



COOK ISLANDS

Thursday 1 to Friday 9 October 2026 – 9 Day Tour



Tour inclusions:

- Home pick up and Return (t&c's apply)
- Return Economy Flights with Air New Zealand
- Fully Escorted Tour
- 7 nights Resort Accommodation
- Most Meals as per the itinerary
- All Touring & Entrance fees as per itinerary
- Stay Put Tour

Tour Highlights:

- All Airport Transfers
- Round Rarotonga Orientation Tour
- Punanga Nui Market
- Cultural Village Tour
- Legend of Tongaiti Dinner and Show
- Te Vara Nui Village
- Koka Lagoon Cruise
- Te Ara Museum
- Ka'ara – Drums of our Forefathers Sunset Show and Dinner
- Tapuae Village Day Tour
- Progressive Dining Tour
- Visit to Rutaki Primary School
- Maire Nui Gardens
- Muri Night Market



Day 1 – Thursday 1 Oct

Kia Orana & Island Dreams Begin!

(B/D)

Today our tropical adventure begins as we are collected from home and transported to Melbourne International Airport and take off for the breathtaking **Cook Islands**, flying via Auckland to paradise. On arrival in **Rarotonga (early Thursday morning local time)**, we're warmly greeted by our local touring team and transferred to the stunning **Edgewater Resort & Spa**. The rest of the day is yours to unwind—sleep in, stroll the beach, dip your toes in the lagoon or simply soak up that laid-back island vibe. Paradise has officially begun.

Overnight: The Edgewater Resort and Spa, Cook Islands

Day 2 – Friday 2 Oct

Discover Rarotonga

(B/L/D)

After breakfast, we set off on an engaging **Orientation Tour of Rarotonga**. Our knowledgeable local guide brings the island to life as we visit historic landmarks, scenic viewpoints and places of cultural significance. We'll also learn about the fascinating world of **Cook Islands black pearls**, with garden stops along the way adding even more colour to the day. The afternoon is free to enjoy the resort—pool, beach or spa... the choice is yours.

Overnight: The Edgewater Resort and Spa, Cook Islands

Day 3 – Saturday 3 Oct

Markets, Culture & Fire Under the Stars

(B/D)

Saturday morning means one thing—**Punanga Nui Market**! Wander through lively stalls filled with fresh tropical produce, organic coffee, handmade crafts and authentic souvenirs, all accompanied by free local entertainment. Grab yourself some lunch from one of the market stalls. After returning to the resort for relaxation, we prepare for a truly unforgettable evening at **Te Vara Nui Village**. We begin with a guided **Cultural Village Tour**, learning ancient traditions, skills and stories passed down through generations. Dinner follows with a delicious **Island–Western fusion buffet**, before the night erupts into magic with **“The Legend of Tongaiti”**—the world's only over-water Polynesian theatrical show. Fire dancers, drumming, storytelling and shimmering reflections on the water make this a night to remember.

Overnight: The Edgewater Resort and Spa, Cook Islands

**Day 4 – Sunday 4 Oct****Lagoon Life & Island Flavours****(B/L/D)**

Today we experience the postcard-perfect beauty of **Muri Lagoon** with **Koka Lagoon Cruises**. Snorkel amongst vibrant marine life or relax aboard a glass-bottom boat while soaking up the crystal-clear waters. A mouth-watering **BBQ lunch** is served on a private island—relaxed, fun and unforgettable. We return to our resort later this afternoon, with dinner enjoyed back at the resort.

Overnight: The Edgewater Resort and Spa, Cook Islands

Day 5 – Monday 5 Oct**History by Day, Rhythm by Night****(B/D)**

This morning we visit **Te Ara – The Museum of Cultural Enterprise**, a world-class exhibition offering deep insight into the Cook Islands' history, culture and environment—past, present and future. Tonight, prepare for an incredible cultural immersion at **Highland Paradise** for **Ka'ara**. Enjoy a village tour, marae tapu lifting ceremony, a refreshing Kia Orana cocktail and a traditional **umu feast**, followed by a high-energy cultural performance by the acclaimed **Maungaroa Cultural & Performing Arts Academy**.

Overnight: The Edgewater Resort and Spa, Cook Islands

Day 6 – Tuesday 6 Oct**Ancient Footsteps & Island Hospitality****(B/L/D)**

We venture into the mountains today for the **Highland Paradise “Footprints of Our Ancestors” Tour**. This open-air museum boasts spectacular views and powerful storytelling as we learn about tribal warfare, navigation and daily village life, including weaving and drumming demonstrations. A traditional **umu lunch** completes the experience. This evening is something truly special—a **Progressive Dinner through local homes**. Enjoy three courses hosted by different Cook Islands families, walking through tropical gardens, sharing stories and savouring authentic home-style island cuisine. An extraordinary night of connection, culture and flavour.

Overnight: The Edgewater Resort and Spa, Cook Islands



Day 7 – Wednesday 7 Oct Local Life & Night Markets (B)

This morning we visit a **local school**, gaining insight into island education and cultural activities. We then wander through the beautiful **Maire Nui Gardens**, a lush tropical oasis filled with winding paths, bridges, water features and lily ponds—an inspiring labour of love created from former swampland.

Tonight, dinner is at your leisure as we explore the vibrant **Muri Night Markets**, sampling dishes from food stalls and trucks while mingling with locals and fellow travellers under the stars.

Overnight: The Edgewater Resort and Spa, Cook Islands

Day 8 – Thursday 8 Oct Farewell Paradise (B)

After our farewell breakfast, we pack our bags and check out before heading to the airport for our flight to Auckland. We arrive the following day, after crossing back over the international date line.

We arrive in Auckland and, after a short connection, continue our journey back to Melbourne. On arrival, our chauffeurs will be waiting to take us home, bringing with us unforgettable memories, island friendships and that unmistakable Cook Islands glow. 

Tour Cost from:

\$6700-pp

(\$1100- single supplement)

Minimum numbers required.

\$1000pp deposit required to secure your seats....

To maximize your experience on this tour, you will need to be fit and able.

Booking, Payment & Cancellation Details

- A **\$1,000 per person deposit** is required to secure your place on this unforgettable International Daytripper Tours experience.
- Of this, **\$600 per person is non-refundable** to cover deposits for flights and accommodation.
- The **final balance is due 120 days prior to departure**.
- **Cancellations within 120 days of the tour departure date** will result in **no refund**.
- **Cancellations on or after the tour departure date** will result in **no refund**.
- A **valid passport** is required (minimum 6 months validity) – **copy or photograph of passport to be provided to Daytripper Tours after booking**.
- Please check visa requirements for Non Australian Passport holders with your local consulate; responsibility for obtaining visas rests with the traveller.

TRAVEL INSURANCE IS NOT COMPULSORY HOWEVER IS HIGHLY RECOMMENDED

The itinerary may be subject to change without notice. Whilst every effort is made to adhere to the itinerary as provided, Daytripper Tours reserves the right to alter the touring and attractions as dictated by circumstances and conditions outside the company's control. Alterations may be made to ensure the smooth running of the tour. Every attempt will be made to ensure alterations do not adversely affect the operation of the tour. Daytripper Tours will not be held responsible for weather-based cancellations, or those closures made at the venue's discretion.

Tour Price is Valid for Travel during 2026.