paulista	07/03/2025
bench	72,50	Ana Rosa Bueno	Paulista	07/03/2025
deadlift	150,00	Ana Rosa Bueno	Paulista	07/03/2025
total	372,50	Ana Rosa Bueno	Paulista	07/03/2025

67,5 kg	50-54	ATLETA	CAMP	DATA
squat	160,00	Ana Rosa Bueno	Paulista	22/03/2026
bench	77,50	Ana Rosa Bueno	Pro Liga Arnold	26/04/2026
deadlift	160,00	Ana Rosa Bueno	Pro Liga Arnold	26/04/2026
total	395,00	Ana Rosa Bueno	Pro Liga Arnold	26/04/2026

44 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

48 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

52 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

56 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

60 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

67,5 kg	55-59	ATLETA	CAMP	DATA
squat	130,00	Rosangela Mendes Dos Santos	Brasileiro	14/07/2023
bench	80,00	Rosangela Mendes Dos Santos	Brasileiro	14/07/2023
deadlift	160,00	Rosangela Mendes Dos Santos	Brasileiro	14/07/2023
total	350,00	Rosangela Mendes Dos Santos	Brasileiro	14/07/2023



RECORDES POWERLIFTING RAW FEMININO

75 kg	50-54	ATLETA	CAMP	DATA
squat	142,50	Marcia Vanni Borba	Panamericano	22/09/2019
bench	80,00	Santos Rosangela	Mineiro	18/07/2015
deadlift	160,00	Santos Rosangela	Sulamericano	27/11/2015
total	372,50	Marcia Vanni Borba	Panamericano	22/09/2019

82,5 kg	50-54	ATLETA	CAMP	DATA
squat	70,00	Eliane Cunha	Copa Ciclo	14/12/2024
bench	45,00	Eliane Cunha	Copa Ciclo	14/12/2024
deadlift	115,00	Eliane Cunha	Copa Ciclo	14/12/2024
total	230,00	Eliane Cunha	Copa Ciclo	14/12/2024

90 kg	50-54	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	50-54	ATLETA	CAMP	DATA
squat	210	Oliveira Eleteia	Mundial	22/10/2025
bench	105	Oliveira Eleteia	Mundial	22/10/2025
deadlift	245	Oliveira Eleteia	Mundial	22/10/2025
total	560	Oliveira Eleteia	Mundial	22/10/2025

110 kg	50-54	ATLETA	CAMP	DATA
squat	215,0	Eleteia Oliveira	Pro Liga Arnold	26/04/2026
bench	100,0	Eleteia Oliveira	Pro Liga Arnold	26/04/2026
deadlift	235,0	Eleteia Oliveira	Pro Liga Arnold	26/04/2026
total	550,0	Eleteia Oliveira	Pro Liga Arnold	26/04/2026

110+ kg	50-54	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

75 kg	55-59	ATLETA	CAMP	DATA
squat	132,50	Ana Cátia Portilho Couto	Nacional Rio	03/08/2025
bench	96,00	Ana Cátia Portilho Couto	Brasileiro	21/06/2024
deadlift	165,00	Ana Cátia Portilho Couto	Mundial	10/10/2024
total	391,00	Ana Cátia Portilho Couto	Mundial	10/10/2024

82,5 kg	55-59	ATLETA	CAMP	DATA
squat	140	Couto Ana Catia	Mundial	22/10/2025
bench	100	Couto Ana Catia	Mundial	22/10/2025
deadlift	167,5	Couto Ana Catia	Mundial	22/10/2025
total	402,5	Couto Ana Catia	Mundial	22/10/2025

90 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	55-59	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



