



Early  
Childhood  
Mental  
Health  
Program

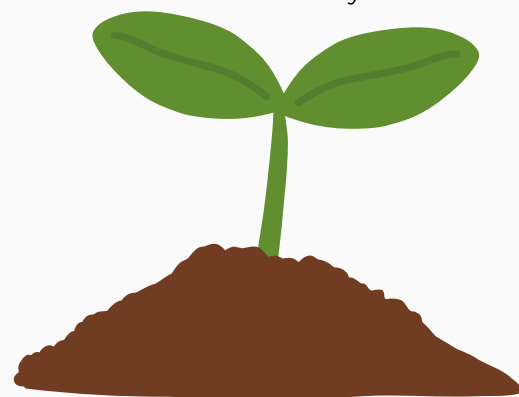


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# 24/25

## IMPACT REPORT



***Rooted in Resilience***

*Serving Contra Costa & Solano Counties*

# A message from our Executive Director....

Dear Friends,

It is with deep gratitude and renewed hope that I share with you the Early Childhood Mental Health Program's 2024–2025 Impact Report. Our theme this year, Rooted in Resilience, reflects both the spirit of the children and families we serve and the strength of our agency as we emerge from some of the most challenging years in our history.

Through it all, our growth has been anchored by the dedication and talent of our staff in all departments. Clinicians across our programs continue to show up with expertise, compassion, and creativity...helping young children and their families heal, grow, and thrive. Their work embodies resilience in action, reminding us every day of the power of connection and care.

We know that this impact is made possible not only through the dedication of our teams but also through the partnerships that sustain us. We are proud to stand alongside the Community Services Bureau, First 5 Contra Costa, GRIP, We Care, Lynn Center, Child and Family Services, the City of Richmond, and our essential county partners at Contra Costa Behavioral Health and Solano County Behavioral Health. Together, with so many more, we are building a stronger and more supportive community for our youngest children and their families.

As we turn to the future, we also face the reality of looming cuts to Medicaid and essential health services across the country. These financial challenges will test our resilience once again. Yet, we remain confident that with your ongoing commitment to children's mental health—and your steadfast support of ECMHP—we will weather what lies ahead and continue to provide the high-quality care our community depends on.

On behalf of the children, families, staff, and Board of Directors of ECMHP, thank you. Thank you for your trust, your partnership, and your support in countless ways. It is because of you that we remain rooted in resilience and ready for the work ahead.

With gratitude,

A stylized, handwritten signature in black ink that reads "Jeff Sloan". The signature is fluid and cursive, with the first name "Jeff" and last name "Sloan" clearly distinguishable.

Jeff Sloan, MS, MBA, AMFT  
Executive Director



# Impact Rooted in Resilience

22

groups were offered to families

238

participants joined our monthly  
family  
enrichment nights throughout the  
year

51

children & families received school based support

430

children & families received  
dyadic therapy services

4

children graduated  
from our  
Comprehensive  
Therapeutic Preschool  
and transitioned into  
mainstream  
Kindergarten.



We completed our  
annual Summer  
Social Skills Group  
with 33 families  
participating.

7<sup>TH</sup>



# 24/25 Highlights



Dyadic parent-child therapy services expanded into Solano County. We served 33 children and families living across Solano County.

We hosted 9 Attachment Vitamins classes on site at our Richmond location, the Greater Richmond Interfaith Program, and across the county at Flrst5 centers.



Our mental health consultation teams provided 34 teacher trainings and parent workshops at local preschools. *One teacher shared, "I learned that there are many opportunities as we teach young children to support and nurture their developmental abilities and guide them through emotional challenges with different approaches that allow the child to know they can express their emotions and feelings."*

## Workshop Spotlight



### Autism Support Groups

A new group was developed by clinicians, Faryn, Aaron, Cecilia, & Sophie after identifying a community need. They established a weekly group where caregivers were able to share challenges, questions, and successes while learning about Autism, neurodiversity, and community resources.



