

## Station 6: In the presence of Jesus in the Eucharist

At this stage of your pilgrimage spend a few moments in the presence of Jesus in the Eucharist. Thank the Lord for his presence, for the gift of Hope and for all the blessings he has given you. Talk to him in your own words and tell him about yourself and your needs. Bring to him your family and friends and all who are in need. Think of his words **'Come to me all you who labour and are overburdened and I will give you rest'** 

Lord Jesus in the Eucharist be food for my journey here on earth and into eternity. Be a healing remedy for my whole being. Thank you Jesus for your presence in my life.

To conclude pray the Lord's Prayer

Our Father Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

Now move to the Statue / Image of Our Lady



Station 7: Prayer to Our Lady of Hope Mary you remain in the midst of the disciples as our Mother, as the Mother of Hope. Holy Mary, Mother of God, our Mother, teach us to believe, to hope, to love with you. Show us the way to his Kingdom! Star of the Sea, shine upon us and guide us on our way!

Conclude your Pilgrimage by praying three hail Mary's for our Pope & for the whole Church

Thank you for taking the time to pray and reflect and to celebrate the Jubilee Year of Hope. Please take this leaflet with you and you can do this little pilgrimage any time in any Church.

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# A Little Pilgrimage of Hope



St Patrick's Parish, Kilkenny

## A little Pilgrimage of Hope

Dear friends, with this leaflet we offer you an opportunity to celebrate the Jubilee Year of Hope by undertaking a little pilgrimage of Hope during your visit to our Church today .This little pilgrimage involves moving around the Church to various stations and praving the pravers provided, taking time for reflection at each point or indeed using your own prayers. It is a simple means of joining with our sisters and brothers in the Church throughout the World in celebrating our faith in Jesus Christ our Hope. You might undertake this time of prayer for your own intentions or for someone in need of Hope at this time.



#### Station 1: The Door of the Church

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions.

Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

Now move to the Candle of Hope which will be lighting just inside the door of the Church



Station 2: The Candle of Hope Prayer for the year of Hope

Father in heaven. May the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom. May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen.

Now move to the Baptism font which will be near the Altar area of the Church



Station 3: Baptismal Promises As a pilgrim of Hope, renew the promises of your Baptism, by which on that day you renounced Satan and his works and you agreed to faithfully serve God in the Holy Catholic Church. You may wish to sprinkle yourself with the Holy Water with the sprinkler provided

I reject Satan, all his works and empty promises I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever. R. Amen.



Now move to the Ambo and stand before the open Bible Station 4: The Word of God Through the sacred scriptures the Lord speaks to us. During this year of Hope let us listen and live the message of Hope that leads to eternal life

Prayer Lord open my ears to hear your Word, my heart to listen to your Word, and let my life bear witness to your Word. Amen

#### Now move to the Icon of the Cross



Station 5: Prayer at the Cross As you focus on the Cross it is an opportunity to give thanks for the Lord's mercy for you and for all sinners. It is an opportunity to quietly reflect and bring the suffering of all the people you know & the suffering of all humanity to the Cross of Jesus. Here you can place a written prayer in the box provided at the foot of the Cross. They will be remembered during our Masses during this year of Hope