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| |  | | --- | | **August/*POSTIVIE ATTITUDE***  *An attitude is a feeling or way of thinking that affects a person's behavior; A positive attitude a state of mind that envisions and expects favorable results* | | | | | | |
| Week 1 | | Optimism | | Having a strong reason to act or accomplish something | |
| Week 2 | | Patience/Moderation | | The ability to wait calmly without complaining; avoiding extremes | |
| Week 3 | | Ambition | | Wanting to get, do, or become something; wanting to achieve a goal | |
| Week 4 | | Enthusiasm | | Something causing a feeling of excitement and active interest | |
| **September/*DILIGENCE***  *Working hard in a steady and continuing manner; Industrious; Sticking with a project or plan* | | | | | |
| Week 5 | | Grit | | Ability to keep working toward long-term goals despite setbacks or failures | |
| Week 6 | | Perseverance | | Persistence in doing something despite difficulty or delay in achieving success | |
| Week 7 | | Resiliency | | The capacity to successfully manage high levels of change | |
| Week 8 | | Tenacity | | The quality that allows someone to continue trying to do something even though it is difficult | |
| **October/*RESPECT***  *Showing regard for the worth of self, others, or something* | | | | | |
| Week 9 | | Respect for Self | | Having pride and belief in one’s own worth; Holding yourself to a high standard; Self-worth | |
| Week 10 | | Respect for Others | | Concern for and motivation to act for the welfare of others | |
| Week 11 | | Respect for Authority | | Respect for those individuals who are in positions of responsibility | |
| Week 12 | | Respect for Learning | | Appreciation for the importance of and effort involved in acquiring knowledge | |
| **November/*CITIZENSHIP***  *The way you act as a responsible member of the community* | | | | | |
| Week 13 | | Patriotism | | | Respectful devotion or allegiance to one’s country, community, and school |
| Week 14 | | Service to Others | | | Useful, usable, and required duty to others |
| Week 15 | | Honor | | | Showing gratitude for our Veterans, active service men and women, and first responders |
| **December/*EMPATHY***  *The ability to be aware of, perceive, understand, and be sensitive to the feelings, thoughts, and experiences of another* | | | | | |
| Week 16 | Empathy | | | | To show understanding through a supportive response |
| Week 17 | Compassion | | | | Understanding the suffering of someone else and wanting to help |
| Week 18 | Caring | | | | To feel concern or interest |
| **January/*KINDNESS***  *Being gentle, willing to help, friendly, courteous, and considerate* | | | | | |
| Week 19 | Polite | | | | Showing positive regard for others in manners, speech, behavior, etc. |
| Week 20 | Generosity | | | | Unselfish willingness to give and share your time and talents at home, school, and community |
| Week 21 | Courtesy/Civility | | | | Polite, civil, and courteous behavior towards other in words and action |
| **February/*TOLERANCE***  *Consideration and respect for the individual differences, views, and beliefs of other people* | | | | | |
| Week 22 | Acceptance | | | | Recognition of the diversity of others, their opinions, practices, and culture without attempting to change it |
| Week 23 | Forgiveness | | | | Benefiting yourself and others by ceasing to feel resentment towards others |
| Week 24 | Considerate | | | | Showing concern for the rights and feelings of others |
| Week 25 | Open-mindedness | | | | To learn tolerance and acceptance through exposure to cultures, ways of life, and ideas other than their own |
| **March/*FORGIVENESS***  *Excusing or pardoning a mistake or offense; letting go of blame* | | | | | |
| Week 26 | Acceptance | | | | Deliberate decision to release feelings of resentment or vengeance; Being willing to accept other’s apologies |
| Week 27 | Excuse | | | | An explanation that frees one from fault or blame |
| Week 28 | Amends | | | | An attempt to restore a relationship, situation, or friendship by seeking to right the wrong through a change of behavior |
| **April/*INTEGRITY***  *Steadfast adherence to a strict code of moral, ethical or artistic values; to consistently be truthful, sincere, and fair; Keeping one's word* | | | | | |
| Week 29 | | | Honesty | | Truthfulness and sincerity; free from deception |
| Week 30 | | | Trustworthiness | | Worthy of confidence; reliable; dependable |
| Week 31 | | | Self-control | | The power to direct or regulate your actions and emotions |
| Week 32 | | | Justice/Fairness | | Correct, proper, and reasonable treatment of behavior and viewpoints of others |
| **May/*ACCOMPLISHMENT***  *Pride and appreciation for attaining one’s goal* | | | | | |
| Week 33 | | | Motivation | | Having a strong reason to act or accomplish something |
| Week 34 | | | Courage | | To meet a challenge without giving in to fear |
| Week 35 | | | Wisdom | | Good judgment; ability to make reasoned decisions; insight |