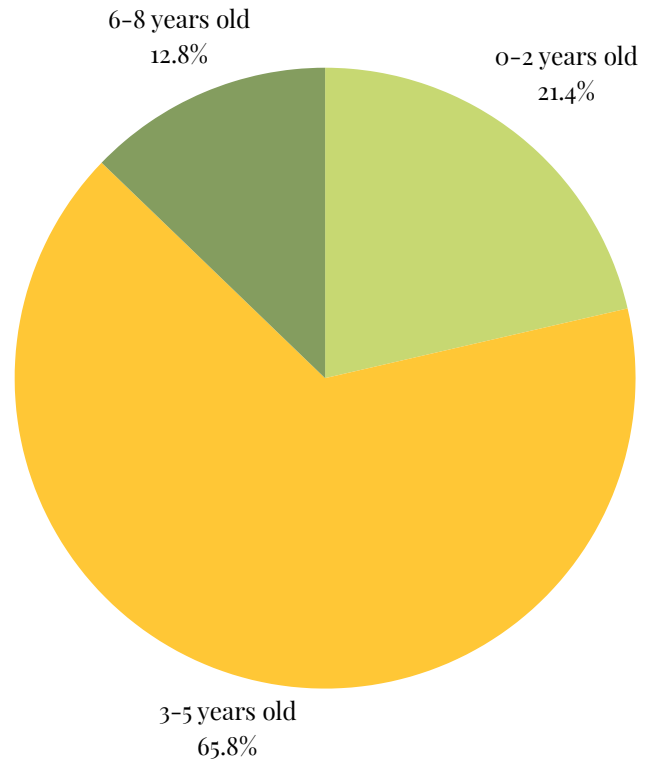
### Social Skills Groups

With the expansion of Transitional Kindergarten, we offered the summer social skills group to offer 2 groups; 1 for families with children entering Transitional Kindergarten and the other for those entering Kindergarten. A team of 8 clinicians ensured it ran smoothly each week. **One parent shared, "These activities helped my child on his first day of school where he was able to engage in a positive way with new school friends".**

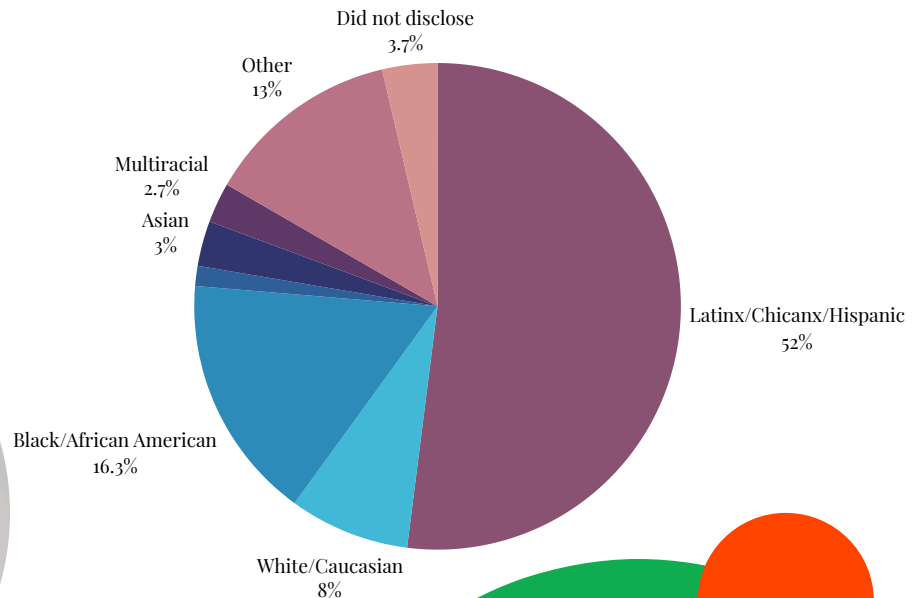
# The Families We Serve



● 0-2 years old    ● 3-5 years old  
● 6-8 years old



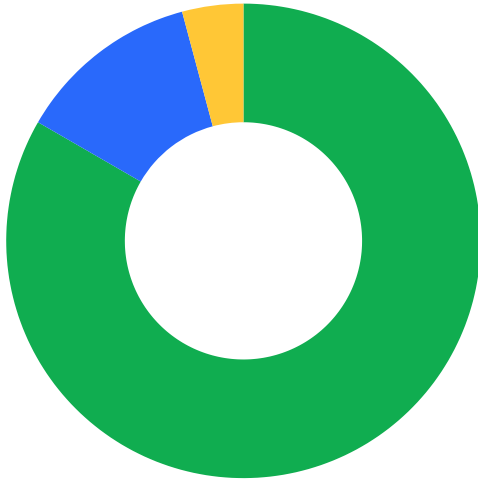
● Latinx/Chicanx/Hispanic    ● White/Caucasian  
● Black/African American    ● Asian  
● Multiracial    ● Other    ● Did not disclose



