



Early
Childhood
Mental
Health
Program

25/26 IMPACT REPORT



Investing in our Foundation

Serving Contra Costa & Solano Counties

A LETTER FOR YOU...

Dear Friends,

This year, I have found myself reflecting on what it means to build something that lasts. At ECMHP, we know that strong foundations are essential. Children thrive when they experience safety, consistency, and nurturing relationships. Families grow stronger when they are surrounded by people who recognize their strengths and remain beside them through difficult moments.

Throughout 2025–26, ECMHP continued to provide that foundation for children and families across Contra Costa and Solano counties. From pregnancy through eight years of age, our teams offered relationship-based mental health services, therapeutic early education, consultation, and family support. We met families in classrooms, homes, community settings, and our own welcoming spaces—supporting children and caregivers through challenges, transitions, healing, and growth.

Behind every service is a relationship, and behind every number is a child, parent, or caregiver who has allowed us to become part of their story.

This was also a year of growth and renewal. We strengthened our leadership, deepened community partnerships, and continued building the internal foundation needed to sustain our work. Through change and uncertainty, our staff remained steadfast. Their compassion, skill, and commitment continue to be the heart of ECMHP.

As we look toward the future, we are launching Investing in Our Foundation, a capital campaign to replace the aging roof of our Richmond home. Beneath this roof, children learn to feel safe, parents find support, and families experience connection, healing, and hope. Replacing it is more than a building project—it is an investment in the stability of our programs and the future of our mission.

Thank you for being part of ECMHP's story. Your generosity and partnership help sustain the relationships, services, and spaces that children and families depend on. Together, we are protecting a place of belonging and building a strong future for the families we serve.

With gratitude,



Jeff Sloan, MA, MBA, AMFT, Executive Director



OUR MISSION

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Mission Statement:

Our mission is to promote the well-being and empowerment of our community by providing access to collaborative early intervention, mental health, and early education services that foster healthy development, strong relationships, healing and resilience for infants, young children and their families who face adversity.



YEAR AT A GLANCE

STRENGTHENING RELATIONSHIPS. SUPPORTING FAMILIES.
BUILDING HEALTHIER COMMUNITIES.



OUR REACH

406

Children and families served through Contra Costa specialty mental health services

59

children and families served through Solano County specialty mental health services.

465

Combined: 465 children and families served across both counties

MEASURE X PROGRAM HIGHLIGHTS

Perinatal Circle of Care: Served 45 caregivers child dyads (90 individuals), reaching 250% of the projected annual dyadic service volume.

Neurodivergence-Affirming Groups: ECMHP hosted three caregiver-child group cohorts, two in English and one in Spanish. The program engaged 9 caregivers and 12 children in the fall and expanded to 15 caregivers and 20 children in the spring, offering increasingly specialized therapeutic play, sensory experiences, and caregiver support.



Caregiver Stress Reduction: Among caregivers who completed both pre/post surveys, average parenting stress scores decreased and caregivers reported increased confidence, greater patience, stronger social connections, and a better understanding of their children's behaviors.

Attachment Vitamins: Delivered a group each quarter in FY 25/26 at First5 Centers across the county with 52 participant attendances, strengthening caregivers' understanding of attachment, co-regulation, and children's emotional needs.

8

Family Nights hosted

1,450

Children reached through early childhood mental health consultation

7

Families received homelessness prevention assistance and remained housed at reporting

5

Interns Completed Their Placements

2 in Therapeutic Preschool (CTP) and 3 in Child & Family Therapy (CFB).

EXPANDING OUR REACH, STRENGTHENING OUR COMMUNITIES



\$100,000

Homelessness
Prevention Fund

SUPPORTING FAMILY STABILITY

In January 2026, ECMHP launched a \$100,000 Homelessness Prevention Fund, recognizing that stable housing is essential to family well-being. During its first few months, 42 families were screened, 13 were identified as experiencing housing instability, and seven families received \$12,650 in financial assistance. All remaining housed at the time of reporting.



**STRONGER
TOGETHER**

Building Community
Partnerships

PARTNERSHIPS THAT MAKE A DIFFERENCE

ECMHP's Children's Mental Health Initiative, in partnership with the Greater Richmond Interfaith Program (GRIP), is being recognized by the Contra Costa Council on Homelessness. This recognition celebrates our shared commitment to bringing trauma-informed mental health support to children and families experiencing homelessness and strengthening the community partnerships that help families thrive.



\$852K

Expanding
Perinatal Care

GROWING PERINATAL MENTAL HEALTH SERVICES

ECMHP was awarded **two Early Intervention contracts totaling \$852,448 annually through 2029**, including \$500,000 from Solano County and \$352,448 from Contra Costa County. Beginning in 2027, this funding will sustain and expand our Perinatal Circle of Care, allowing us to reach more families in Contra Costa County while expanding services into Solano County. This investment strengthens access to relationship-based mental health support during pregnancy, postpartum, and early parenthood.



