



CIF ISRAEL

CIF Israel IPEP October 2026 detailed

Friday, 2.10:

Almut lands at 12:00 (EW 7978 - Eurowings from Hamburg). Pick-up and accommodation with Yafi Wollman in **Modi'in**.

Instructions for Almut and Yafi where they will meet at the airport.

Saturday, 3.10:

Simchat Torah holiday – everyone who can is invited to meet a Almut and spend time with her, in coordination with Yafi. Peter is in Israel with his wife and will spend the holiday with her.

Sunday, 4.10:

Almut is with Eilat in Tel Aviv in the morning. Edna will meet Peter at the university train station at 16.00 coming from Zichron Yaacob.

Eilat Almut will arrive to Hana and Uzi Elisha in **Rosh HaAyin**.

17.00: Welcome meeting with CIF Israel members and presentations by the participants.

At the end of the evening, participants leave for **Jerusalem**: Peter with Nili Dror to her home and Almut to Miriam Bar Giora's home.

Monday, 5.10:

9:30–10:30: Orientation to Social Welfare Services with Nili Berg, Coordinator of international cooperation, Ministry of Welfare, Migdale HaBira. (<https://www.gov.il/he/departments/units/molasa-units-jerusalem-district>).

11:00–12:00: Treatment of evacuees, bereaved families, bereaved family members and friends with Eitan Idan, Jerusalem Municipality

(<https://www.jerusalem.muni.il/he/residents/welfare/welfareoffices/>)

Light meal.

13:00–14:15: Activities of Beit HaLochem with wounded soldiers and combat trauma victims with Yonit Efrati (<https://www.blj.inz.org.il/index.php>).

15:00: Visit to Yad Vashem (<https://www.yadvashem.org>): self guided tour accompanied by Haya Daskal.

Dinner together at the hosts' home.

Tuesday, 6.10:

9:30: Tour of the Old City (including a visit to the Western Wall and the Church of the Holy Sepulcher) with Rachel Postolovski (Department of Social Services, Jerusalem).

Light lunch break at IDF Square or on Ben Sira Street.

13:30–14:30: Meeting with Asylum seekers at St. Vincent Church in Mamilla with Dr. Michal Levy, Shalem College (<https://shalem.ac.il/en/personnel/michal-levi/>).

15:30: Visit to the Israel Museum (<https://www.jerusalem.muni.il/he/experience/sade-site/museums/place?id=115781>).

Dinner at the host's home.

Wednesday, 7.10:

9:30–11:00: People with mental health problems and post-trauma at Herzog Hospital (<https://www.herzoghospital.org/about>) with Nili and Yonit and with Peter.

Youth Law and Protection of Minors Law at Ben Sira Street with Miriam Bar Giora and Tova Shenkolevsky (<https://www.jerusalem.muni.il/he/residents/welfare/welfareoffices>) with Almut.

11:30: Joint tour of the Mahane Yehuda Market and the city center.

18:00: Participation in a ceremony commemorating the victims of October 7 with hosts.

Dinner at the host's home.

Thursday, 8.10:

9:00: Participants depart by train towards the University Station in Tel Aviv.

Coordination and pick-up by Edna.

11:00–12:30: Meeting at “Natal” (<https://www.natal.org.il/en/>) with Yaron Ziv at the Clinical Unit, meeting room on the 6th floor. Address: Top Dan, 72 Pinhas Rosen.

11:00–11:10: Welcome

11:10–11:40: About Natal – Andy Vaturi.

11:40–12:30: About the Clinical Department and professional discussion – Galit and the visitors.

13:00: Going to Edna’s home for a light lunch and possibly a walk on the beach. Pick-up of participants by Hana.

Accommodation: Peter with Ariella and Itzik Lichterman in **Shoham**. Almut with Hana and Uzi Gibor-Elisha in **Rosh HaAyin**.

Friday, 9.10:

In the morning: the participants will tour Samaria (<https://en.wikipedia.org/wiki/Samaria>) with Ariella, Chana and Itzik (tour guide).

Saturday, 10.10:

Rest day with the hosts.

Sunday, 11.10:

9:00–10:30: **Ashdod** Youth Counseling Center (<https://www.ashdod.muni.il/he-il/%d7%90%d7%aa%d7%a8-%d7%94%d7%a2%d7%99%d7%a8/%d7%a8%d7%95%d7%95%d7%97%d7%94-%d7%a9%d7%99%d7%a8%d7%95%d7%aa%d7%99%d7%9d-%d7%97%d7%91%d7%a8%d7%aa%d7%99%d7%99%d7%9d/%d7%9e%d7%99%d7%93%d7%a2-%d7%9b%d7%9c%d7%9c%d7%99/>)

Sinai 27, Quarter A: meeting with Welfare Department Director Omer Unger, Director of services for youth at risk Nicole Aliev, and Lea Belan-Alfon, Director of the Addiction Center, accompanied by Edna and hosts Uzi and Itzik.

