

# 6

## Food Choices



### In this unit, you will

- > learn about the history of restaurants.
- > increase your understanding of the target academic words for this unit.

### LISTENING AND SPEAKING SKILLS

- > Using a T-Chart to Take Notes
- > Beginning a Presentation
- > **PRONUNCIATION** Can and Can't

### Self-Assessment

Think about how well you know each target word, and check (✓) the appropriate column. I have...

#### TARGET WORDS

AWL

never seen this word before.

heard or seen the word but am not sure what it means.

heard or seen the word and understand what it means.

used the word confidently in *either* speaking or writing.

- conclude
- focus
- item
- lecture
- normal
- plus
- relax
- topic

Oxford 3000™ keywords

5. pots, pans, and plates
6. a postage stamp from 1800
1. What items of clothing do you buy regularly?
2. What news item is popular this week?
3. What luxury item would you like to own?

## Vocabulary Activities

- A.** Read the restaurant review. Cross out the word in parentheses with a different meaning from the other two. Use a dictionary to help you understand new words. Compare answers with a partner.

There's a new restaurant in town called Alexi's. There are many 1. (*items / prices / things*) on the menu, and all of the food is good. You don't need to dress up because the atmosphere is 2. (*exciting / informal / relaxed*). The restaurant looks expensive, so you might 3. (*agree / believe / conclude*) that the food costs a lot, but it doesn't. The prices are quite 4. (*cheap / normal / typical*).

Word Form Chart

Noun	Verb	Adjective	Adverb
normality	normalize	normal	normally
relaxation	relax	relaxed	_____
conclusion	conclude	conclusive	conclusively
item	itemize	_____	_____

- B.** Complete the following sentences using the words from the Word Form Chart. Be sure to use the correct form and tense of each word.

- The store receipt itemizes everything you buy.
- I always feel very \_\_\_\_\_ after my vacation.
- I need to buy some food. There are a lot of \_\_\_\_\_ on my shopping list.
- \_\_\_\_\_, we eat at home, but we sometimes eat out on Fridays.
- The doctor's office is open during \_\_\_\_\_ office hours.
- After the semester is over, I am going to the beach for a few days of \_\_\_\_\_.
- From the research, scientists reached the \_\_\_\_\_ that many people do not have healthy eating habits.

**C.** Match a word on the left with a collocation on the right. Then use the phrases to complete the sentences.

back to

perfectly

relax

item

individual

reach

a conclusion

normal

1. Each individual item was carefully packed so that it wouldn't break.
2. Don't worry. It's \_\_\_\_\_ to feel tired after a long day at school.
3. We need to do more tests before we can \_\_\_\_\_.
4. The teachers were very busy before exams but now things are \_\_\_\_\_.

To *conclude* is "to decide or believe something as a result of what you have heard or seen." To *reach a conclusion* has a similar meaning.

The scientists **concluded** that the medication helped 68 percent of the patients.

After reading the study, we **reached the conclusion** that the treatment was successful.

To *conclude* also means to bring to an end. To *conclude*, or *in conclusion*, is often used in formal speeches or academic papers.

To *conclude* / *In conclusion*, I'd like to offer you some advice.



**D.** Work with a partner. Say what conclusion you might reach in each of the following cases.

1. There is a line of people outside a popular restaurant.  
*You might reach the conclusion that the restaurant is very popular.*
2. Your teacher does not come to class.
3. People outside are carrying umbrellas.
4. An ambulance goes by with the lights flashing.

**E.** Define each item on the left using a phrase on the right. Then discuss the questions below with a partner.

- |                                   |                         |
|-----------------------------------|-------------------------|
| <u>d</u> 1. a chair               | a. an item of clothing  |
| ___ 2. a diamond ring             | b. a collector's item   |
| ___ 3. a story about a lost child | c. a luxury item        |
| ___ 4. a shirt                    | d. an item of furniture |
| ___ 5. pots, pans, and plates     | e. a news item          |
| ___ 6. a postage stamp from 1800  | f. household items      |

1. What items of clothing do you buy regularly?
2. What news item is popular this week?
3. What luxury item would you like to own?

**Vocabulary Activities**

**A.** Complete the paragraph using the words or phrases in the box. Be sure to use the correct form and tense of each target word.

focus on      lecture      lecturer      plus      topic      topical

How would you like to be able to continue your education in your own home?

With a course from University for All, you can do that. You can download

thousands of lectures (1. talks) on a variety of interesting \_\_\_\_\_ (2. subjects).

One popular course is called Nutrition for Everyone. This course

\_\_\_\_\_ (3. examines) healthy eating and nutrition. We also study \_\_\_\_\_ (4. popular) issues

such as low-fat diets. All of our \_\_\_\_\_ (5. speakers) are experts. \_\_\_\_\_ (6. and), all

new students will receive a set of course materials absolutely free!

**B.** For the target vocabulary word below, match the dictionary definitions on the left with the example sentences on the right.

**focus**

**Definitions**

- b 1. added to (mathematics)
- \_\_\_ 2. to adjust your camera or your eyes to clearly see something
- \_\_\_ 3. to give all your attention to something

**Example Sentences**

- a. Today we're going to focus on healthy eating habits.
- b. The main focus of the class is healthy eating.
- c. This camera will automatically focus on a person's face.

**plus**

**Definitions**

- \_\_\_ 1. added to (mathematics)
- \_\_\_ 2. an advantage
- \_\_\_ 3. in addition

**Example Sentences**

- a. My new school is near my home, which is a big plus.
- b. There is no school tomorrow. Plus, it's my birthday!
- c. Two plus two equals four.