IMPACT STORIES

Opening Doors to Early Learning

Through dyadic therapy and targeted case management, an ECMHP clinician helped a mother navigate childcare subsidies, language barriers, and preschool enrollment for her three-year-old child. The child gained access to an early learning environment, creating new opportunities for social-emotional development while supporting the family's stability.



Creating a Stable Home

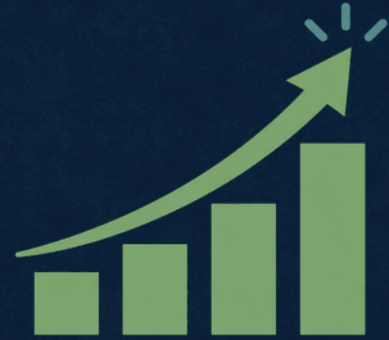
After more than a year living in a family shelter, a mother and her infant transitioned into permanent housing. Through ECMHP's Homelessness Prevention Fund, the family received assistance with three months of rent, allowing the mother to establish a safe and functional home without immediately facing the risk of losing housing.

When educators feel supported, children benefit

Through ECMHP's Early Childhood Mental Health Consultation program, educators gained practical strategies for responding to challenging behaviors, supporting children's social-emotional development, and caring for their own well-being. In FY 25/26, 98% of participating educators reported increased knowledge, and 95% intended to apply what they learned in their classrooms. By investing in educators, we strengthen the relationships and learning environments that help young children thrive.



25/26 FINANCIAL OVERVIEW



This year marked significant progress in ECMHP's growth and financial foundation. From a \$3 million organization in 2018, we now anticipate approximately \$7 million in annual revenue. This expansion reflects the confidence of our funding partners and sustained investment in early childhood mental health across Contra Costa and Solano counties. Expected revenue for the coming year totals \$6,992,000 across 10 funding sources.

Our largest partnerships include \$4.06 million through Contra Costa Behavioral Health, \$1.1 million through Head Start, and \$850,000 through Solano Behavioral Health. An additional \$980,000 supports perinatal services, early intervention, and community partnerships through Measure X, PS5F, GRIP, First 5, and We Care. Together, these investments broaden our funding base and strengthen our regional presence

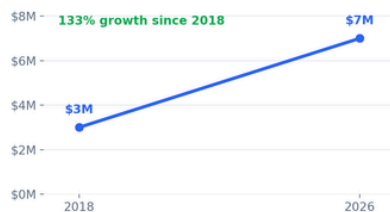


Looking Ahead 26/27

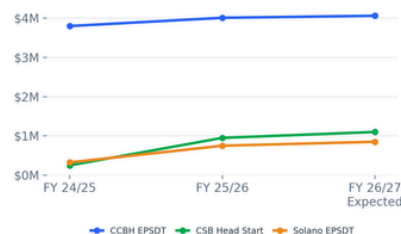
ECMHP

Financial growth & funding outlook

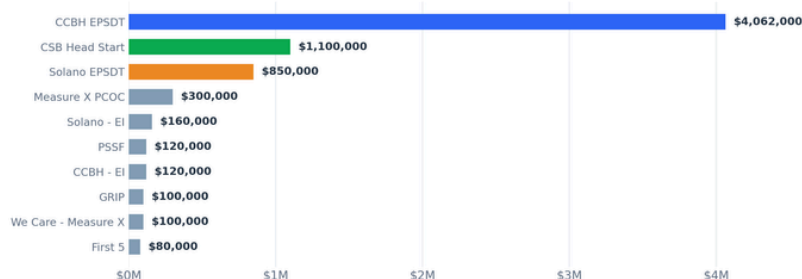
\$6,992,000 expected annual revenue from 10 funding sources
Agency budget growth



Major contract growth



Expected annual revenue by funding source



Sources: ECMHP leadership budget figures; 2024-25 Impact Report; supplied annual revenue schedule.
Agency growth line connects two known budgets. FY 26/27 contract amounts are expected revenue.
Historical contract figures reflect the report's published comparison. We Care-Measure X is included at \$100,000 annually.

With Gratitude to Our Donors



As we look ahead to 2027, ECMHP is committed to building on our impact by expanding access to relationship-based mental health services, strengthening community partnerships, and responding to the evolving needs of children and families.

Our priorities include expanding Perinatal Circle of Care into Solano County, sustaining early childhood consultation, strengthening multilingual services, and creating more opportunities for families to connect, heal, and grow.

Inspired by our 2025 Annual Giving Campaign, **Rooted in Resilience**, we celebrate the strength of the families we serve and the generosity of those who make our work possible. With the continued support of our donors, partners, and community, we can sustain essential services and create welcoming spaces where young children and families thrive.

DONATIONS RECEIVED
\$119,410.69

JOIN OUR MISSION



Connect with Us!

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Richmond, CA 94804



510-412-9200

Solano Center
1726 Sonoma Blvd.
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