

A doppler ultrasound also called a duplex scan or leg scan, is a painless procedure where the blood vessels of the body are checked for blockages and clots. There are 2 types of blood vessels that can be checked, arteries and veins. The scan takes about 30 minutes and you can leave straight afterwards.

### Make sure that:

- ✓ Your GP has sent a referral to Martin Forbes for you to have the scan.

### Where to go:

- ✓ Front desk at Gateway Health Wangaratta, 45 – 47 Mackay St, Wangaratta, 3677.  
We are in the block behind Dan Murphy's and in the street opposite the Wangaratta Library.

### How to prepare before you arrive:

- ✓ You will be bulk billed.
- ✓ If you DO have:
  - Leg bandages: Make sure you have planned BEFORE you come for your scan, to have your BANDAGES PUT BACK ON the same day AFTER THE SCAN by your district nurse, GP or health care provider.
  - Wound dressings on the leg or BACK HALF of your foot: Make sure you have planned BEFORE you come for your scan, to have the dressings put back on the same day AFTER THE SCAN by your district nurse, GP or health care provider.
- ✓ If you DO NOT have any wound dressings or bandages, no further preparation is required.

### How to prepare just before the scan:

- ✓ If you DO have bandages or a splint on your legs these will be removed before the scan starts.
- ✓ If you DO have wound dressings on your leg or the BACK HALF of your foot, a decision will be made at the time as to whether these need to be removed.
- ✓ If you have dressings on the toes or the FRONT HALF of your foot, these dressings are NOT likely to be removed.

### What to expect:

- ✓ You will be welcomed by a Wound Clinical Nurse Consultant and the Vascular Sonographer.

### During the scan:

- ✓ The Vascular Sonographer will put some cool gel on your leg and gently move the scanner along the skin of your legs.
- ✓ Sometimes the Vascular Sonographer will ask you to lift up your clothing just below your chest so that the middle of your belly can be scanned.

### After the scan:

- ✓ You are free to go
- ✓ If the results are urgent the Vascular Sonographer will call your GP as soon as possible otherwise the results will be sent to your GP usually within 2 working days.