# Financial Overview

## FY 24/25

### Revenue Report



**Contracts: \$3.8M**

**Grants: \$600,000**

**Donations: \$150,000**

**Total Revenue: \$4.5M**

## Looking Ahead 25/26

### Summary of Projections

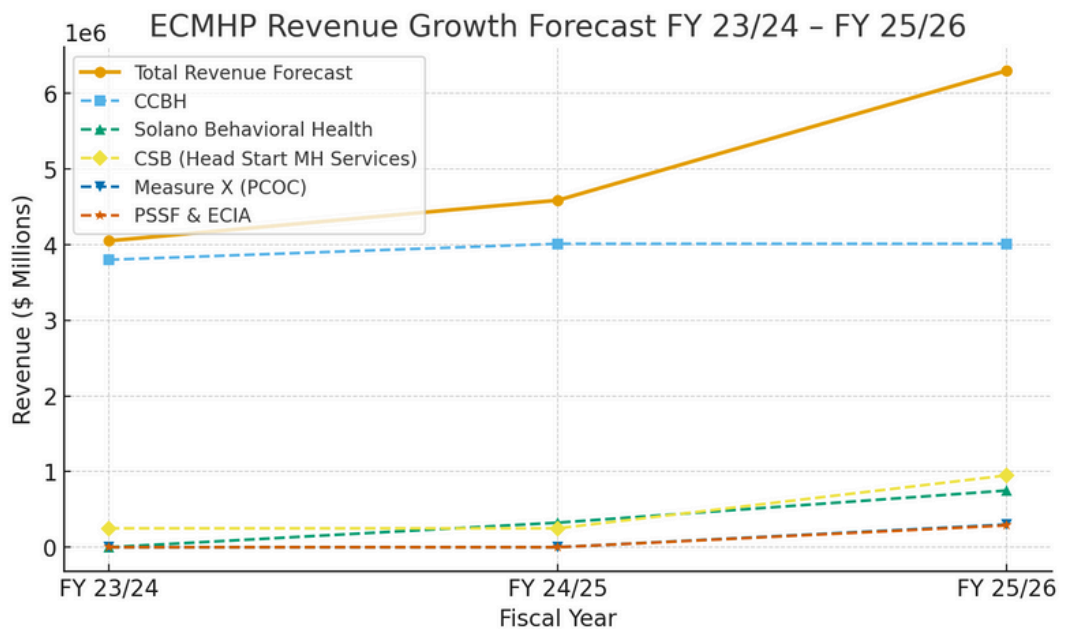
CCBH: grows modestly from \$3.8 M to \$4.01 M

Solano Behavioral Health: increases sharply from \$325 K → \$750 K

Community Services Bureau (Head Start MH): major expansion from \$250 K → \$950 K

New Measure X funding (PCOC): \$300 K beginning FY 25/26

Additional PSSF + ECIA contracts: roughly \$288K



# With Gratitude to Our Donors

## The Roots of Our Resilience

This year, we celebrate the extraordinary generosity of our donors.

Your support has fueled our mission to ensure that every child, regardless of background, has the opportunity to learn, grow, and thrive. Because of you, children and families facing the greatest challenges are gaining the tools, confidence, and resilience to succeed not only today but throughout their lives.

We are deeply grateful for your commitment. Every gift you make is more than financial support. It is an investment in a child's future and a statement of belief that all children deserve a fair chance.

### Deeply Rooted, Honoring Our Longtime Donors

*Hunter Harris  
Kathleen Liebenow  
Katherine Grace Dadachanji  
Elaina Spitaels-Genser  
Susan Wittenberg  
Carla Della Zoppa  
Miriam Joscelyn  
Jeff Devine  
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Karen & Jay Fenton  
Judy Bendix & Thomas Pherson  
E.J. and Jeannine Shalaby  
The Butt Family  
The Noonan Family  
The Corbin Family*

*Thank You*



# Join Our Mission!



## Locations:

Contra Costa Center  
200 24th St.  
Richmond, Ca 94804

Solano Center  
1726 Sonoma Blvd.  
Vallejo, Ca. 94590



510-412-9200



OfficeAdmin@ecmhp.org



Early Childhood Mental Health Program



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