

PARENTING IN THE DIGITAL AGE

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Managing the use of technology in our families is one of the big challenges of 21st-century parenting.

Technology developed in the past 20 years — smartphones, laptops, tablets, and the applications that populate them—has radically transformed what childhood looks and feels like, and as parents we are having a hard time adjusting to the digital natives demands.

Not only is technology unfamiliar territory for many adults (Digital Immigrants) who didn't grow up with technology, worse still, online technology.

The experts whom we turn to for answers have different views on what technology is doing to our children 'digital natives'

But, they all agree that technology has changed the way kids socialise and interact with others, which brings about enormous impacts on their mental and emotional well-being.

Technology has empowering tools for kids of all ages - tools that help children learn in fun and engaging ways, express their creativity and stay connected to others.

Children who are tech-savvy will also be better prepared for a workforce that will be predominantly digital.

However, all types of technology can actually have negative effects on children when used in excess, because they lower children's frequency of interacting with their peers.

No one cares more about your child's well-being and success than you do.

In today's digitally-fueled times, parents must guide children not just in the physical world but in the virtual worlds as well.

Teach your children to use technology in a healthy way and pick up the skills and habits that will make them successful digital citizens.

PARENTING TOP 3 TIPS

Aim for Balance

- Set ground rules that accommodates your child's learning need (not wants) guided by your families belief systems

Be a Role Model

- Children are good imitators especial at very young age, they copy behaviours that they are exposed to.

Make Technology a Family Affair

- Actively involved in your child's technology use and create account with parental control for your kids.

From infants (2-year-olds) who seem to understand the iPad better than you to teenagers (16 year olds) who need some (but not too much) freedom.

Understand the different cognitive level of your child and respond accordingly to their needs and your family beliefs and values in our cases guided by the doctrinal foundation on Christ

Tech-Talk program will be inviting Experts on the Psychology of learning with Technology and explore ways to make technology work for your family at each stage of your parenting journey in this digital era.

The show will have technology learning activities for our Kids, you need a desktop, or a tablet, or a mobile phone. We will use both Zoom & Radio