RECORDES POWERLIFTING RAW FEMININO

44 kg	60-64	ATLETA	CAMP	DATA	44 kg	65-69	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
48 kg	60-64	ATLETA	CAMP	DATA	48 kg	65-69	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
52 kg	60-64	ATLETA	CAMP	DATA	52 kg	65-69	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
56 kg	60-64	ATLETA	CAMP	DATA	56 kg	65-69	ATLETA	CAMP	DATA
squat	101,00	Beatriz Ribeiro	Nacional Sul	24/05/2025	squat				
bench	66,00	Beatriz Ribeiro	Nacional Sul	24/05/2025	bench				
deadlift	122,50	Beatriz Ribeiro	Arnold	07/04/2025	deadlift				
total	282,50	Beatriz Ribeiro	Arnold	07/04/2025	total				
60 kg	60-64	ATLETA	CAMP	DATA	60 kg	65-69	ATLETA	CAMP	DATA
squat	110,00	Paula de Queiroz Barros	Mundial	22/10/2025	squat				
bench	67,50	Paula de Queiroz Barros	Copa Ciclo	14/12/2024	bench				
deadlift	120,00	Paula de Queiroz Barros	Mundial	22/10/2025	deadlift				
total	297,50	Paula de Queiroz Barros	Mundial	22/10/2025	total				
67,5 kg	60-64	ATLETA	CAMP	DATA	67,5 kg	65-69	ATLETA	CAMP	DATA
squat	100,00	Marli Piekarski	Pro Liga Arnold	26/04/2026	squat				
bench	82,50	Marli Piekarski	Pro Liga Arnold	26/04/2026	bench				
deadlift	148,00	Marli Piekarski	Pro Liga Arnold	26/04/2026	deadlift				
total	330,50	Marli Piekarski	Pro Liga Arnold	26/04/2026	total				



RECORDES POWERLIFTING RAW FEMININO

75 kg	60-64	ATLETA	CAMP	DATA
squat	140,00	Marli Piekasrki	Arnold	07/04/2025
bench	88,00	MARLI PIEKARSKI	Nacional Sul	24/05/2025
deadlift	152,00	MARLI PIEKARSKI	Nacional Sul	24/05/2025
total	377,50	Marli Piekasrki	Arnold	07/04/2025

75 kg	65-69	ATLETA	CAMP	DATA
squat	76,00	Jurema Girolamo Vilarinho	Arnold	07/04/2025
bench	72,50	Jurema Girolamo Vilarinho	Paulista	07/03/2025
deadlift	116,00	Jurema Girolamo Vilarinho	Arnold	07/04/2025
total	256,00	Jurema Girolamo Vilarinho	Arnold	07/04/2025

82,5 kg	60-64	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

82,5 kg	65-69	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	60-64	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	65-69	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	60-64	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	65-69	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	60-64	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	65-69	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	60-64	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	65-69	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



RECORDES POWERLIFTING RAW FEMININO

44 kg	70-74	ATLETA	CAMP	DATA	44 kg	75-79	ATLETA	CAMP	DATA	44 kg	80+	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
48 kg	70-74	ATLETA	CAMP	DATA	48 kg	75-79	ATLETA	CAMP	DATA	48 kg	80+	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
52 kg	70-74	ATLETA	CAMP	DATA	52 kg	75-79	ATLETA	CAMP	DATA	52 kg	80+	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
56 kg	70-74	ATLETA	CAMP	DATA	56 kg	75-79	ATLETA	CAMP	DATA	56 kg	80+	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
60 kg	70-74	ATLETA	CAMP	DATA	60 kg	75-79	ATLETA	CAMP	DATA	60 kg	80+	ATLETA	CAMP	DATA
squat	60,00	Celina dos Santos Curti	Pro Liga	18/11/2022	squat					squat				
bench	48,00	Celina dos Santos Curti	Pro Liga	18/11/2022	bench					bench				
deadlift	100,00	Celina dos Santos Curti	Pro Liga	18/11/2022	deadlift					deadlift				
total	208,00	Celina dos Santos Curti	Pro Liga	18/11/2022	total					total				
67,5 kg	70-74	ATLETA	CAMP	DATA	67,5 kg	75-79	ATLETA	CAMP	DATA	67,5 kg	80+	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				



