

# NEWSLETTER

## CLIENT SPOTLIGHT

### GEMMA'S CONTINUAL WORK ON HER RESUMÉ

Writing a resumé and handing it out around your community can be a daunting experience for anyone, let alone a 16-year-old, but Gemma faced those fears head-on!

With the support of her support worker (Ruby), Gemma put together her resumé and confidently began handing it out in her local community.

This has been a fantastic step towards building her confidence, independence and future employment opportunities. We hope that Gemma will be able to build some structure into her weekly routine through work commitments, helping her continue to develop her confidence & independence!

**We are so proud of you Gemma!**



Registered  
NDIS  
Provider



## CARESTAR PLAN MANAGEMENT

Carestar continues to provide services as a registered plan management agency in 2026! At Carestar, we take the stress out of managing your NDIS funding. Our personalised plan management services provide fast, reliable invoice processing, clear oversight of your budget and the freedom to choose the providers that best suit your needs. With Carestar, you can feel confident knowing your funding is managed with care, transparency and with your goals at the centre (and at no extra cost to you or your funding - **join us!**)



**NDIS PLAN  
MANAGEMENT**



## CARESTAR TAKES ON SUPPORT AT HOME AGED CARE SERVICES!



Carestar Support Services is **now** offering Aged Care services, providing compassionate and personalised support to older Australians and their families.

Services offered will include community support, domestic assistance, transport & gardening.

Offering support across Perth, WA & Outer East Melbourne, VIC

## IF YOU KNOW ANYONE WHO MAY BE IN NEED OF OUR SUPPORT AT HOME SERVICES:

1

### Talk to us

Contact Carestar to discuss your/their care needs. Our team can provide advice about the Support at Home process.

2

### Care planning

Our team will review your/their care needs to establish an individual care plan.

3

### Perfect match

Carestar Support Services will start creating your/their care team by sourcing care services that suit your/their needs.

4

### Start services

The services sourced by Carestar Support Services will begin care work.



## WHAT OUR PARTICIPANTS HAVE BEEN UP TO:

It has been a very busy year at Carestar, and we couldn't be prouder of our growing family of participants and staff! 2026 has been jam-packed with adventures, new opportunities, and plenty of memorable moments. We've watched our participants challenge themselves physically in the gym, build confidence through career and volunteering opportunities, and make the most of their time with support workers through plenty of bowling, arcade games, and zoo adventures!

From big milestones to simple moments of fun, it has been wonderful to see our participants getting out, trying new things, building skills, and enjoying everything the year has offered them.

Here's to an even bigger and better few months ahead!



**September is widely recognized as Suicide Prevention Month and a key period for mental health awareness and community check-ins.**

## COMPANION CARDS

A Companion Card helps people who require support to access community activities more easily. At participating venues, it allows a support worker or companion to attend without an additional admission fee, helping make outings more accessible, inclusive and affordable (ie. sporting games, concerts, arcades, movies).

If you need assistance applying for a companion card, **contact Bron.**

## EVENTS IN PERTH

**Morning Melodies at Don Russell performing Arts Center- Gosnells**



\$19 tickets, including morning tea and a Support Worker can enter for free with a valid companion card

**The Perth Royal Show**



From September 26 to October 3, 2026, at the Claremont Showgrounds. It features eight days of family rides, showbags, and nightly fireworks.

## CONTACT US

-  1300 990 232
-  [carestarsupportservices.com.au](http://carestarsupportservices.com.au)
-  [info@carestarsupportservices.com.au](mailto:info@carestarsupportservices.com.au)
-  [@carestarsupportservices](https://www.instagram.com/carestarsupportservices)



## CONTACTING US

For specialised support, advice, or service enquiries, please contact the relevant team member below. -----

**Bron:** [0492 914 030](tel:0492914030) (enquiries & client concerns)

**Nat:** [0492 914 030](tel:0492914030) (scheduling or cancellation of services)

**Brett:** [0427 115 538](tel:0427115538) (gardening enquiries and invoicing)

## FOLLOW US

Follow along for participant achievements, helpful NDIS tips, behind-the-scenes moments, community adventures and everything that makes Carestar who we are.

**Like, follow, share and tag a friend** to help us connect with more people and continue growing our Carestar family!



## LEAVE US A REVIEW

Your experience matters to us. If Carestar has made a positive difference in your life, we'd love for you to share your experience by leaving us a review. Your feedback helps us continue to improve our services!

**Leave us a review on Google or email testimonials to Bron.**



@carestarsupportservices



Carestar Support Services