

# SHAPED SUPPORT BANDAGE (SSB) APPLICATION

ALL compression bandaging is applied from below the toes until it reaches 2cm from the crease behind the knee.



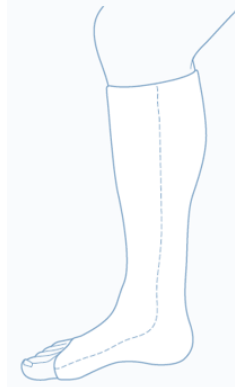
## CHOOSE THE CORRECT SIZE SSB

Sutherland Medical Tubular Form SSB  
measure the **ANKLE** of the limb

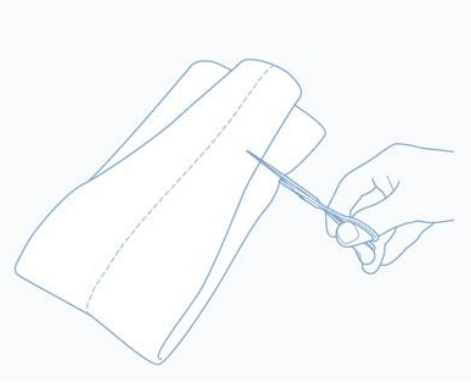
OR

Molnlycke Tubigrip SSB measure the widest  
circumference of the **CALF** of the limb.

After choosing the appropriate size SSB  
measure the limb. Add a few cm as the SSB  
usually shrinks when washed.



ALWAYS cut the SSB when folded so that the  
same amount is cut from each end of the  
bandage. This ensures that the compression  
is evenly distributed.



To remove and apply the SSB. Fold is over  
itself and let it roll over itself.