RECORDES POWERLIFTING RAW FEMININO

75 kg	70-74	ATLETA	CAMP	DATA
squat	80,00	Vilarinho Jurema	ro Liga Arnol	26/04/2026
bench	71,00	Vilarinho Jurema	Mundial	22/10/2025
deadlift	118,00	Vilarinho Jurema	ro Liga Arnol	26/04/2026
total	268,00	Vilarinho Jurema	ro Liga Arnol	26/04/2026

75 kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

75 kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

82,5 kg	70-74	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

82,5 kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

82,5 kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	70-74	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

90 kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	70-74	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

100 kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	70-74	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110 kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	70-74	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	75-79	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				

110+ kg	80+	ATLETA	CAMP	DATA
squat				
bench				
deadlift				
total				



RECORDES POWERLIFTING EQ FEMININO

44 kg	13-15	ATLETA	CAMP	DATA	44 kg	16-17	ATLETA	CAMP	DATA	44 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
48 kg	13-15	ATLETA	CAMP	DATA	48 kg	16-17	ATLETA	CAMP	DATA	48 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
52 kg	13-15	ATLETA	CAMP	DATA	52 kg	16-17	ATLETA	CAMP	DATA	52 kg	18-19	ATLETA	CAMP	DATA
squat	75	Melissa Rafaela Costa	Catarinense	18/04/2026	squat					squat				
bench	42,5	Melissa Rafaela Costa	Catarinense	18/04/2026	bench					bench				
deadlift	95	Melissa Rafaela Costa	Catarinense	18/04/2026	deadlift					deadlift				
total	212,5	Melissa Rafaela Costa	Catarinense	18/04/2026	total					total				
56 kg	13-15	ATLETA	CAMP	DATA	56 kg	16-17	ATLETA	CAMP	DATA	56 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
60 kg	13-15	ATLETA	CAMP	DATA	60 kg	16-17	ATLETA	CAMP	DATA	60 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
67,5 kg	13-15	ATLETA	CAMP	DATA	67,5 kg	16-17	ATLETA	CAMP	DATA	67,5 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
75 kg	13-15	ATLETA	CAMP	DATA	75 kg	16-17	ATLETA	CAMP	DATA	75 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				



RECORDES POWERLIFTING EQ FEMININO

82,5 kg	13-15	ATLETA	CAMP	DATA	82,5 kg	16-17	ATLETA	CAMP	DATA	82,5 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
90 kg	13-15	ATLETA	CAMP	DATA	90 kg	16-17	ATLETA	CAMP	DATA	90 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
110 kg	13-15	ATLETA	CAMP	DATA	110 kg	16-17	ATLETA	CAMP	DATA	110 kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
110+ kg	13-15	ATLETA	CAMP	DATA	110+ kg	16-17	ATLETA	CAMP	DATA	110+ kg	18-19	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				



RECORDES POWERLIFTING EQ FEMININO

44 kg	Junior	ATLETA	CAMP	DATA	44 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
48 kg	Junior	ATLETA	CAMP	DATA	48 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
52 kg	Junior	ATLETA	CAMP	DATA	52 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
56 kg	Junior	ATLETA	CAMP	DATA	56 kg	Open	ATLETA	CAMP	DATA
squat	160	Larissa Gomes da Silva	Pan- americano	09/09/2022	squat				
bench	55	Larissa Gomes da Silva	Pan- americano	09/09/2022	bench				
deadlift	190	Larissa Gomes da Silva	Pan- americano	09/09/2022	deadlift				
total	405	Larissa Gomes da Silva	Pan- americano	09/09/2022	total				
60 kg	Junior	ATLETA	CAMP	DATA	60 kg	Open	ATLETA	CAMP	DATA
squat					squat	120,00	Gonsalves Marisa	Paulista	21/05/2016
bench					bench	65,00	Gonsalves Marisa	Brasileiro	15/08/2015
deadlift					deadlift	145,00	Gonsalves Marisa	Paulista	21/05/2016
total					total	320,00	Gonsalves Marisa	Paulista	21/05/2016
67,5 kg	Junior	ATLETA	CAMP	DATA	67,5 kg	Open	ATLETA	CAMP	DATA
squat					squat	152,50	Batista Michele	Paulista	21/05/2016
bench					bench	85,00	Batista Michele	Regional-SP	21/03/2015
deadlift					deadlift	160,00	Batista Michele	Regional-SP	21/03/2015
total					total	395,00	Batista Michele	Regional-SP	21/03/2015
75 kg	Junior	ATLETA	CAMP	DATA	75 kg	Open	ATLETA	CAMP	DATA
squat					squat	177,50	Carine Leandro	Nacional Sul	24/05/2025
bench					bench	87,50	Carine Leandro	Mundial	22/10/2025
deadlift					deadlift	175,00	Carine Leandro	Catarinense	18/04/2026
total					total	427,50	Carine Leandro	Brasileiro	14/07/2023