Tour of the Gaza strip border area (https://en.wikipedia.org/wiki/Gaza_Strip) with Uzi and Itzik.

Light meal during the day and dinner at the hosts’ home.

Monday, 12.10:

Tour of the South: Edna will arrive at 9:00 in Rosh HaAyin and Shoham for pick-up with the suitcases. Hana and Edna accompanied participants all day.

11:00: Resilience Center, **Sdot Negev** Regional Council (<https://icarcollective.org/spotlight-on-the-resilience-center-of-sdot-negev/>).

13:30: Visit to the Bedouin school in **Rahma** (<https://healingdivides.org/wp-content/uploads/2020/10/rahma-elementary-school-11.10.20-final.pdf>) meeting with the school principal Suleiman or his deputy Nasser: general background on Bedouin society in Israel (tribal structure, family structure, relations with Israeli Arabs and Islam, employment issues); challenges in educating the younger generation (dealing with two languages, gaps between boys and girls, school dropout, getting to school) and the solutions offered by the state to the challenges facing Bedouin society: where they work and where they do not work.

Light lunch and a tour of the area (crater).

Return to the center in the evening. Dinner with the hosts: Almut with Margalit in **Holon**. Peter with Ofra Lichtentrit in **Herzliya**.

Tuesday, 13.10:

9:00: Pick-up of Peter and Almut (Margalit will send Almut by bus and Edna will pick up Peter from Herzelia to the light train station to go to Petach Tikva.

11:00–12:30: Meeting with David Lokoff, Director of Community Mental Health Services, and Judy in her role as Case manager

(<https://kidumpro.co.il/housing/%D7%A9%D7%9C%D7%A4%D7%A8%D7%95%D7%99%D7%A7%D7%98%D7%99%D7%9D%D7%A9%D7%99%D7%A7%D7%95%D7%9E%D7%99%D7%99%D7%9D/>) Address: HaMaccabim 17, Petah Tikva. Arrival via the Red Line light rail, getting off at the final stop: Petah Tikva Central Station. Judy will wait for them at the station and accompany them personally to the office.

Afternoon: Return to Tel Aviv by light rail and free time to tour Tel Aviv.
Return to host families on their own.

Wednesday, 14.10:

Almut moves for one night to Eilat in Jaffa. Arrives at 11.00 at Edna and Peter coming from Herzlia with Chana as well.

12.00: Meeting with Dr. Orly Ganani about her research "Evacuation from Home and Community: Positioning the Individual and the Family vis-à-vis the Community in Times of Emergency." ([Attached paper](#) here). And: "From Ideological Absorption to Economic Integration in Peripheral Rural Communities Undergoing Change" (<https://www.jstor.org/stable/27253005>).

14.30: meeting with Mariuma, Shanti House with Edna and Chana: <https://shanti.org.il/en/the-shanti-house-tel-aviv/>

16.00: Free time in Tel Aviv Jaffa.

Return to the host families.

Thursday, 15.10:

Peter travels from Ofra in Herzliya by bus to Dunia

(<https://maane.co.il/%D7%93%D7%95%D7%A0%D7%99%D7%94%D7%91%D7%A8%D7%95%D7%93%D7%94/>) and Leonid Braude (<https://www.leonidbroude.co.il/>) in **Nazareth (Nof Hagalil)**.

One-night stay. Meetings and discussions on social work and mental health services in the Galilee with Leonid ([document to Peter in preparation sent to him](#)).

Almut will leave Eilat's home in Jaffa at approximately 9:00 by bus or train to Zacharia Wolf in **Haifa**. Zacharia will pick her up at the train station by prior coordination.

Hosting at Zacharia until Sunday morning. Touring Haifa with host.

Friday, 16.10:

Peter leaves Nazareth afternoon with Leonid to Yaron Ziv in **Harish** for the weekend. Overnight with Yaron until Sunday.

Almut with Zacharia: visit to **Harduf**, a kibbutz community inspired by a novel approach based on Anthroposophy, the spiritual science founded by Dr. Rudolf Steiner. The community conducts extensive activities in the fields of education, rehabilitation, medicine, the arts, agriculture, and organic food.

Saturday, 17.10:

Peter with Yaron: walks near the home and free time.

Almut with Zacharia: Touring sites in Israel like Ein-Hod and Cesaria.

Sunday, 18.10:

Morning – afternoon: with hosts or free time. Arrival to **Modi'in** with hosts.

17:00: Evaluation and farewell meeting with CIF Israel members at Yafi's home in **Modi'in**.

Transportation by train, bus, and car (Evaluation Form for the participants is attached).

After the meeting: Almut is invited to stay with Yafi in Modi'in to reach the airport for her flight on Monday, 19.10, at 17:00. Peter stays overnight with Edna. Leaves Israel on Monday, 19.10, at 22:20.

Host families and involved members' details are attached.

Edna Bar On, President

October 18, 2026 (updated)