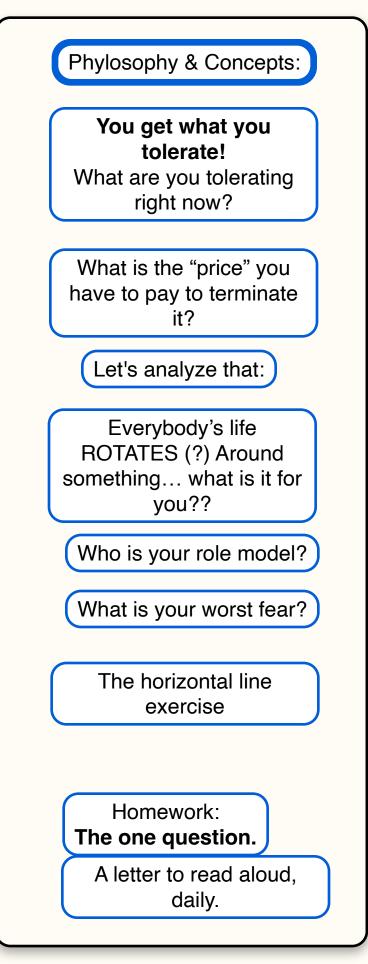
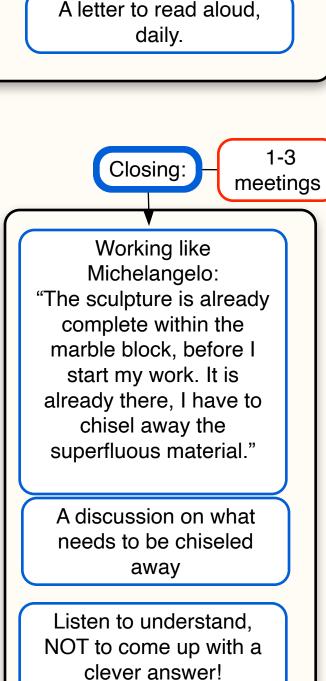


Important quotes:





The 20/80 rule in business When you negotiate or

Also, the 70/30 rule.

It will change your life

discuss, see reality through the other person's eyes. It will change your life.

Optional: Coaching on a specific path (business, occupation & relationships) that we determine is right for you and aligns with the "current".

We are all playing in the same sandbox, and the same rules apply to everybody: what you build is entirely up to you. (100% Free will)

"Not everything that is faced can be changed, but nothing can be changed until it is faced."

In life, you get what you tolerate.

About 3 Part two: meetings

What is Our Reality: How to swim with the current, not against it. -life-changing-

## What is the **current**?

Do you believe our reality in this universe is random, or does it have a purpose?

If it has a purpose, how do you perceive the "Programmer"?

## Phylosophy & Concepts:

We must combine the Programmer with the material/physical world, because one doesn't work without the other.

Nothingness and consciousness. -We watch a short video-

The current is the purpose the Programmer embedded in this reality.

The importance of utilizing all your abilities and talents. (critical)

How does all that combine with what you do currently?

What reality will work best for you, and HOW do we create it?

Reality changes in real time according to who you are at that minute.

The line on the screen concept

So to achieve this, you must be that.

Homework: "Thoughts Are Things" **Prentice Mulford** 

## Moving Forward

Part three:

About 2

meetings

So now that we understand the purpose of life and know ourselves much better, let's chart a path forward in the reality we desire.

The importance of feeling in control. -life changing-

Wearing masks: How we attract the wrong people & waste energy in the process.

Why you have never made a wrong decision in the past.

Because you have the privilege of being in the future.

A letter to yourself in the future: We will open then.

The Eisenhower Matrix: https://www.todoist.com/ productivity-methods/ eisenhower-matrix. https://asana.com/ resources/eisenhowermatrix

The benefits of a journal: iPhone, etc.

Using Voice Memos & Scapple.

Hourly alarm on the phone: why?

Because, as Napoleon Hill says, " your mind is like a fertile garden, it will grow weeds if not planted by you.

## Homework:

If we knew the date of our death, what would the timeline be? (exercise)

Napoleon Hill video.

Materials relating to this program.

This program also includes "face reading" of any pictures of partners, friends, and family that you will provide.

"Thoughts Are Things" Download "The God Within You" **Prentice Mulford** 

How to think yourself YOUNGER: Ellen Langer, Ph.D. I mbg Podcast https://youtu.be/ \_fEg5dynb3Y? si=bWb96uWKhkCOYSLS.

Video: Planning is not a strategy: Harvard https:// youtu.be/iuYlGRnC7J8

Video: You can make ANYTHING in small steps. 'Works well to feed the subconscious with confidence. www.youtube.com/

watch?v=TQMbvJNRpLE

Video: Nothingness: https://www.youtube.com/ watch?v=AYKetfKXmpM

**Unwavering Focus I** Dandapani I TEDxReno How to focus your mind! https://www.youtube.com/ watch?v=4O2JK\_94g3Y

Napoleon Hill. A must, very powerful in simplicity: <a href="https://">https://</a> youtu.be/JfqDvi8b4gg

Simple Explanation of the **Most Notorious** Experiment I Double Slit and Delayed Choice Quantum Eraser <a href="https://">https://</a> youtu.be/7iKebDDs2Pg? si=dgxjOlrc3VP88Qvp