RECORDES POWERLIFTING EQ FEMININO

82,5 kg	Junior	ATLETA	CAMP	DATA	82,5 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
90 kg	Junior	ATLETA	CAMP	DATA	90 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
110 kg	Junior	ATLETA	CAMP	DATA	110 kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				
110+ kg	Junior	ATLETA	CAMP	DATA	110+ kg	Open	ATLETA	CAMP	DATA
squat					squat				
bench					bench				
deadlift					deadlift				
total					total				



RECORDES POWERLIFTING EQ FEMININO

44 kg	Submaster	ATLETA	CAMP	DATA	44 kg	40-44	ATLETA	CAMP	DATA	44 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
48 kg	Submaster	ATLETA	CAMP	DATA	48 kg	40-44	ATLETA	CAMP	DATA	48 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
52 kg	Submaster	ATLETA	CAMP	DATA	52 kg	40-44	ATLETA	CAMP	DATA	52 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
56 kg	Submaster	ATLETA	CAMP	DATA	56 kg	40-44	ATLETA	CAMP	DATA	56 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
60 kg	Submaster	ATLETA	CAMP	DATA	60 kg	40-44	ATLETA	CAMP	DATA	60 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
67,5 kg	Submaster	ATLETA	CAMP	DATA	67,5 kg	40-44	ATLETA	CAMP	DATA	67,5 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
75 kg	Submaster	ATLETA	CAMP	DATA	75 kg	40-44	ATLETA	CAMP	DATA	75 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				



RECORDES POWERLIFTING EQ FEMININO

82,5 kg	Submaster	ATLETA	CAMP	DATA	82,5 kg	40-44	ATLETA	CAMP	DATA	82,5 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
90 kg	Submaster	ATLETA	CAMP	DATA	90 kg	40-44	ATLETA	CAMP	DATA	90 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
110 kg	Submaster	ATLETA	CAMP	DATA	110 kg	40-44	ATLETA	CAMP	DATA	110 kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				
110+ kg	Submaster	ATLETA	CAMP	DATA	110+ kg	40-44	ATLETA	CAMP	DATA	110+ kg	45-49	ATLETA	CAMP	DATA
squat					squat					squat				
bench					bench					bench				
deadlift					deadlift					deadlift				
total					total					total				



RECORDES POWERLIFTING EQ FEMININO

44 kg	50-54	ATLETA	CAMP	DATA	55-59	ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
48 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
52 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
56 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
60 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
67,5 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
75 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total		50-54														



RECORDES POWERLIFTING EQ FEMININO

82,5 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
90 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
110 kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																
110+ kg	50-54	ATLETA	CAMP	DATA		ATLETA	CAMP	DATA	60-64	ATLETA	CAMP	DATA	65-69	ATLETA	CAMP	DATA
squat																
bench																
deadlift																
total																



RECORDES POWERLIFTING EQ FEMININO

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA



RECORDES POWERLIFTING EQ FEMININO

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA

70-74	ATLETA	CAMP	DATA	75-79	ATLETA	CAMP	DATA	80+	ATLETA	CAMP	DATA